

Main Grants 2017-18 report

Name of organisation	Heart n Soul
Date of meeting	20 September 2016
Names and positions of attendees	Sarah Ewans – General Manager, Heart n Soul Mark Williams – CEO / Artistic Director, Heart n Soul Andy Thomas - Cultural Development Manager, London Borough of Lewisham Nancy Stridgen - Cultural and Community Development Officer, London Borough of Lewisham

Group Name: Heart n Soul	Total	Q1	Q2	Q3	Q4
Total funding received 2015-16	£51,750	-	17,250	17,251	17,250
Total funding to be received 2016-17	£69,001	17,250	17,251	17,250	17,251

Outcomes	<p>1. Allsorts - New Interests and skills. Adults with learning disabilities try out new art forms and develop their personal and creative skills by taking part in a range of activities</p> <p>2. Allsorts – Increased confidence. Adults with learning disabilities show increased confidence by taking part in creative sessions and contributing ideas in group discussions and/or as part of the Adult Steering Team</p> <p>3. Allsorts – Reduced social isolation. Adults with learning disabilities interact with others, develop friendships and extend their social network</p> <p>4. Volunteers – Enhanced wellbeing and self-esteem. Adults with learning disabilities gain confidence, pride and a sense of achievement through contributing as a volunteer at Heart n Soul events</p>				

Outputs:	2015-16 Target	2015-16 Q2	2015-16 Q3	2015-16 Q4	2015-16 Total	% Achieved	2016-17 Target	2016-17 Q1	Q2	% Achieved TD
1. 16 events (of 8hrs creative sessions and 7hrs drop in activity) and 10 Choir sessions	16 Allsorts events, 10 Choir sessions	7	11 Allsorts events, 4 Choir sessions	16 Allsorts events, 11 Choir sessions	16 Allsorts events, 11 Choir sessions	100%	9 events 4 sessions	9 events 4 sessions		100%
2. Events delivered to 80 adults (unique individuals) with learning disabilities annually at The Albany, Deptford	80	66	82	139	139	174%	60	78		130%
3. 2 adult co producers meetings per season at the Albany, Deptford	6	2	3	6	6	100%	2	2		100%
4. 8 Adults (unique individuals) with learning disabilities attend steering team meetings	8	13	13	13	13	163%	10	10		100%
5. 15 Adults (unique individuals) with learning disabilities volunteer at least once at a Heart n Soul event at the Albany, Deptford and/or the Southbank Centre	15	15	16	16	16	107%	5	5		100%

1. Remove funding from under-performing groups/those performing least well

Have you achieved at least 90% of the agreed reporting outputs and outcomes in all quarters since the start of the programme?

All outputs have been achieved or over achieved. Heart n Soul has significantly overachieved in the number of Adults With Learning Disabilities they have regularly engaged with, reaching 139 people over 9 months period against a target of 80. (174%)

The Heart n Soul choir meets 50 weeks of the year and the Allsorts programme continues to be ground breaking in the level of opportunity and progression for participants.

3,500 people (mixed AWLD and non-disabled participants) attended the Beautiful Octopus club at the South Bank Centre in 2015 and Heart n Soul have engaged nationally and internationally on this model.

Please note that unlike some other arts organisations receiving Lewisham funding, Heart n Soul's outputs only reflect an element of the work in the borough rather than detailing all of the outputs achieved in borough. Top up external funding is needed to achieve the outputs that are listed also.

Have you achieved all of the wider outcomes outlined in the initial grant application?

The organisation has achieved all wider outcomes outcomes.

Development and Opportunity

Case studies show significant changes in health and wellbeing, self-confidence, skills and progression of abilities. Participants shape the work that takes place and co-produce programming.

Participation at Heart n Soul can also allow access to high quality organisations such as the South Bank Centre (exhibition and Art Market), National Portrait Gallery, BAC and the London Symphony Orchestra.

Progression routes allow personal development via the model:

- Participant to Volunteer and then
- Volunteer to Co-producer

If no to either of the above:

- what are the mitigating factors?
- what plans are in place for improving performance?
- what progress has been made against actions agreed with your Development Officer?

N/A.

What local support/evidence of need can you identify for the work you are undertaking?

The organisation stated the following evidence of need for their work:

- Increasing attendance figures.
- Families and carers reporting few comparable high quality activities regularly available in the borough.
- Allowing opportunity for adults with learning disabilities to participate in activities that focus on choice, control, opportunity to progress and to make a contribution.

It was stated that this provision empowers Adults with Learning Disabilities (AWLD) to personally progress, gain independence, volunteer and be able to achieve more in life. 94% of AWLD don't work but 65% would like to and 10% of the prison population are AWLD. It was expressed that isolation and loneliness were experienced by a large proportion of AWLD, only 12% of AWLD receive a service. 25-40% of AWLD's also have a mental health issue.

2. Negotiate reductions and seek alternative funding streams

Are there any proposals that you can put forward that will deliver significant saving against current expenditure? This can include capital investment to change your delivery/business model.

Adaptations have already been made due to shortfall in Allsorts funding, staff and volunteers have started to deliver more creative sessions rather than funding external facilitators. It was stated that there are no more obvious efficiencies to be made within the organisation.

What alternative funding streams are you already pursuing?

The organisation is working to enable funding from the following sources. This funding would be project based and therefore not replace Lewisham Main Grant funding.

- Big Lottery
- Henry Smith Foundation
- Rayne Foundation
- Developers
- Crowdfunding
- Heritage Lottery Fund – 'Big 30' 30 year celebration in 2017.

A new Communications officer with fundraising expertise has also been recruited and work is being carried out to increase Individual Giving.

Are there any other funding streams that you can identify that the council can support you to access?

Lewisham Officers will provide information on potential opportunities via networking with developers and CIL / Section 106. Heart n Soul would like to work with Lewisham on an

increase in use of Personal Budgets, but it was stated that work in this area has been difficult so far.

3. Work with groups to consider mergers or asset sharing

Are there any organisations doing similar work to you in the borough who you may consider sharing resources or merging with? Who have you considered/approached?

Heart n Soul are meeting Entelechy Arts and Speaking Up once a quarter to explore sharing resources and information i.e. database/pensions/research.

It was expressed by the organisation that it is not appropriate to merge with another organisation at this time and that costs savings would not be realised.

Are there other groups in the local area that you could share resources with even if they are delivering a different type of service? Again, who have you considered/approached?

As above.

What support might you need to move these suggestions forward?

N/A.

4. Pro-rata reductions across all groups

What would a 25% cut in your grants look like in service delivery terms? What are the wider impacts?

It was stated that there are no further efficiencies to make and therefore activity would be cut, which would relate to:

- 1 less season of Allsorts i.e. 10 weeks with no activity at all and a break of service.
- Fewer artists engaging with participants
- Squids (young peoples) club only once a year

Wider Impacts

- Greater social isolation for AWLD (vulnerable group)
- Stronger likelihood of negative outcomes e.g. health issues and trouble with the wider community
- Less progression and opportunity to develop
- Less confidence and self-esteem for AWLD
- Personalisation agenda not progressed

Have you modelled this cut and developed an action plan for its implementation?

It was expressed that this had been modelled and the organisation would be looking for the funding from other sources, but this has not been achieved currently.

Conclusion

Any other comments / areas discussed

Heart n Soul continue to offer a unique and exceptionally high quality provision and opportunity to adults and children with learning disabilities in Lewisham.

Inclusion and Fees for Disabled Artists

Heart n Soul offer in-kind support for partners on inclusion advice. Work has also taken place in this time period to negotiate equal fees for disabled artists. Heart n Soul are advocating for disabled artists to gain equality of visibility, work opportunities and fair pay. Heart n Soul have won a Special Education Needs Service Award for their work this year.

Technology 'Make Your Own Soundlab'

Heart n Soul participants have been working with Goldsmith University and other partners on music technology for a number of years and within 2015 the Sound Lab project developed an online toolkit and disseminated it in Lewisham and beyond. These instructions allow high end digital arts and sound production to be achieved without specialist equipment apart from an ipad.

Big 30

Heritage Lottery funds have been gained to work on a celebration of 30 years of Heart n Soul in 2017. Heart n Soul will work with the National Archive, London Metropolitan Archives, Lewisham Libraries and Goldsmiths University on a series of programming and public realm exhibitions.

Conclusion and recommendation

Heart n Soul have over achieved outcomes and outputs for Main Grants funding in the year 2015/16 and it is predicted that they will overachieve in 2016/17.

The organisation will be looking for replacement funding from other sources, but this has not been achieved currently.

It is recommended that Heart n Soul receive a pro-rata cut.

Equalities groups disproportionately impacted by recommendations

Disability, Children and Young People,

Ethnicity:		Pregnancy / Maternity:	
Gender:		Marriage & Civil Partnerships:	
Age:	X	Sexual orientation:	
Disability:	X	Gender reassignment:	
Religion / Belief:			

Commentary and potential mitigations:

Heart n Soul's provision is for children and young people and adults with Learning Disabilities, although some participants have different disabilities. The organisation is

Equalities groups disproportionately impacted by recommendations

seeking to find alternative funding to mitigate against the impact of the cuts. Officers will support the organisation to explore other ways in which this may also be done