

<b>HEALTH AND WELLBEING BOARD</b>			
<b>Report Title</b>	Lewisham Annual Public Health Report 2016		
<b>Contributors</b>	Director of Public Health	Item No.	6
<b>Class</b>	Part 1	Date: 15 November 2016	

## **1. Purpose**

- 1.1 This report provides members of the Health and Wellbeing Board with the 2016 Annual Public Health Report (APHR), which is themed on tackling obesity. It focuses on the Whole System Approach to Obesity, of which Lewisham is working alongside Leeds Beckett University as one of four national pilot sites and the only pilot site in London. The report also profiles the Jamie Oliver / Sustain Sugar Smart initiative which Lewisham was the first London borough to launch in October 2016. Wider information on the entire population is also provided through the Public Health Performance Dashboards, which are provided as appendices to the main report.

## **2. Recommendation/s**

Members of the Health and Wellbeing Board are recommended to:

- 2.1 Note the contents of the report and the actions from each section and direct as required any further analysis or commentary.

## **3. Policy Context**

- 3.1 The Health and Social Care Act 2012 stated that the production of an APHR is a statutory duty of the Director of Public Health, which the local authority is responsible for publishing. The report aims to inform partners, professionals, and other decision makers, as well as the community about the health of the local population.
- 3.2 The theme of obesity was selected this year and focuses on the Whole System Approach to Obesity, of which Lewisham is working alongside Leeds Beckett University as one of four national pilot sites and the only pilot site in London.
- 3.3 This report was submitted to the October meeting of the Healthier Communities Select Committee and was promoted at the Lewisham launch of the Sugar Smart initiative on the 21<sup>st</sup> October 2016.

#### **4. Background**

- 4.1 The APHR has been produced in partnership with colleagues from across the council and beyond, reflecting the whole system approach which Lewisham is undertaking to tackle obesity.

#### **5. Tackling obesity in Lewisham: A whole system approach**

- 5.1 Nationally obesity and its consequences cost the NHS £6.1bn per year, with the wider cost to the economy estimated at £27bn. In the UK, the contribution of diet-related risk factors to the burden of illness and disease, including high body mass index (BMI), is second only to tobacco use. The issue is particularly crucial for Lewisham as the borough has a high proportion of adults and children who are overweight or obese. Nearly two thirds of adults (137,000 people) and 40% of 10-11 year-olds are overweight or obese.

- 5.2 The overarching aims of the Lewisham Whole System Obesity Action Plan are:

- To promote an environment that supports healthy weight and wellbeing as the norm, making it easier for our residents to choose healthier diets and active lifestyles;
- Supporting our communities and families to become healthier and more resilient, which will include addressing the wider determinants of health.
- At a strategic level, we will achieve these aims by engaging the wider Lewisham Partnership to ensure a better co-ordinated approach around the wider determinants of obesity, by forming a Lewisham Obesity Alliance. The alliance will continue to build on progress in delivering actions across four priority areas: Children and Young People; Increased Public Awareness and Engagement; Health and Public Services and the Environment.

#### **6. Financial implications**

- 6.1 There are no specific financial implications. However the committee may want to consider future resources and spend on tackling obesity in Lewisham following the report's recommendations.

#### **7. Legal implications**

- 7.1 The requirement to produce an Annual Public Health Report is set out above.

#### **8. Crime and Disorder Implications**

- 8.1 There are no specific Crime and Disorder Implications from this report.

#### **9. Equalities Implications**

9.1 Equalities Implications and the impact they have on health outcomes have been highlighted throughout the body of the report.

## **10. Environmental Implications**

10.1 As mentioned in point 5.2 above, the Environment is a priority area for the Lewisham Whole System Obesity Action Plan. Therefore the aim is to positively impact the environment in relation to tackling obesity.

## **11. Conclusion**

11.1 The report outlines the current issues around excess weight in Lewisham and demonstrates some of the excellent practice that is currently happening in order to reduce this. It highlights that it is not the sole responsibility of any one sector but that a joint, borough wide approach is needed to gain ground and stem the tide of obesity. By sharing details of best practice and initiatives in this report we aim to engage and recruit stakeholders across the whole community.

## **Background Documents**

**Appendix 1: Lewisham's Annual Public Health Report 2016**

**Appendix 2: Public Health Performance Dashboards**

If you have any difficulty in opening the links above or those within the body of the report, please contact Stewart Snellgrove

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If there are any queries on this report please contact Danny Ruta, Public Health, Lewisham Council, on *0208 314 9094*, or by email at: ***danny.ruta@lewisham.gov.uk***