

Lewisham CAMHS November 2020

Lewisham CYP Select Committee

Access and Waiting Times

Lewisham CAMHS continues to meet the national Access Target.

Lewisham CAMHS has had no referral waiting for 52+ for the last 4 weeks. At point of writing all referrals waiting 39+ weeks (48) have a forthcoming booked appointments.

An administrative team of referral coordinators monitor data quality, follow up on all DNAs and track referrals to ensure timely response.

Waits for subsequent appointments and treatment are also monitored and future capacity will ensure all aspects of CAMHS waits are tackled – both initial assessment and treatment, alongside tackling equality of access across population.



Ethnicity profile over time (broken down by calendar month)

This page shows the current position of data completeness of the ethnicity profile data field in ePJS and the change over time of completed records broken down by month. The monthly breakdown includes service users active at the first day of each calendar month.

Level of completeness current caseload

97.4% ⓘ

Missed opportunities last month

9 ⓘ

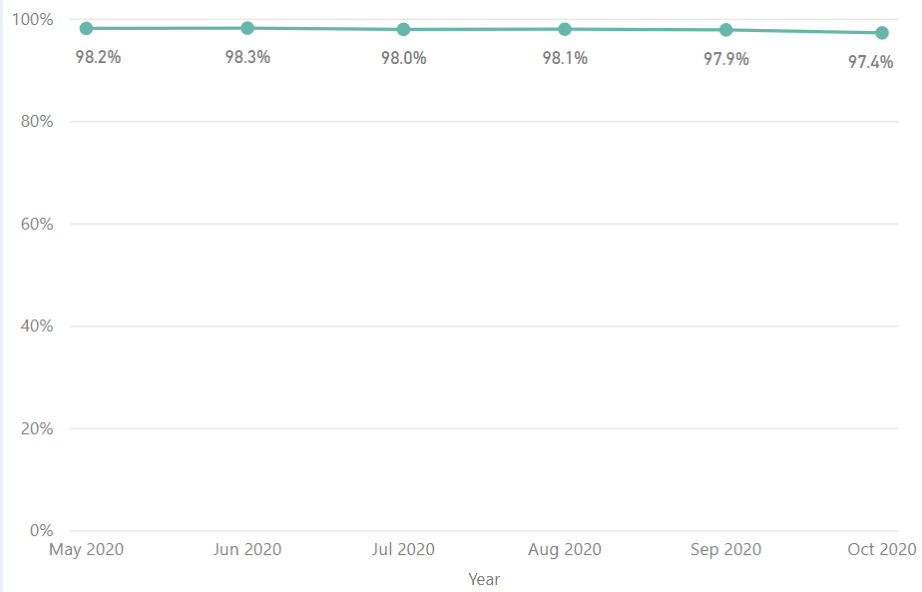
Directorate
06. Child & Adolescent Service ▾

Service Line
CAMHS Community ▾

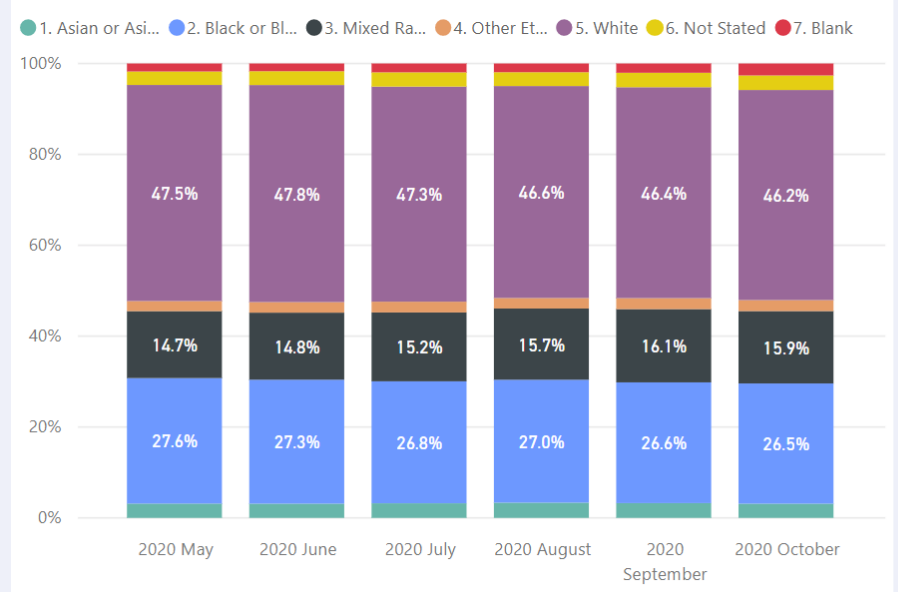
Sub Service Line
LEWISHAM CAMHS ▾

Team
All ▾

Completed ethnic profile over time (monthly)



Ethnic profile breakdown over time (monthly)



New Referrals Received by month (External referrals)

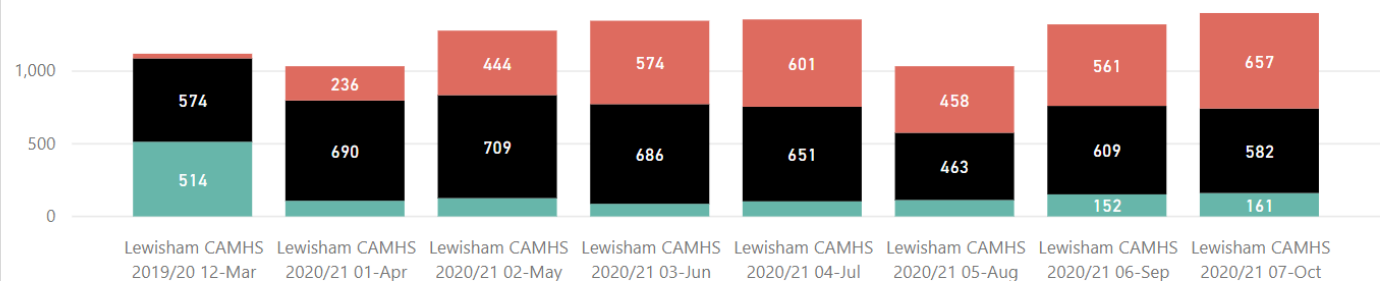
FYYear	2019/20	2020/21						
SubServiceLine	12-Mar	01-Apr	02-May	03-Jun	04-Jul	05-Aug	06-Sep	07-Oct
Lewisham CAMHS	120	60	56	113	127	79	121	167

New Referrals Received by month (Referrals from other SLAM Teams and Inter-Service)

FYYear	2019/20	2020/21						
SubServiceLine	12-Mar	01-Apr	02-May	03-Jun	04-Jul	05-Aug	06-Sep	07-Oct
Lewisham CAMHS	38	25	35	44	45	29	51	39

Contacts Attended by month

EventContactType (groups) ● F2F ● Phone ● Video

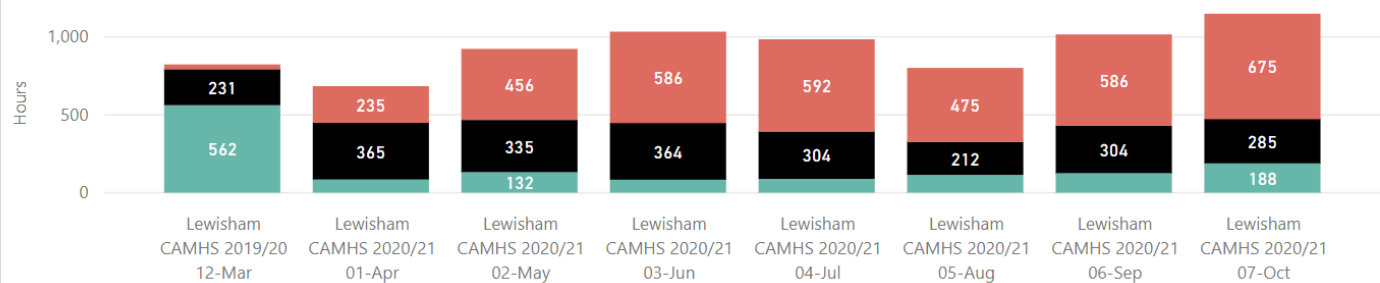


Total Contacts by Outcome in Period

SubServiceLine	No. of Contacts	%
Lewisham CAMHS	12313	100.00%
Attended	9892	80.34%
Cancelled by patient	375	3.05%
Cancelled by Trust	126	1.02%
DNA	1480	12.02%
Other - Patient not seen	440	3.57%
Total	12313	100.00%

Contact Hours Attended by month

EventContactType (groups) ● F2F ● Phone ● Video



Total Contacts Attended in Period

SubServiceLine	No. of Contacts	%
Lewisham CAMHS	9892	100.00%
F2F	1365	13.80%
Phone	4964	50.18%
Video	3563	36.02%
Total	9892	100.00%

Contact information is extracted from contacts recorded in a CAMHS Event or a SLAM event form. It excludes Appointments as every appointment should have an event form completed as the clinical record. Face to Face includes Group Contact and Observation

Specific actions - 2020

Saturday Clinics twice a month providing 20 extra capacity

Weekly service huddle (30 minutes) focused on solutions and QI to create flow

Main teams focus on increase flow and create capacity within teams

Assistant psychologist in contact with all 39+ week waiters to check how they are, offer advice/signposting whilst waiting and if service is still required.

Alchemy Project is running a group programme of 6 weeks co-produced and co-delivered with young people for those who are on the waiting list for assessments. (Psychoeducational groups covering OCD, Anxiety etc..)

System Priorities and Development 2021-22

Early intervention

Mental Health Support Teams in Schools (MHSTs) programme fully operational with 19 schools in January 2021.

CWP programme increased capacity and develop pilot in GP surgery.

Joint pilot with Early Help and whole family approach.

i-THRIVE

Youth Offending Service (YOS) and Adolescent Resources and Therapy Service (ARTS) therapeutic hub collaboration.

Early Help Pilot.

System Priorities and Development 2021-22 cont.

Co-production with young people (Alchemy project)

Cultural awareness training developed and delivered by young people.

Waiting list group programme.

Workforce development

Training strategy informed by Staff skill survey.

Peer training in-house programme for 2021-22.

Crisis response

Operating hours 9.00 to 22.00 weekdays and 9.00 to 17.00 weekend.

Recruitment of crisis practitioners is completed, start dates expected Jan 2021.

Develop 24/7 plan as per NHS Long Term Plan.

Challenge and opportunity ahead

The NHS Five Year Forward View timetable runs until March 2021. The national aspiration is for the Young People's Mental Health System (ie all partners across the system, not just CAMHS) to meet 35% of the need.

The NHS Long Term Plan to 2023/24 has modified the access target to cover 0-25 age range and will broadly double current activity. Given the increased age range, this will leave significant unmet need. What is our shared, local ambition for Lewisham?

Emerging opportunities (beyond access, waits and crisis):

Digital (building on Kooth).

Community and peer support (building on Alchemy).

Local network universal / stepped care (building on iThrive).