

Overview of Draft 2018-23 Lambeth, Southwark and Lewisham Sexual Health Strategy

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Key achievements over the period of the last strategy 2014-17

LSL have been leaders in London.

- Made substantial savings without decreasing testing capacity for STIs and reduced new STIs
- Developed the proof of concept and model of online testing
- Integrated services across the system
- Prevention programmes – RISE partnership, London HIV prevention programme Innovative & collaborative working – integrated sexual health and substance misuses services for young people,

Outcomes:

- Teenage pregnancy rates declining
- HIV late diagnosis falling
- STI rates falling
- Chlamydia screening stable
- Abortion rates stable

Sexual health in LSL 2018-23

CHALLENGES

- STI rates in LSL are the highest in London/England but are falling and testing rates are increasing.
- There are persistent inequalities in sexual and reproductive health.
- Key groups continue to shoulder the greatest burden of poor sexual and reproductive health: young people, BME, MSM.
- Access to reproductive health care needs improvement – especially in primary care.
- The epidemiology of HIV is changing – need to focus on increasing testing, especially in heterosexual groups, and engaging vulnerable groups in care.
- Refocus of sydemics of interrelated poor mental health, substance misuse & poor sexual health

2018-23 Strategy

BACKGROUND

Why do we need a strategy for the coming years?

- Continuing but changing challenges
- New opportunities, PrEP, Statutory RSE, technological innovations

Why do LSL work in partnership to improve sexual and reproductive health?

- We want to align action across the system and to do this we need a shared and clear strategic direction for action

What do we want to do differently?

- We really want to tackle the wider determinants of sexual health and upgrade prevention
- We can't do this in isolation and recognise the importance of links to existing strategies

Overview of 2018-23 Draft LSL strategy

2018-23 Strategy

A common set of principles which will inform our approach

Our Principles

Working in partnership, at a local, London and national level

High quality commissioning for effective and financial sustainable services, and capitalise on technological innovations

Listening to service users' views and experiences and using these to improve what we do

Focus on reducing inequalities in sexual and reproductive health

Supporting the development of a resilient sexual health system

Prevention Focused
Evidence Based

2018-23 Strategy

Our Priorities

Healthy and fulfilling sexual relationships	Good reproductive health across the life course	High quality & innovative STI testing and treatment	Living well with HIV
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2018-23 Strategic Priorities across LSL

Our vision:

People have healthy and fulfilling sexual relationships

People effectively manage their reproductive health, understand what impacts on it, and have knowledge of and access to contraception

The burden of STIs is reduced, especially in disproportionately affected groups

There is zero HIV stigma, zero transmission, and zero deaths

Key outcomes:

People make informed choices about their sexual and reproductive health, and have the knowledge, confidence and skills to protect themselves and their sexual partners from STIs, HIV and pregnancy.

People in unhealthy or risky sexual relationships are appropriately supported.

Reproductive health inequalities are reduced.
Unwanted pregnancies are reduced.
People have increased knowledge and understanding of reproductive health and fertility.

There is equitable, accessible, high quality testing and treatment of STIs, appropriate to people's needs.
Transmission of STIs and repeat infections are reduced.

People with HIV know their status and are undetectable on treatment.
People with HIV are enabled to live and age well.

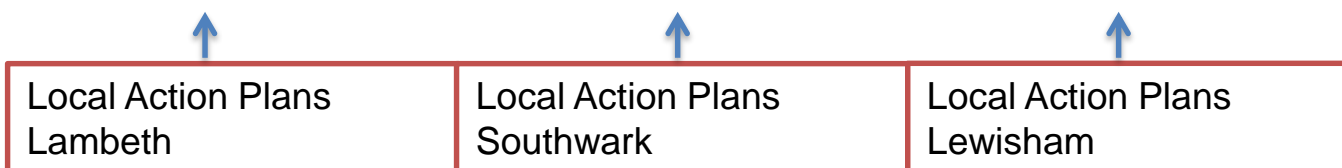
Priority	Safe and Healthy Sexual Relationships	Good Reproductive Health Across the Life Course	High Quality & Innovative STI Testing and Treatment Services	Living Well with HIV
What does good look like?	<ul style="list-style-type: none"> Knowledge, confidence and skills for healthy and fulfilling sexual relationships 	<ul style="list-style-type: none"> In control of their body and fertility Understand what factors impact on fertility Choice and access to a range of contraceptive methods 	<ul style="list-style-type: none"> Self-sampling of STIs Access to appropriate testing High quality clinical services 	<ul style="list-style-type: none"> Increased HIV testing Earlier diagnosis Retention in care Holistic health management
Commissioner				
Council	<p>High quality SRE in schools</p> <p>Targeted work to young people</p> <p>Tackling homophobia, transphobia, misogyny in communities</p> <p>Community outreach / targeted health promotion work</p> <p>Targeted CHEMSEX work</p>	<p>High quality SRE in schools</p> <p>Young people friendly services</p> <p>Knowledge of and access to full range of contraceptive offers</p> <p>Come Correct condom scheme for under-25s</p> <p>Integrated reproductive and sexual health services</p>	<p>High quality SRE in schools</p> <p>Young people friendly services</p> <p>Come Correct condom scheme for under-25s</p> <p>Online STI self-sampling or testing</p> <p>Integrated reproductive and sexual health services</p> <p>Specialist clinical services</p>	<p>Reducing stigma and promoting good sexual health</p> <p>Community outreach / targeted health promotion work</p> <p>Online STI self-sampling or testing</p> <p>Integrated reproductive and sexual health services</p>
Council & CCG	<p>Psycho-sexual health services</p>	<p>Online offer of oral contraception</p> <p>Pharmacy and primary care</p> <p>FGM prevention</p>	<p>Pharmacy and primary care testing</p>	<p>Pharmacy and primary care testing</p>
CCG		<p>High quality abortion services</p> <p>Vasectomy and sterilisation services</p>		<p>Care and Support</p>
NHSE		<p>HPV vaccination</p> <p>Cervical screening</p>	<p>PrEP</p>	<p>HIV treatment services</p>

Healthy and Fulfilling Sexual Relationships

1. People have the knowledge, confidence and skills for safe, healthy and fulfilling relationships.
2. People make informed choices about their sexual and reproductive health and have the knowledge, confidence and skills to protect themselves and their sexual partners from STIs, HIV and pregnancy.

1. Support the delivery of high quality relationship and sex education across all schools
2. Offer targeted sexual health promotion to vulnerable groups which reduces stigma and supports the uptake of condoms, STI and HIV testing
3. Build capacity and capability for professionals to support young people
4. Deliver high quality cost effective psychosexual health services
5. Support the delivery of domestic violence, female genital mutilation and CSE support and prevention services.
6. High risk sexual behaviours – condomless sex, chemsex, seroadaptive

Shared actions across LSL : To be agreed via the LSL Strategy Implementation Group



Indicators:

Reduce repeat Emergency Hormonal Contraception use
Under 18 and under 16 conceptions and terminations
Numbers of condom distribution scheme

Good reproductive health across the life course

1. People are in control of their fertility, understand what impacts on it and have knowledge of and access to a wide range of contraceptives.
2. Reproductive health inequalities are reduced by targeted contraceptive provision, cervical screening and HPV vaccination within key groups

1. Increase population knowledge of the range of contraceptive offers
2. Increase professional knowledge and skill of the range of contraceptive offers across the local health and care system
3. Increase access to the range of contraceptives
4. Ensure STI testing remains integrated into reproductive health services
5. Target contraceptive information, provision and support to
6. Integrate contraceptive provision into abortion and post-natal maternity services
7. Promote and assure high uptake of cervical screening and HPV
8. Build making every contact count into contraceptive pathways

Shared actions across LSL : To be agreed via the LSL Strategy Implementation Group

Local Action Plans
Lambeth

Local Action Plans
Southwark

Local Action Plans
Lewisham

Indicators:

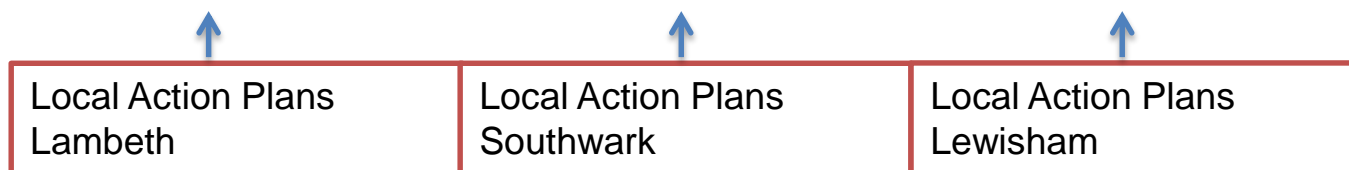
Abortion and repeat abortion rate
Repeat Emergency Hormonal Contraception use
Uptake of Long Acting Reversible Contraception
Under 18 and 16 conception rate

High quality & innovative STI testing and treatment services

People have access to equitable, high quality testing and treatment offers which is appropriate to their needs

1. Integrate condom distribution across borough
2. Integrate partner notification into all testing offers
3. Improve STI testing, diagnosis and treatment in vulnerable populations
4. Increase early diagnosis, treatment and partner management for gonorrhoea and syphilis
5. Reduce repeat infection rates amongst young men
6. Integrate making every contact count into STI testing

Shared actions across LSL : To be agreed via the LSL Strategy Implementation Group



Indicators:

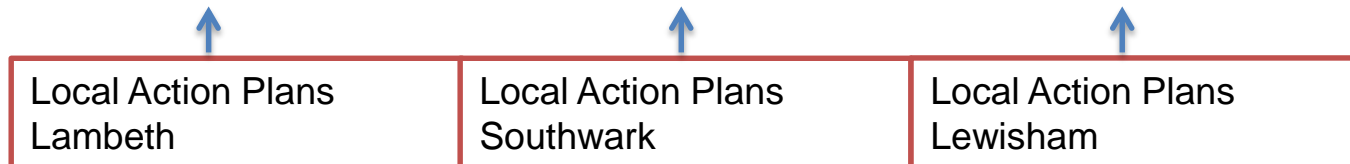
New STI diagnosis rates
Rates of gonorrhoea and syphilis
Repeat infections

Living well with HIV

People with HIV are diagnosed and on treatment, and late diagnoses of HIV are reduced

1. Reduction in stigma
2. Targeted outreach to PLWHIV not on treatment
3. Alignment with EJAF and Fast Track Cities priorities
4. Capitalising on EJAF partnership to improve outcomes for PLWHIV

Shared actions across LSL : To be agreed via the LSL Strategy Implementation Group



Indicators:

HIV testing uptake (also MSM, women, men)
HIV testing coverage (also MSM, women, men) [PHD]
HIV late diagnosis
New HIV diagnosis rate age 15+
HIV diagnosed prevalence rate age 15-59

Next steps...

- Lead Member and DPH review and approve draft version of the strategy
- 6 week public and stakeholder consultation focussing on the following key questions:
 - *Do you agree with each chapter's vision, aims, outcomes and objectives?*
 - *What do you want us to prioritise within each pillar and why?*
 - *What does this strategy mean for you / your organisation?*
 - *Are there any notable omissions?*

Consultation timeline

- **24th September** - launch of 6 week consultation period, to include a stakeholder engagement event and online survey
- **27th September** – LSL stakeholder consultation engagement event
- **September - October** – ongoing local stakeholder engagement throughout the consultation period
- **November - January**– governance processes for sign-off of final version of the strategy
- **February 2019**- sign off process complete and implementation begins

Any Questions?