



Overview and Scrutiny Committee

Update from the Deputy Mayor and Cabinet Member for Health and Adult Social Care

Date: 5 March 2020

Key decision: No.

Class: Part 1

Ward(s) affected: All

Contributors: Deputy Mayor and Cabinet Member for Health and Adult Social Care

1. Summary

This report provides an update to Overview and Scrutiny Committee on some of the achievements in the Deputy Mayor and Health and Adult Social Care portfolio. I attended the Overview and Scrutiny Committee last March and it has been a year of challenge and change in the appointment of a new Executive Director for Community Services and a new Director of Public Health.

2. Recommendations

Overview and Scrutiny Committee is recommended to note this report and ask questions.

3. Policy Context for Deputy Mayor

3.1 As Deputy Mayor my portfolio covers responsibility for Civic Events, Mayor's Charity and the Young Mayor's programme.

3.2 Civic Events

- As part of our commitment to Open Lewisham, we have continued to build on our calendar of multi-faith events.
- The Council hosted Lewisham's first ever 'Grand Salaam' celebrating our Muslim community, hosted south London's largest Chanukah service, and continued the popular interfaith walk for peace alongside Lewisham's diverse faith groups.

- We also hosted a moving Holocaust Memorial Day event to mark the seventy fifth anniversary of the liberation of Auschwitz, with performances from children who had taken part in the Council's Holocaust education programme. Edwin Shuker, the Vice President of the Board of Deputies of British Jews, also spoke at the event.

3.3 Mayor's Charity

- The Council has organised a range of events to fundraise for the Mayor's chosen charity, the 999 Club.
- Thanks to the generosity of residents, the Mayor's winter appeal for the 999 Club and Lewisham Food Bank raised over £17,000.
- The Mayor is also part of a team of ten from Lewisham Council that will be running the London Marathon to fundraise for the 999 Club.
- Other popular fundraising events included the annual Valentine's Dinner, Spring and Autumn quiz nights at the Rivoli and the Christmas Carol Concert.

3.4 Young Mayor's programme

- Lewisham's flagship Young Mayor Programme is now in its sixteenth year. The new Young Mayor, Femi Komolafe, and Deputy Young Mayor, Aaliyah Odedina, and the young advisers have continued to support and represent the borough at local, regional, national and European events and activities.
- Femi and Aaliyah have been speaking across Lewisham's schools to inspire other children and young people to get involved in their community and politics. Their democratic engagement activities continue with weekly young advisers meetings and supporting various events, including for LGBTQ pride schools event and International Women's Day. In addition, Femi accompanied the Mayor of Lewisham and colleagues at City Hall for the London Borough of Culture announcement.
- Femi and Aaliyah had a large presence at the national Votes at 16 Conference in Manchester, and continue to support the work at the European Hub, with plans visit Strasbourg and the Council of Europe to discuss the impact of Brexit on young people.

4. Policy Context for Health and Adult Social Care

4.1 Integration of health and social care

- Holding the Cabinet Portfolio for Health and Adult Social Care, I continue to be involved in a wide range of policy, transformation and improvement developments affecting the delivery of health and care in the borough.
- I am an active member of the Health and Wellbeing Board which brings together a number of health and care partners, including health and care commissioners, representatives from the NHS Trusts working across the borough, Healthwatch and the third sector.
- Lewisham Council and NHS Lewisham Clinical Commissioning Group (Lewisham CCG) continue to work closely with local health and care partners on a number of programmes and projects to deliver improvements across the local health and care system and to integrate health and social care services and deliver co-ordinated and personalised care to our residents.
- Over the past year, the health and care landscape has continued to change. As Cabinet

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Member I have been meeting regularly with colleagues from Lewisham CCG in preparation for its merger with the five other CCGs in south east London to form the new South East London Clinical Commissioning Group in April 2020.

- The new CCG will be responsible for the commissioning of health services for its population with decision-making for primary, community (mental and physical), prescribing and all client group commissioning formally delegated to a Borough Based Board as a prime committee of the CCG.
- Lewisham Council, which also has significant commissioning responsibilities, including for social care and public health services, will continue to work closely with the new CCG and borough based boards.
- Alongside Lewisham's existing integrated commissioning arrangements, I have been kept informed on the work that is taking place within the two provider partnerships for Care at Home and Mental Health.
- The former brings together local health and care organisations to develop new integrated provider arrangements to deliver care and support for adults in their own homes, improving the co-ordination, quality and accessibility of that care and support.
- Similarly, the Mental Health Alliance seeks to provide working age adults with a personalised approach to their treatment, care and support needs, based on the identification of assets and strengths, and facilitating the achievement of personal goals.
- In addition, I have been examining the development of Lewisham's Primary Care Networks (PCNs) which are groups of practices coming together locally in partnership with community services, social care and other providers of health and care services around the needs of local patients.
- As part of a PCN, GPs will be able to recruit multi-disciplinary teams, including pharmacists, physiotherapists, paramedics, physician associates and social prescribing support workers, freeing up family doctors to focus on the sickest patients. As Cabinet Member, I will continue to support the development of the PCNs and their role in the wider health and care system.
- Throughout the year I have also continued to promote the use of social prescribing and the development of community based alternatives to support health and wellbeing outcomes for patients and residents in Lewisham.
- Lewisham's voluntary and community sector continues to work closely with health and care partners providing a range of opportunities, activities and information to help people maintain and improve their health and wellbeing.
- Our local integration work has also extended to developing our health and care estate, seeking to co-locate services where possible and ensure that the health and care estate across the borough supports and promotes the health and wellbeing of our residents.
- Supporting people to age well is one of the ambitions of the NHS Long Term Plan. As the population ages, frailty is becoming a more prevalent condition presenting local health and care systems with a number of key challenges, including rising costs in some areas. Increasing numbers of people are at risk of developing frailty and people living with frailty are experiencing variation in their care.
- A Frailty Group, with members drawn from across the health and care system, has been reviewing the data and information available on the Frailty cohort in Lewisham and working to identify those areas which should be worked on collaboratively and have the

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most impact on health and care outcomes and reduce avoidable events eg Falls, UTIs.

4.2 Adult Social Care

- There has been a focus on budget management and achievement of savings while at the same time increasing the number of people supported closer to home. This is in the face of continued increases in the number of young people with complex needs transitioning into adulthood and greater numbers of older people living with complex health conditions.
- A restructure is in progress to embed new ways of working that will further develop our work to integrate health and social care. There are stronger links and working arrangements in place between Mental Health, Community Health partners, the voluntary sector and others to ensure there is the right support in place within the Neighbourhoods to promote health and well-being of our residents.
- We now have staff based together in The Waldron Heath Centre from Adult Social Care, Community Health and Mental Health. This is part of our Care at Home development to bring ever more joined-up care closer to our residents. We aim to replicate this across the other three neighbourhoods across the borough.
- There has been an increase in the number of people with a learning disability who are supported by the Shared Lives Scheme. This has resulted in an increase from 17 to 24 people with a learning disability living in a long term Shared Lives placement and 300 nights a year of respite support to people with a learning disability. This delivers a much better quality of life for people than alternatives such as residential care and at a much reduced cost. We commend these carers who are willing to share their home with service users.
- There has been an increase to the number of people that have been supported by short term support from Enablement to get back on their feet after a period in hospital so they can remain living at home. Each person that leaves hospital through discharge pathway spends on average 3 days less in an acute bed. By working closely with the Hospital Trust and implementing a “trusted assessor” approach to discharge, on average 100 acute bed nights a week are available to people needing emergency admission to hospital.
- Along with health and social care colleagues from across South East London we have been successful in bidding to be an “accelerator site” for the implementation of the “Urgent Community Response” element of the NHS Long Term Plan. This will ensure that across SE London older residents with complex health needs will have access to skilled professionals in their own homes within 2 hours of a concern being raised and access to enablement within 48 hours. The early investment that comes with this pilot will help to provide an enhanced service for Lewisham residents.

4.3 Adult Safeguarding Lewisham

- I attend the Lewisham Safeguarding Adults Board, which meets quarterly. For the latest information please check: <https://www.safeguardinglewisham.org.uk/lsab>
- Lewisham Safeguarding Adults Board (LSAB) has led on the initial planning for a domestic abuse and violence ‘summit’ on 25 June 2020, which will involve a wide range of stakeholders. This high profile and strategic event will take stock of the current situation and assess what else can and should be done to help turnaround the increasing volume of domestic abuse incidents being reported in Lewisham (now second highest in London).

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- LSAB are also leading on the development of a local Modern Slavery Network, which will work to introduce a victim care pathway and improve inter-agency working on this subject. The first meeting is on 27 February.
- An independent audit of safeguarding casework undertaken over the last year commended the quality of the work that has been done by social workers in adult social care.
- LSAB has been working jointly with 'Lewisham Speaking Up', an advocacy service provider for adults living with a learning disability, on a number of projects; including the delivery of a workshop at the recent London ADASS conference. This involved a local resident with lived experience who highlighted some of the key issues for adults living with a learning disability.
- 25 new LSAB Safeguarding Champions have been signed up since October 2019, including the current Mayoress and Cllr Kalu, these are linked to the delivery of a series of networking events being delivered across the Borough.
- The Lewisham Safe Place Scheme is being launched on 25 March, which is a network of community locations designed to promote greater independence for adults who may feel more vulnerable when out and about in the Borough.

4.4 Adult Mental Health

- A new approach to working is being piloted in the borough. Providers work together as a Mental Health Alliance. This has been operating in Shadow From since 1 April 2019 and the Alliance, once formalised, will be the planning, development and delivery oversight group for Borough based Mental Health services – this will break down some of the competitive barriers put in place and move towards a more collaborative way of working that puts people's needs first.
- We established the Collaborative Lunch which is working with service users, carers, community members and professionals to establish an on-going dialogue with our stakeholders and to agree an outcome framework for the Mental Health Alliance
- We have an agreed Communication and Engagement Framework for the Mental Health Alliance.
- We are testing a new service model for our Community Mental Health Team in the north of the Borough from March. The project is intended to reduce the number of assessments and transfers between services by providing most of the required care and support that residents need within the initial stages of the client's care journey.
- We are testing an IT project between Primary Care and Secondary Care within GP practices in the north of the Borough; Grove Medical Centre and Deptford Medical Centre with Amersham Vale hoping to come on board shortly.
- The Harbour Café at University Hospital Lewisham has become a core element of our local crisis offer and now receives referrals directly from GPs
- The South East London Sustainability and Transformation Partnership attracted over £3m of national transformation across six boroughs to enhance and improve local Crisis service, and the community and in Local A&E these services will continue to be ongoing basis after the national have ended.
- I chaired the launch of the Suicide Prevention Strategy and Action Plan in October 2019

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- Implementation of new integrated contracts for Prevention and Recovery, Dementia and Mental Health and Care Act Advocacy
- Increased number of Personal Health Budgets, whereby people have greater control and transparency over how their health needs are met including knowing how much is spent and where - in line with new legislative changes in December 2019

BAME mental health

- We have started to engage more consistently with Black African/Caribbean community representatives through the BAME Network and two BAME network representative places have been created on the Mental Health Alliance Leadership Group.
- We have started a dialogue with members of the BAME network about the development and funding community insight work with Black African/Caribbean communities related to improving access, experience and outcomes for this client group within Adult Mental Health services

Mental Health of Older Adults (MHOA) service

- Lewisham has continued to exceed the National Dementia Diagnosis target of 68%
- Waiting times have reduced by over 62% since April 2018
- Current waiting times are around 49 days (7 weeks) from referral to diagnosis, reduced from 190 days (27 weeks). The ambition is to reduce waiting times to 6 weeks
- The previously borough based generic mental health wards for older adults, based at the Bethlem Royal Hospital (Croydon), Ladywell Unit (Lewisham) and Maudsley Hospital (Lambeth and Southwark), have now been transformed to specialist mental health wards for older adults. Chelsham House (Bethlem Royal Hospital) is now a specialist dementia ward, Hayworth Ward (Ladywell Unit) and AL1 (Maudsley Hospital) are now specialist mental health wards for service user with severe mental illness such as Psychosis.

4.5 Public health

- In June 2019 Lewisham Council was chosen as one of five Trailblazer Authorities to receive £100,000 worth of funding and project support each year for three years to implement an innovative and ambitious pilot project to address childhood obesity. The Lewisham project aims to restrict outdoor advertising (such as billboard adverts) for high fat, sugar or salt food and drink and use unsold outdoor advertising space for health promoting advertisements in Lewisham. The launch of the outdoor restriction and first localised Sugar Smart promotional campaign will take place early next month.
- The Annual Public Health report for this year will focus on the topic of 'Health in All Policies', and will showcase examples of work across Lewisham Council and our partners to demonstrate the importance of everybody playing their part to improve health and wellbeing in Lewisham. Case studies in the report include work across our transport, commissioning, adult learning and early year's teams alongside recommendations about how a 'Health in All Policies' approach can be strengthened across the Council and local community. The report will be presented at the next Health and Wellbeing Board in March.
- Tackling and understanding health inequalities is a key priority of mine.
- I have been working closely with Barbara Gray, who was appointed as a Mayoral Advisor

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on BAME health inequalities.

- We are also working on producing a Lewisham Health Inequalities report. Pulling together the latest publically available data we will publish an up to date and accessible report for the public to understand health inequalities across Lewisham.
- We supported the Elton John Aids Foundation in implementing an HIV testing pilot in University Hospital Lewisham emergency department that diagnosed and brought into treatment 23 new people.
- We have maintained top quartile performance in the substance misuse treatment system whilst recommissioning our primary care recovery service and framework for detox and rehab.
- I also attend the Lewisham Violence Reduction Board. This board brings together officers and councillors throughout the Council to ensure a joined up, public health approach to violence in the borough.
- The air quality team has now transferred to the public health team. This shows that Lewisham are putting improving air quality for our residents as our highest priority. Lewisham has an extensive air quality monitoring network across the borough with over 50 sites, including the new multi-million pound super site at Honor Oak Park sports ground in collaboration with King's College London. We also have the Lewisham Air App that can generate low air pollution walking and cycling routes. To find out more about Lewisham's action on air quality see here: <https://lewisham.gov.uk/myservices/environment/air-pollution/what-we-are-doing-to-improve-air-quality-in-lewisham>
- The programme of work continues to produce results with annual mean Nitrogen Dioxide (NO₂) concentrations across the borough continuing to decrease year by year. At one of the automatic (continuous) monitoring site LW1 in Catford mean annual NO₂ concentrations have decreased from 50µgm⁻³ to 37.5µgm⁻³ in 2018.
- This summer saw the launch in partnership with CliniQ the first trans sexual health service in south London. Based at the Caldecot Centre, its launch has been warmly received by the Trans Community and provides specialist health advice, including counselling, sexual health and a holistic approach to health.
- Lewisham has also been rolling out the Pride in Practice award in May 2019. The award trains GPs and staff in primary care organisations to fully support LGBT+ patients and was developed by the LGBT foundation. The uptake of the award has been fantastic and in October 2019 the Woolstone Medical Centre received a Gold Award the first in London to achieve this award. In the first 3 months of the programme in 2019 63% of GP in Lewisham had signed up for the award and the target is 100% by Pride 2020.

4.6 Joint Commissioning

- As part of the London ADASS Commissioning Network, and in conjunction with Skills for Care, we are proud to have taken the lead in developing a Level 5 Certificate in Principles of Commissioning for Wellbeing.
- The objective of this qualification is to support people for whom commissioning forms part of their role in the workplace. It introduces the principles of commissioning for wellbeing to new commissioners and enables more experienced commissioners to review and update their knowledge.

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- To date eight members of the Lewisham Joint Commissioning Team have successfully completed this course and gained the Qualification. One member of the team has also gained a Vocational Assessor Qualification so that they can support and mentor students from other London Boroughs.
- We are proud of the achievements of our Team and the impact that this has had on the range, quality and sustainability of the support they are able to commission for adults needing care and support in Lewisham. The qualification is primarily focused on improving 'wellbeing' and this includes maintaining independence, building partnerships and community connections as well as ensuring that service users are in control of the services they receive and given the opportunity to co-produce planned Service Re-Design or Commissioning initiatives.
- Those achieving the Qualification are encouraged to remain involved with the current cohort of learners and the wider Commissioning Network. This has led to an increase in networking across Boroughs and enables the sharing of good practice, monitoring of trends/data/quality and a joint approach to tackling common issues and finding solutions.
- The team has worked with residential and nursing homes to ensure that they deliver high quality services to older adults requiring 24 hours care and support. In particular, the team has been instrumental in assisting 5 nursing and residential homes for older adults to improve their CQC rating from 'requires improvement' to 'good' (Beechcroft, Manley Court, Fieldside, Jennifer's Lodge and the Swallows) and to support four of our key partners in the provision of learning disability services to be rated as 'outstanding' (Lewisham Nexus, Aurora Options, MCCH and Royal Mencap).
- The team has also been working with housing colleagues to plan the development of a new housing and support service for adults with a learning disability and/or autism as part of the national Transforming Care programme. This development is part of a wider development of new homes and is one of the first scheme in the housing delivery strategy. As part of this, the team have been successful in a bid for £950,000 of NHS capital to add to the Council's own capital for this scheme.

4.7 Supporting people

- Lewisham Council has secured £720,421 from the Ministry of Housing, Communities and Local Government (MHCLG) to tackle rough sleeping in the borough. Lewisham has become an early adopter of the Rough Sleeping Initiative (RSI) programme, which will enable it to appoint a Rough Sleeping Prevention officer. The funding will also increase staffing at the 999 Club Night Shelter to further support rough sleepers.
- We have Cold Weather Funding to support several initiatives, funded by the GLA and MHCLG for a time limited period up to March along with a temporary, concurrent relaxation of central government restrictions on services to EEA nationals. The MHCLG Cold Weather Funding: November 2019 – March 2020 provides for the spot purchase funding for EEA rough sleepers to access supported housing pathway beds; spot purchase funding for detoxification / rehabilitation services for EEA rough sleepers and . personalisation funding. The GLA Cold Weather Fund January 2020 – March 2020 provides for the Deptford Reach Night Shelter, extra staffing capacity at 999 Club Night Shelter, spot purchase funding for EEA rough sleepers to access supported housing pathway beds and spot purchase funding for detoxification/rehabilitation services for EEA rough sleepers.
- LB Lewisham commissions a range of accommodation-based support services structured into three support pathways for mental health, vulnerable adults and young people. These pathways bring together services with different levels of support, from 24

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hours staffed projects to ‘move-through’ accommodation with visiting staff, to support vulnerable individuals and help them to move on to independent living. Recent contract extensions until 31 March 2021 for Single Homeless Project: Young Persons Assessment Centre, One Support: Young Parents service, Single Homeless Project: Vulnerable Adult service, Hexagon: Newstead Road Service, Marsha Phoenix Memorial Trust: Tressilian Road and Brockley service, Peabody: Tredown service.

- I was delighted that Mayor of London Sadiq Khan visited Spring Gardens in January to visit the No Second Night Out hub and the new Hilda House hostel. It was the opportunity to thank the GLA for their support in providing capital funding for this south London hub to ensure no new person sleeping rough spends a second night out. I continue to work closely with Cllr Bell on providing the housing we desperately need for vulnerable members of our community.

4.8 Older People

- I was pleased to attend events during Festival of Creative Ageing, Age Against the Machine, funded as part of Lewisham’s 2018 bid to become Borough of Culture that took place in September and October 2019 ending on Silver Sunday. I gave the introductory speech at the Mansion House at a national conference on the importance of culture to older people.
- The Social prescribing Community directory to support health and wellbeing - <https://lewisham.gov.uk/myservices/socialcare/adult/health-and-social-care-directory-search?offset=10&sort=title> continues to develop and include new activities.
- Despite budget cuts we have continued with the free swim and gym for our over 60 residents as well as healthy walks and other physical activity. I believe that the offer of free activities assists with our prevention programme.
- As part of the three year grants programme we have continued to support a range of groups including Lewisham Pensioners Forum, Stanstead Lodge, Community Connections Consortium (Age UK), Lewisham Elders Resource Centre (Seniors), Ageing Well in Lewisham, Age Exchange, Age UK Lewisham and Southwark (Advice), and Ageing Well in Lewisham. The programme also funds projects like Meet me at the Albany!. This innovative and exceptionally popular programme has now expanded into Downham.

5. Financial Implications

5.1 There are no specific financial implications at this stage. The work described in this report has been funded from base budgets supplemented by some external funding.

6. Legal implications

6.1 There are no specific legal implications of relevance to this report.

7. Equalities implications

7.1 With respect to the Council’s Comprehensive Equalities Scheme 2016-20, the activities described in this report make a clear contribution to the following equality objectives:

- Tackling victimisation, discrimination and harassment
- Improving access to services
- Closing the gap in outcomes between citizens
- Increasing mutual understanding and respect within and between communities
- Increasing participation and engagement

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7.2 The various activities described in this report will benefit all protected characteristics with specific reference to older people, adults with learning disabilities, children at risk of obesity, BAME residents, and the LGBT+ community.

7.3 Although not a characteristic protected under the Equality Act 2010, the activities described in this report will also help to tackle socio-economic inequality, which is part of the lived experience of all characteristics protected under the Equality Act.

8. Climate change and environmental implications

8.1 Improving air quality is part of the responsibility of the public health team. The actions of the team are ensuring that air quality continues to improve across the borough year on year. This will have a wide range of health impacts for residents including lower cardiovascular and respiratory diseases. Additionally, these impacts will be felt greatest for vulnerable residents especially children and older adults.

9. Crime and disorder implications

9.1 There are no direct crime and disorder implications to this report.

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