

# Health Inequalities update

## Lewisham Health and Wellbeing Board

### 9<sup>th</sup> March 2022

Dr Catherine Mbema  
Director of Public Health, Lewisham Council

- Lewisham journey to date
- Achievements
- Birmingham and Lewisham African and Caribbean Health Inequalities Review (BLACHIR)
- Challenges/Areas for improvement
- Opportunities/Future priorities
- September Health and Wellbeing Board 2021
- Proposed Programme

## Aim

- Focus of the Lewisham Health and Wellbeing Board to address **health inequalities for those from Black, Asian and Minority Ethnic communities** in Lewisham

## Priorities

- Cancer
- Obesity
- Mental Health
- COVID-19

## Actions

- 1. Black Asian and Minority Ethnic Health Inequalities Action Plan developed
- 2. Black Asian and Minority Ethnic Working Group formed
- 3. Quarterly Updates to Lewisham Health and Wellbeing Board
- 4. Outputs and impact measures developed

Lewisham Health and Wellbeing Board Journey to address health inequalities since 2018

partnership  
 information  
 challenge  
 visibility  
 collaboration  
 representation  
 focus  
 commitment  
 advocacy sharing  
 information exchange  
 working together  
 open discussion  
 partnership working

*(Feedback from Lewisham Health Inequalities Working Group June 2021)*

- **Mental health**
  - Commissioning specific insights work for Black communities to support mental health service development via the Lewisham Mental Health Alliance
  - Commissioning pilot of mental health support for Black residents and staff in Lewisham
- **Obesity**
  - Commissioning specific insights work for Black communities to support commissioning of obesity services in Lewisham
  - Co-development of a weight management service offer for Black residents in Lewisham
  - Childhood Obesity Trailblazer co-produced health promotion out of home advertising with young residents from Black, Asian and Minority Ethnic residents
- **Cancer**
  - 64 Lewisham Black, Asian and Minority Ethnic participants (residents/staff) have received Cancer Research UK 'Talk Cancer' training to help raise cancer and health awareness within the Lewisham community
- **COVID-19**
  - Launch of Birmingham and Lewisham African Caribbean Health Inequalities Review (BLACHIR)

# Achievements





The Birmingham and Lewisham  
African & Caribbean Health  
Inequalities Review (BLACHIR)



# Background

Birmingham and Lewisham African and Caribbean Health Inequalities Review.

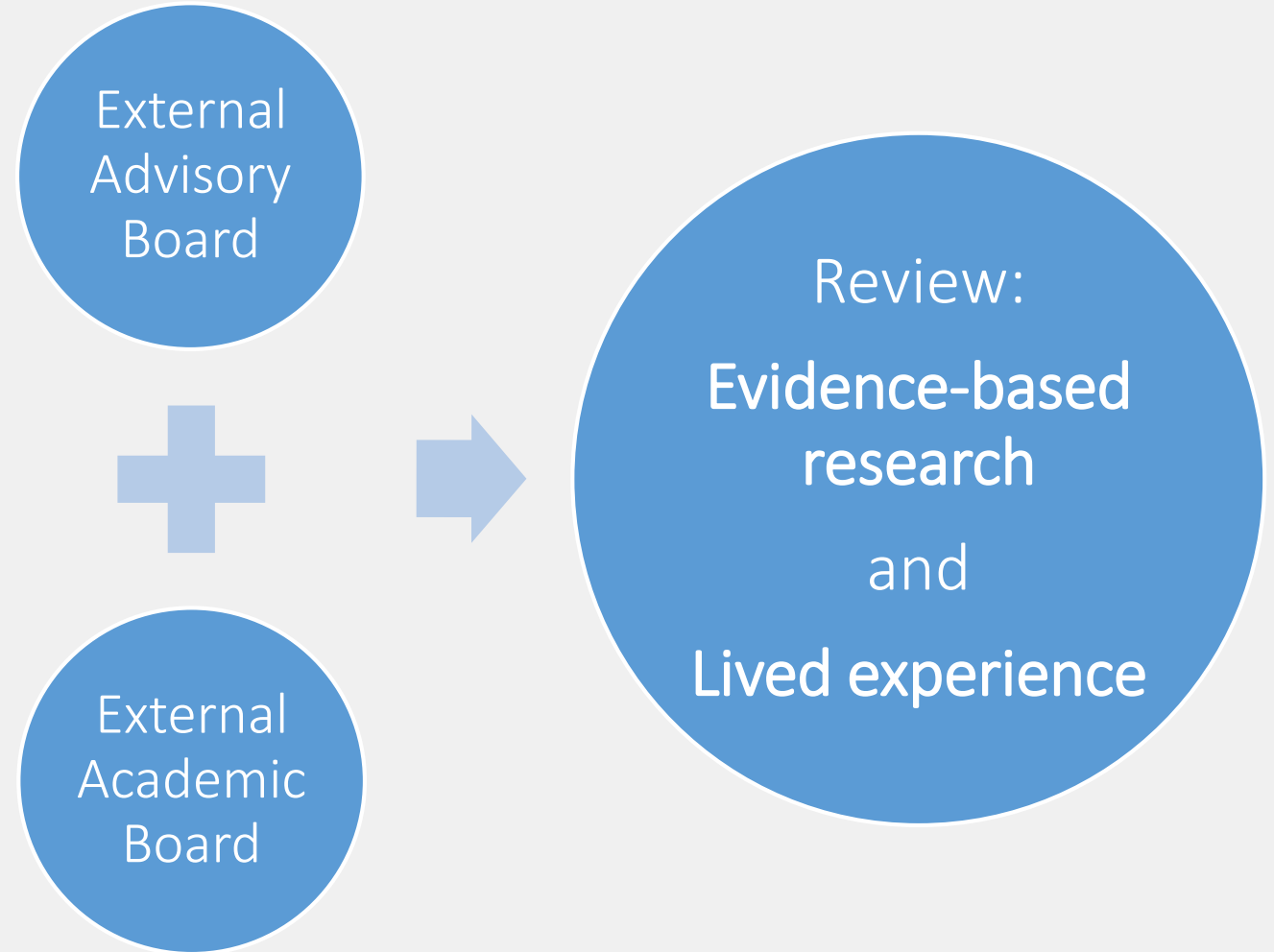
Birmingham and Lewisham Public Health Divisions share a joint aspiration to address ethnic inequalities, through an increased understanding, appreciation, and engagement with Black, Asian, and Minority Ethnic (BAME) groups. This has resulted in a partnership between the two Public Health Divisions to share knowledge and resources through a collaborative review process. The Birmingham and Lewisham African & Caribbean Health Inequalities Review (BLACHIR) will initially focus on the Black African and Black Caribbean communities, this will enable a more detailed and culturally sensitive approach.

The COVID-19 outbreak has further highlighted the impact of these inequalities in the context of infectious disease with Black African and Black Caribbean people over-represented in the deaths from COVID-19. As part of the review process, an external Academic Board will be established to help inform the work of the review team and bring together a wide and diverse range of academics with interests in this area.

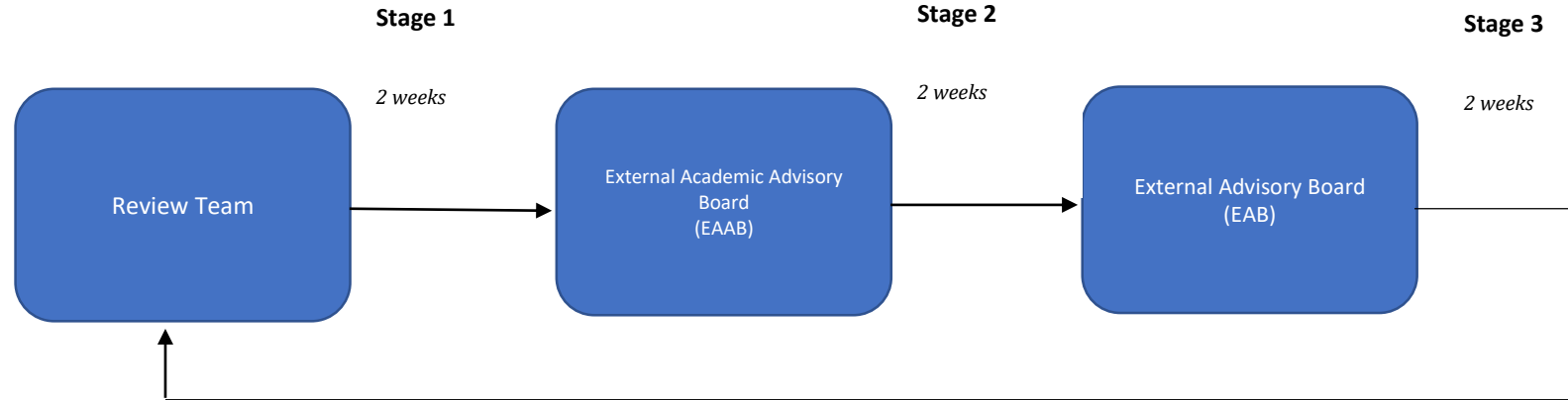
# The Birmingham and Lewisham African & Caribbean Health Inequalities Review (BLACHIR)

## Health Inequalities Review:

- ✓ Review Team (Birmingham and Lewisham Council members)
- ✓ Academic Board
- ✓ Advisory Board



## Meeting Cycle:



## Themes:

- Racism & discrimination role in health inequalities
- Wider determinants of health (e.g. housing, employment, education, poverty)
- Early years, pregnancy and parenthood
- Children and Young People (e.g. youth violence, NEET, opportunities)
- Health behaviours (e.g. smoking, physical activity, nutrition & diet, drugs & alcohol)
- Mental health & wellbeing
- Emergency Care, preventable mortality and long-term conditions (e.g. hospital admissions)
- Ageing well e.g. Dementia & Frailty

## Key Findings:

- **7 key areas** identified to be addressed across the 8 themes: Fairness, inclusion and respect; Trust and transparency; Better data; Early interventions; Health checks and campaigns; Healthier behaviours; Health literacy
- **39 opportunities for action** outlined in final report due to presented at Lewisham Health and Wellbeing Board 9<sup>th</sup> March



- Clearer lines of accountability
- Involving a younger voice
- Ongoing investment
- Monitoring outcomes



*(Feedback from Lewisham Health Inequalities Working Group  
June 2021)*

Challenges / Areas for improvement



wider health      recognition of grief

sexual and repro health

ehwb      prevention      flexibility

partnership      environment

innovation      safety in crisis

link to blachir research

cardiovascular disease

work with community

- **National**
  - 'Build Back Fairer' Marmot Report
  - Integrated Care Systems
  - NHS England/Improvement Health Inequalities work
- **Regional**
  - London Health Inequalities Strategy
  - London Association of Directors of Public Health work to address ethnic health inequalities
- **Local**
  - Learning from COVID-19 work to address inequalities (North Lewisham Primary Care Network, Champions, wider community work)
  - Local Care Partnership development
  - South London Listens (mental health)

Opportunities and potential future priorities



A three staged approach was agreed to develop next stage of health inequalities work:

- i) Developing individual and organisational understanding of health inequalities and inequities and their role and responsibility – October 2021
- ii) Support collaborative evidence-based action planning and investment with a specific workshop/summit to facilitate this – November 2021
- iii) Identification of actions – January-March 2021
  - Organisations/system leaders develop action plans for addressing health inequalities in health equity.
  - Develop a community event to present and discuss plans.

## Aim:

Local health & wellbeing partnerships across health system and communities focussed on equitable access, experience and outcomes for Lewisham residents, particularly those from Black and other racially minoritised\* communities

## Objectives:

1. System leadership, understanding, action and accountability for health equity
2. Empowered communities at the heart of decision making and delivery
3. Identifying and scaling-up what works
4. Establish foundation for new Lewisham Health and Wellbeing Strategy
5. Prioritisation and implementation of specific *opportunities for action* from Birmingham and Lewisham African Caribbean Health Inequalities Review (BLACHIR)

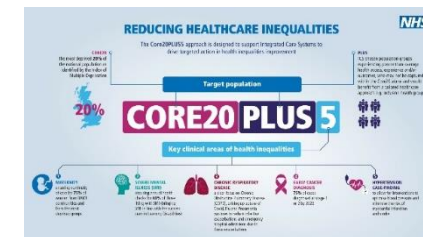
## Workstreams:

Eight concurrent and intersecting workstreams:

1. Equitable preventative, community and acute physical and mental health services
2. Health equity teams
3. Community development
4. Communities of practice
5. Workforce toolbox
6. Maximising data
7. Evaluation
8. Programme enablement and oversight

## Timescale:

FY2022/23-23/24 (two years)



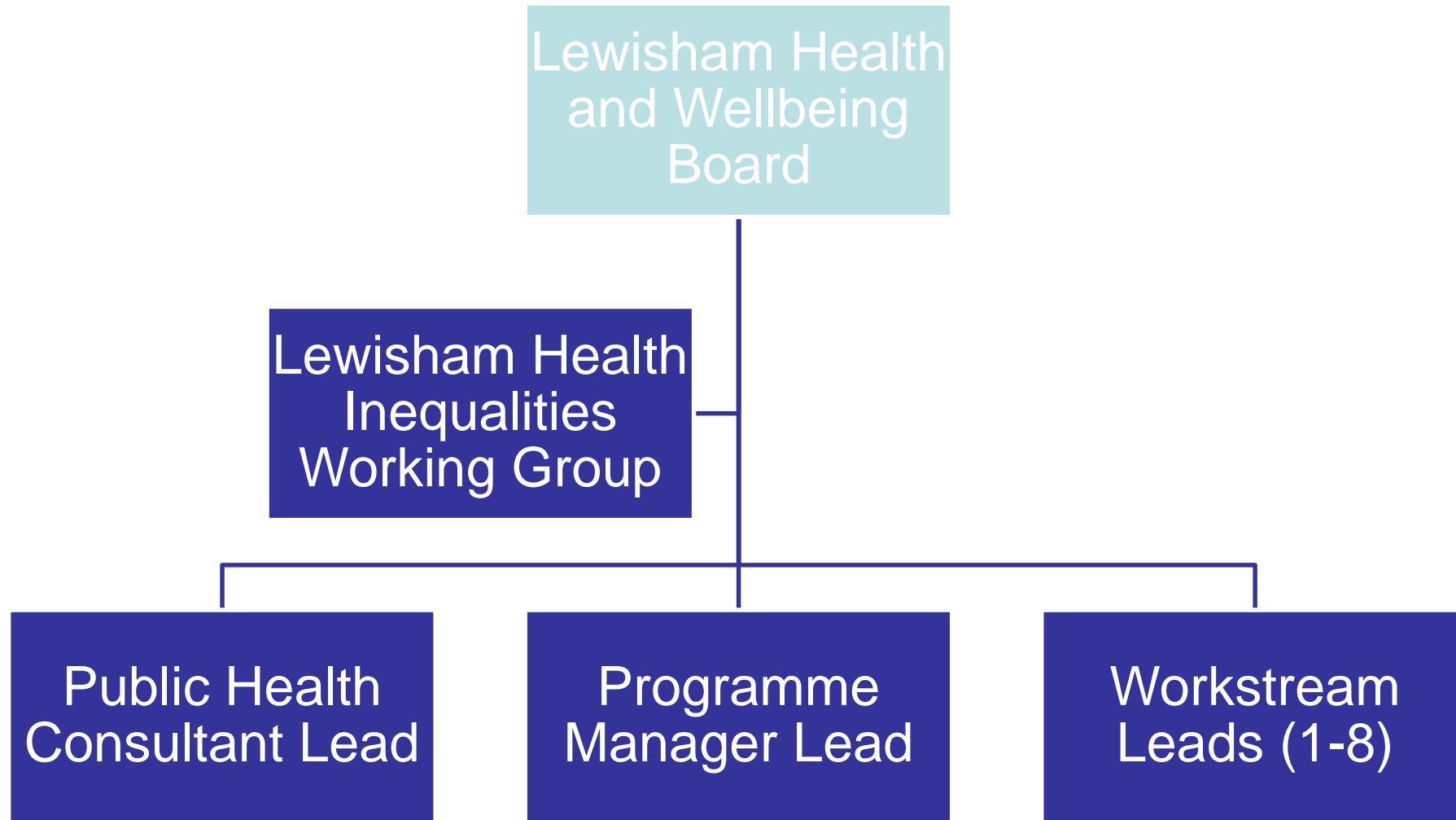
## KHP/SEL Vital Five:



\*See recommendations for use of this terminology from BMJ and Lancet - <https://gh.bmj.com/content/5/12/e004508> and [https://www.thelancet.com/pdfs/journals/lanpub/PIIS2468-2667\(20\)30162-6.pdf](https://www.thelancet.com/pdfs/journals/lanpub/PIIS2468-2667(20)30162-6.pdf)

# Developing a Lewisham Health Inequalities and Health Equity programme 2022-24





## Proposed Governance

# Workstream 1: Equitable preventative, community and acute physical and mental health services



## Aim

Designing, testing and scaling up new models of service provision that achieve equitable access, experience and outcomes for all

## Objectives

- Equity and community voice within service review, design and development
- Identifying and scaling-up what works

## Potential Activities

- Leadership & accountability across services by Health Equity Teams
- Piloting / identifying and scaling up solutions 'that work' – e.g.:
  - *Beacon Hubs for faith-based community outreach*
  - *Tailored weight management service for Black African and Black Caribbean residents*
  - *Targeted cardiovascular health checks*
  - *Goldsmiths mental health community service*
- *Taking up BLACHIR opportunities for action*

**Potential Workstream Lead/Organisation(s):** Lewisham Public Health/Lewisham Primacy Care Network (PCN) Lead(s)

# Workstream 2: Health equity teams



**Aim:** Place-based teams to provide leadership for system change and community-led action.

## **Objectives:**

- Primacy Care Network (PCN) leadership and accountability for health equity
- Understanding and determining neighbourhood and community needs and priorities (informed by data alongside community engagement as per BLACHIR work)
- Empowering communities to participate in service design and delivery

## **Potential Activities:**

Scaling up North Lewisham model across 6 PCNs of:

- Health Equity Fellow (4 sessions/wk) (including MPH-level upskilling, QI project, PCN leadership role)
- [SPIN \(Salaried Portfolio Innovation Scheme\) Fellow](#) (4 sessions/wk) – *upon agreed from PCN and funded by HEE*
- Community Co-ordinator (1 FTE) – *upon agreement with PCN to fund from Additional Roles Reimbursement Scheme (ARRS) at SC5*
- Community seed funding
- Community outreach events (~5/year)

**Potential Workstream Lead/Organisation(s):** Lewisham PCN Lead(s)

# Workstream 3: Community development



## **Aim**

Infrastructure development to empower communities and deliver community-led service design and delivery

## **Objectives**

- Sustained community voice and lived-experience input to service review and design
- Communities empowered and skilled in service design and delivery
- Building synergy between existing community development efforts across Lewisham system

## **Potential Activities**

- Community budget to fund community-led services/initiatives
- Community empowerment programme (building on the Neighbourhood Community Development Partnerships and COVID-19 Community Champion models)

## **Key Synergies**

- Local Care Partnership community engagement development (PPL project outputs)
- Neighbourhood Community Infrastructure Levy (NCIL) funded projects

**Potential Workstream Lead/Organisation(s):** Lewisham Council/Lewisham Local Care Partnership/Lewisham Healthwatch



# Workstream 4: Community of practice



## **Aim**

Sharing and synergies across PCN Health Equity teams, workforces and communities.

## **Objectives**

- Identification and collaboration on common priorities
- Sharing promising practice and resources

## **Potential Activities**

Specification to be developed

**Potential Workstream Lead/Organisation(s):** Lewisham PCN Lead(s)

# Worksteam 5: Workforce toolbox



## Aim

Increase awareness and capacity for health equity within practice

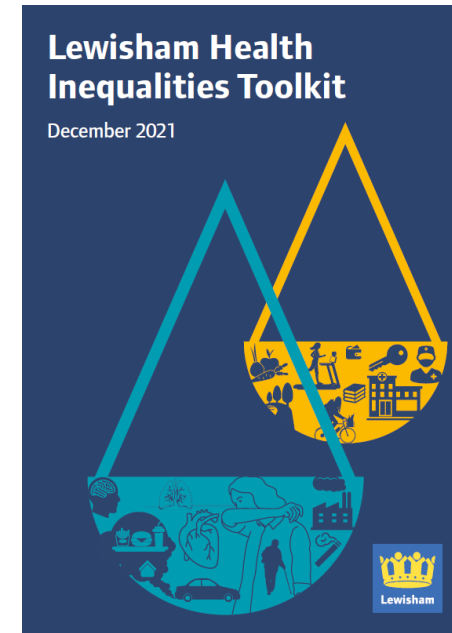
## Objectives

- Develop resources for staff, volunteers and others to develop knowledge and skills for health equity
- Support upskilling of workforce on capability, opportunities and motivations

## Potential Activities

- Racial inequalities training
- Lewisham Ethnicity Allyship Model
- Lewisham Health Inequalities Toolkit
- Trauma-informed care guidance

**Potential Workstream Lead/Organisation(s):** Lewisham Council



# Workstream 6: Maximising data



## **Aim**

Maximising the use of data, including Population Health platform, to understand and take action on health inequalities

## **Objectives:**

- Ensure interventions are informed and supported by robust data interrogation
- Improve data collection in relation to all disproportionately impacted and PHE health inclusion groups
- Ensure lived experience evidence considered

## **Activities**

- Matrix the Core20PLUS5 for Lewisham
- Identify health inequality hotspots in Lewisham
- Collating lived experience data
- Ensuring data improvement work focuses on wider health inequalities
- Interrogation throughout programme with view to bringing in further iterations

**Potential Workstream Lead/Organisation(s):** Lewisham Local Care Partnership/Lewisham and Greenwich Trust

# Workstream 7: Evaluation



## **Aim**

Evaluation within and across Programme to identify 'what works / doesn't towards achieving vision

## **Objectives:**

- Develop an evaluation approach to understand what works / doesn't towards achieving vision
- Ensure consideration of behaviour change in professional practice
- Ensure community voice and relevance

## **Potential Activities**

- Develop/commission evaluation where feasible for workstreams
- Demonstrate change that community can 'feel'.

**Potential Workstream Lead/Organisation(s):** Lewisham Public Health

# Workstream 8: Programme enablement & oversight



**Aim:** Support and coordination across Lewisham PCNs

## **Objectives:**

- Leadership & support for PCN Equity Teams
- Coordination of PCN community engagement activities
- Network governance

## **Potential Activities:**

- Community-led governance
- Programme support (director, management)
- Communication and administration support
- Quarterly reporting (Board and public)

**Potential Workstream Lead/Organisation(s):** Lewisham Public Health

# Regional example



**ICS programme across West Yorkshire** to tackle ethnic minority health inequalities following [2020 independent review](#)

**Foci:** activities; system capability; system intelligence

## One Year On workstreams include:

- Professional resources
- Inclusive recruitment
- Fellowship for ethnic minority staff
- Race Equality Network
- Mentoring
- [Health Inequalities Academy](#) (including communities of practice)
- [Health equity fellowship](#)
- Anti racism movement
- [Allyship \(IPPLAUD\) model](#)

Quarterly review reporting to Partnership Board



# Development process



- Collation of learning from Lewisham Health Inequalities Summit – November 2021
- Early development with practitioners based on ‘what works’
- Discussion at Lewisham Patient Engagement Forum – January 2022
- Discussion at Lewisham Health Inequalities Working Group – 19th January 2022
- Alignment with findings of Birmingham and Lewisham African and Caribbean Health Inequalities Review (BLACHIR) – draft final report attached
- Engagement of stakeholders to secure commitment to the plan - Ongoing
- Presentation at Lewisham Health and Social Care Leaders Forum – 26<sup>th</sup> January 2022
- Presentation at Lewisham Health and Care Partners – 8<sup>th</sup> February 2022
- Presentation at Lewisham Council EMT – 16<sup>th</sup> February 2022
- Presentation at Lewisham PCN Forum – 23<sup>rd</sup> February 2022
- Community engagement at Lewisham Community Planning Day – 2<sup>nd</sup> March 2022
- Sign off of approach at Lewisham Health and Wellbeing Board – 9<sup>th</sup> March 2022