

<b>HEALTHIER COMMUNITIES SELECT COMMITTEE</b>			
Title	Public Health Grant Overview		
Key Decision	No		Item No. 8
Ward	Borough Wide		
Contributors	Catherine Mbema – Interim Director of Public Health		
Class	Part 1	Date: 8 <sup>th</sup> October 2019	

## **1. Purpose**

1.1 The purpose of this report is to provide members of the Healthier Communities Select Committee with an overview of public health grant spend and the cuts made to the grant to date.

## **2. Recommendations**

Members of the Healthier Communities Select Committee are recommended to:

2.1 Note the content of the report and direct as required any further analysis or commentary.

## **3. Policy Context**

3.1 The Health and Well Being Strategy 2012/22 has been developed by Lewisham's Health and Wellbeing Board (HWB) and sets out the improvements and changes that the board, in partnership with others, will focus on to achieve the board's vision of achieving a healthier and happier future for all. The strategy lays out 9 priorities:

- achieving a healthy weight
- increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years
- improving immunisation uptake
- reducing alcohol harm
- preventing the uptake of smoking among children and young people and reducing the numbers of people smoking
- improving mental health and wellbeing
- improving sexual health
- delaying and reducing the need for long term care and support.
- reducing the number of emergency admissions for people with long-term conditions.

3.2 Lewisham's Children and Young People's Strategic Partnership vision is: "Together with families, we will improve the lives and life chances of the children and young people in Lewisham". This is achieved through a focus upon closing the gaps in outcomes achieved by our children and young people and agreement to ensure that children's and families' needs are prevented from escalating and are instead lowered. The ideal is for all children and young people to require only universal services and where further support is needed this should be identified and provided as early as possible.

#### **4. Background**

4.1 The Health and Social Care Act (2012) transferred the bulk of Public Health functions to local authorities. The Council is responsible for delivering Public Health outcomes through commissioning and building partnerships within the borough, region and city.

4.2 In the Spending Review and Autumn Statement 2015 the government announced an in-year cut to the ring-fenced Public Health grant, with further cuts for each subsequent year to 2019/20. In Lewisham the grant for 2019/20 is £23,683,000 and the total cuts in the grant to date total £3,985,000.

4.3 The Public Health grant cut for 2019/20 was £642,000. This cut was achieved through reductions in a number of areas including a £196,000 reduction in the health visiting budget. For 2019/20, discussions with Lewisham and Greenwich Trust (the provider of the Health Visiting service) have meant that this cut has been achieved without impacting upon the health visiting service. Negotiations with Lewisham and Greenwich Trust are progressing to agree how services will continue to be delivered within the reduced budget for 2020/21 onwards and these will be brought to this meeting once proposals have been confirmed.

4.4 In the most recent one-year Spending Round 2019, the government announced that the Public Health Grant will increase in line with inflation for 2020/21 so at this point we are not expecting to have to make any further cuts in Public Health services, though until full details of the Local Government settlement are received, this cannot be confirmed.

#### **5. Corporate realignments**

5.1 In 2015/16 cost pressures on the council led to the decision to assign £3,122,000 of the public health grant to other council budgets for which there is demonstrable public health benefit.

5.2 The council's overall financial position led further re-alignments of the public health grant of £557,000 for 2016/17, and £1,443,000 for 2017/18. By 2017/18 this meant a total re-allocation of £5,122,000.

5.3 The resulting areas of spend from these realignments are outlined in Table 1 below:

**Table 1: Corporate realignments**

<b>Re-allocation</b>	<b>Amount (£)</b>	<b>Description</b>
Transport planning, policy & strategy	£100,000	The Council's work on transport planning, policy and strategy fundamentally underpins all our efforts to improve the transport network, including increasing the number of journeys made by foot or cycle, improving air quality, and reducing death and injuries on the roads. Most notably this is through the development and delivery of the Local Implementation Plan (LIP) which encompasses, for example, the Cycle Strategy, the draft Electric Vehicle Charging Strategy, and the draft Road Danger Reduction Strategy, all of which have been developed (to varying degrees) during 2017/18.
Road safety education & safe routes	£100,000	Our traffic management budgets are generally used to ensure the safe and free passage of both vehicular and pedestrian traffic on the highway, which contributes to a safe environment that is conducive to cycling and walking. This includes, for example, a programme of minor traffic measures that is prioritised in the basis of road safety and the pedestrian environment. Similarly, our ongoing work with school crossing patrols continues to enable children and parents to embed safe, active and sustainable travel behaviours in their daily lives, contributing to many positive outcomes that are extremely relevant to public health.
Children and Young People (including children's centres, CAMHS and children's safeguarding)	£1,713,000	Provision of services to ensure that vulnerable children are safe and protected and their welfare promoted, including access to health services to ensure that milestones are being met and address the impact of trauma and neglect, including regular assessments to ensure milestones are met and developmental and cognitive delay is identified and additional support and advice is provided to mitigate long term impact.
Asylum seekers	£50,000	Ensuring assessment of need is undertaken, including that medical and therapeutic needs are identified as a result of historic neglect and trauma, ensuring that culturally appropriate provision is in place and accessed and monitoring in place of the impact through a range of multi-agency arrangements.
Mental health support	£300,000	Lewisham mindcare provides community based support for adults with a MH problems, providing support with benefits and housing and supporting people back into employment. The MH crisis line also provides support to those in MH crisis helping to avoid a MH admission.
Social support, information and early intervention	£850,000	Interventions that maintain quality of life through reducing social isolation and loneliness. Community connections, Meet me at the Albany and Commissioned day care – reduces social isolation, builds friendship groups, engages people in their local communities. All work with health professionals to support people with diet and nutrition.

Homelessness, housing welfare and benefits advice	£745,000	Maintaining households including families with children in temporary accommodation. The family service is geared towards preventing homelessness in the first instance and deploys a wide range of measures to assist people to remain in their own home, or to find suitable alternative accommodation, in the first instance as this is known to have preferential health and social outcomes for households. Through this focus on preventative work at the earliest opportunity, the Council has delivered almost 600 prevention or relief actions in 17/18, and a 17% drop in the number of households that have been accepted as homeless compared to 16/17.
Leisure - recreation and sport	£600,000	Provision of sport and physical activity services including free swimming for over 65s, which contribute to achieving public outcomes to reduce levels of excess weight and improve mental wellbeing in the borough.
Violence against women and girls (VAWG)	£400,000	<p>This supports the provision of the council's services to support victims of Violence against Women and Girls.</p> <p>It is estimated that 2.1million people suffer from domestic abuse each year. Costing the UK economy £66billion annually and making the cost for a single victim of abuse £34,017 (in physically and emotional harm, lost economic output, victims service, police costs etc.)</p> <p>Abuse has significant impacts on the physical and mental health of victims and children in abusive families. Physical health impacts include; attendance at A&amp;E, short term injuries and longer term physical health consequences. Abuse often leaves victims with reproductive consequences, sexually transmitted infections and pregnancy complications.</p> <p>Abuse has significant psychological impacts. For example, rates of attempted suicide, self-harm and PTSD is higher amongst abusive victims. Between 30%-60% of psychiatric inpatients have experienced domestic abuse.</p> <p>The Home Office estimate that the cost of domestic abuse to health services is £23 billion.</p>
Food & safety and environmental protection	£264,000	This supports the work of the environmental health service to monitor food hygiene and food standards, undertake premises inspections and make infectious disease notifications, which are all vital in protecting public health.

## 6. Public Health Grant – grant reductions and corporate realignments to date

6.1 In total since 15/16, the combination of corporate realignments and central government cuts this has led to a reduction in spending of £9.09m to date, which broken down by year of cut/realignment is as follows:

Financial Year	Cut/Realignments
Pre-16/17	£2,565,000
16/17	£557,000
17/18	£4,433,876
18/19	£888,535
19/20	£642,000
Total	£9,086,411

## 7. Public Health Grant – areas of spend

7.1 The remaining public health grant in Lewisham has four main areas of service spend: children and young people (CYP); substance misuse; sexual health and other preventative services. The respective amounts of spend on each of these four areas in 2018/19 is outlined in Table 2 and the annual impact of cuts/realignments on the respective areas of service spend is outlined in Table 3.

**Table 2: Public Health Grant spend 2018/19**

Service Area	Grant Spend (£)	% Service spend
Children and Young People (CYP)	7,479,124	38%
Substance Misuse	4,225,100	22%
Sexual Health	5,594,296	28%
Other preventative services	2,347,600	12%
Total	19,646,120	

**Table 3: Cut as a proportion of service area spend**

	CYP	Substance Misuse	Sexual Health	Other preventative services	Total
Pre-16/17	1%	9%	5%	29%	11%
16/17	0%	1%	0%	14%	2%
17/18	21%	12%	11%	45%	19%
18/19	2%	2%	9%	9%	5%
19/20	3%	3%	4%	4%	3%

7.2 The grant spend on **children and young people** comprises of spend on the School Age Health Service, Health Visiting Service and contribution to the Young People's Health and Wellbeing Service in Lewisham.

- 7.3 The Health Visiting Service lead on delivery of the National Healthy Child Programme (HCP), delivering a universal home visiting service to all families from pregnancy up until the child is 5 years old, with targeted support offered to more vulnerable families including MECSH, a structured programme of sustained nurse home visiting for families at risk of poorer maternal and child health. The Health Visiting Service also deliver the Family Nurse Partnership (FNP) an evidence based support programme for first time young parents aged 22 and under until the child reaches the age of two. The Service is also leading on development of Baby and Toddler Hubs. The School Age Health Service offers safeguarding, immunisation and health assessment and planning to school age children in Lewisham
- 7.4 The Young People's Health and Wellbeing Service (YPHWBS) is delivered by Compass in partnership with Kooth Online Counselling service and ChatHealth (which is a mobile texting support service). The YPHWBS multi-disciplinary team works with young people aged 10-19, (up to 25 with evidenced additional needs) and offers advice, brief intervention and relevant support to any young person in Lewisham needing help or advice with emotional wellbeing, sexual health or substance misuse. YPHWBs is integrated which means that no matter the reason a young person approaches for support, they will have access to the sexual health, substance misuse and emotional wellbeing elements of the service should they be required. Compass also support delivery of the Universal School Safety Programme (USSP) to year 7 students.
- 7.5 The grant spend on **substance misuse** comprises of spend on contracts for the main substance misuse services delivered by Change, Grow, Live (CGL) and Blenheim CDP. Both provide a range of interventions targeted at patients and family members suffering from substance misuse.
- 7.6 CGL run the complex needs service within the borough that assesses and triages all those presenting with a substance misuse or alcohol need. Service users receive a systematic assessment for an appropriate treatment which could include pharmacological therapies for opiate dependence and commencement of dose titration within 24 hours of presentation. Blenheim CDP deliver the primary care recovery service (PCRS) which works in partnership with GPs. The contract for PCRS provides a recovery-orientated model offering support, advice and treatment options for people living in Lewisham whose drug and/or alcohol use is stable enough for them to receive services via General Practice. The service is delivered in partnership with GPs and pharmacists and includes opioid substitute therapy, nurse led community detoxification and a range of other psycho-social recovery interventions.
- 7.7 The substance misuse spend also contains payments for a wide range of associated activity paid for under cost and volume contracts including costs for prescriptions required to reduce illicit drug use, residential medical detoxification and residential rehabilitation (dependent on provision but c.5-10k per admission), the supervision of the consumption of methadone as a controlled drug, the exchange and disposal of used and dirty needles.

7.8 The grant spend on **sexual health** comprises of: payment for Lewisham residents accessing sexual and reproductive health services under the integrated sexual health tariff and the London e-service including a range of testing and treatment for sexually transmitted infections alongside a wide offer of contraceptive interventions; provision of contraception in pharmacy and long acting reversible contraception in primary care; contribution to the joint commissioning of HIV prevention services by all of the 33 London councils, aiming to increase the frequency of HIV testing, promote consistent condom use and promote the adoption of safer sexual behaviours; and sexual health promotion services. This is a demand driven service and the Council cannot limit the numbers of people who can access sexual health services.

7.9 The grant spend on **other preventative services** comprises of spend on the Lewisham Stop Smoking Service, NHS Health Checks Programme, Weight management and physical activity services, public health staffing, the Neighbourhood Community Development Partnerships (NCDPs), Child Death Overview Panel support and contribution to the Maternity Voices Partnership (MVP).

## **8. Financial Implications**

8.1 There are no specific financial implications arising from this report.

## **9. Legal Implications**

9.1 There are no specific legal implications arising from this report.

## **10. Crime and Disorder Implications**

10.1 There are no specific crime and disorder implications arising from this report.

## **11. Equalities Implications**

11.1 There are no specific equalities implications arising from this report.

## **12. Environmental Implications**

12.1 There are no specific environmental implications arising from this report.

## **13. Conclusion**

13.1 This paper provides an overview of the Public Health Grant spend and cuts made to the grant to date.