

South East London: Sustainability and Transformation Plan

Briefing Paper



v1.0

Introduction and context

- Health and care systems were asked to come together to create their own ambitious local blueprint for implementing the 5YFV, covering Oct 2016 to Mar 2021.
- The STP is the “umbrella” plan for south east London
- Although CCGs were developing a transformation strategy previously, the STP process has broadened this and has taken it much further by bringing organisations together to establish a place-based leadership and decision-making structure
- To date, we have established:
 - A single responsible officer supported by a quartet leadership and a strategic planning board to provide direction and oversight
 - Collaborative oversight and decision-making bodies at various levels
 - A single reporting structure bringing transparency across the system
 - A ‘single version of the truth’ setting out our challenges, including our financial challenge
- This document provides an overview of our STP

Our commitments

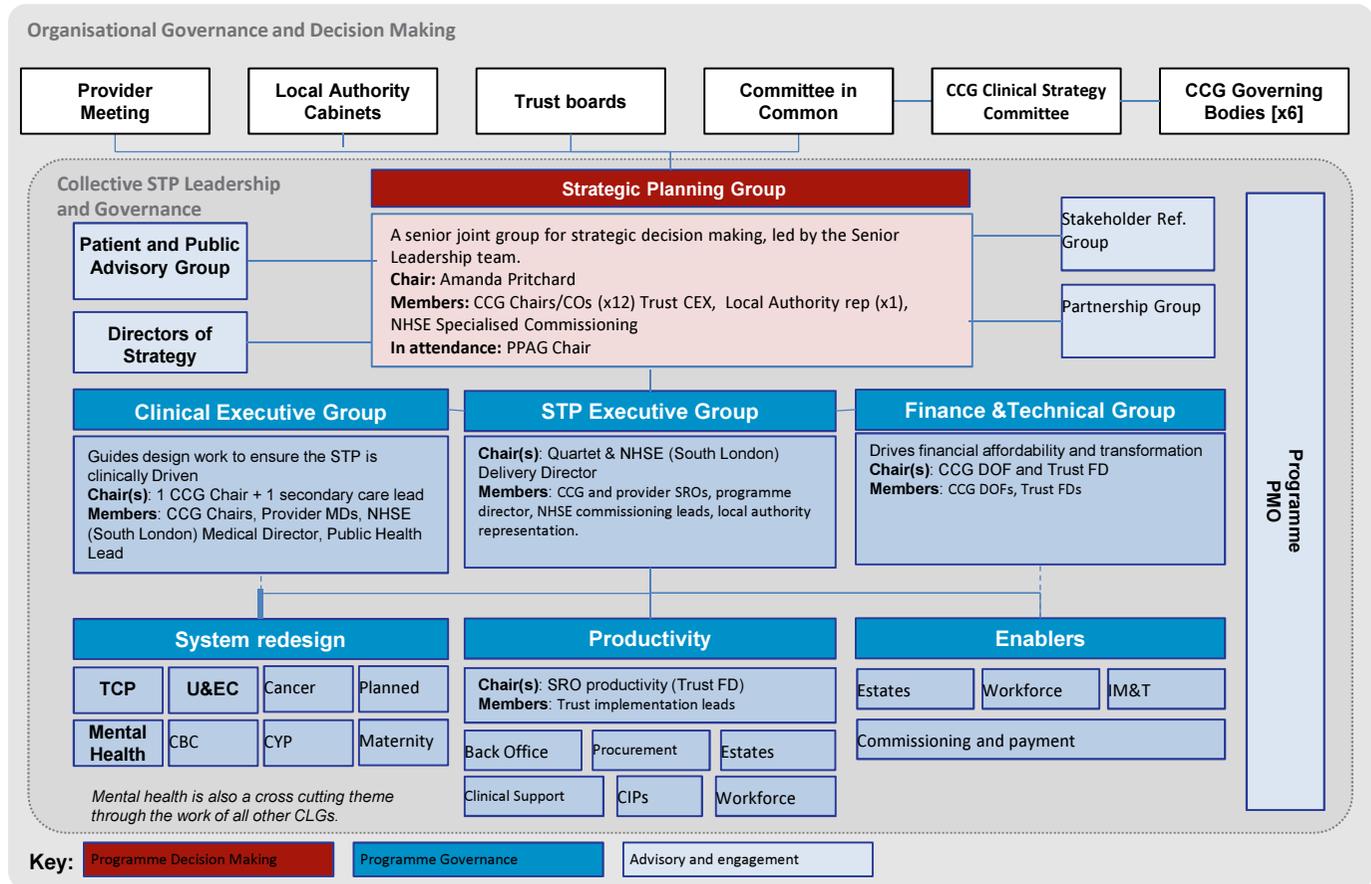
Over the next five years we will:

- Support people to be in control of their health and have a greater say in their own care
- Help people to live independently and know what to do when things go wrong
- Help communities to support each other
- Make sure primary care services are consistently excellent and have an increased focus on prevention
- Reduce variation in outcomes and address inequalities by raising the standards in our health services
- Develop joined up care so that people receive the support they need when they need it
- Deliver services that meet the same high quality standards whenever and wherever care is provided
- Spend our money wisely, to deliver better outcomes and avoid waste

STP Governance

STP SRO and Leadership

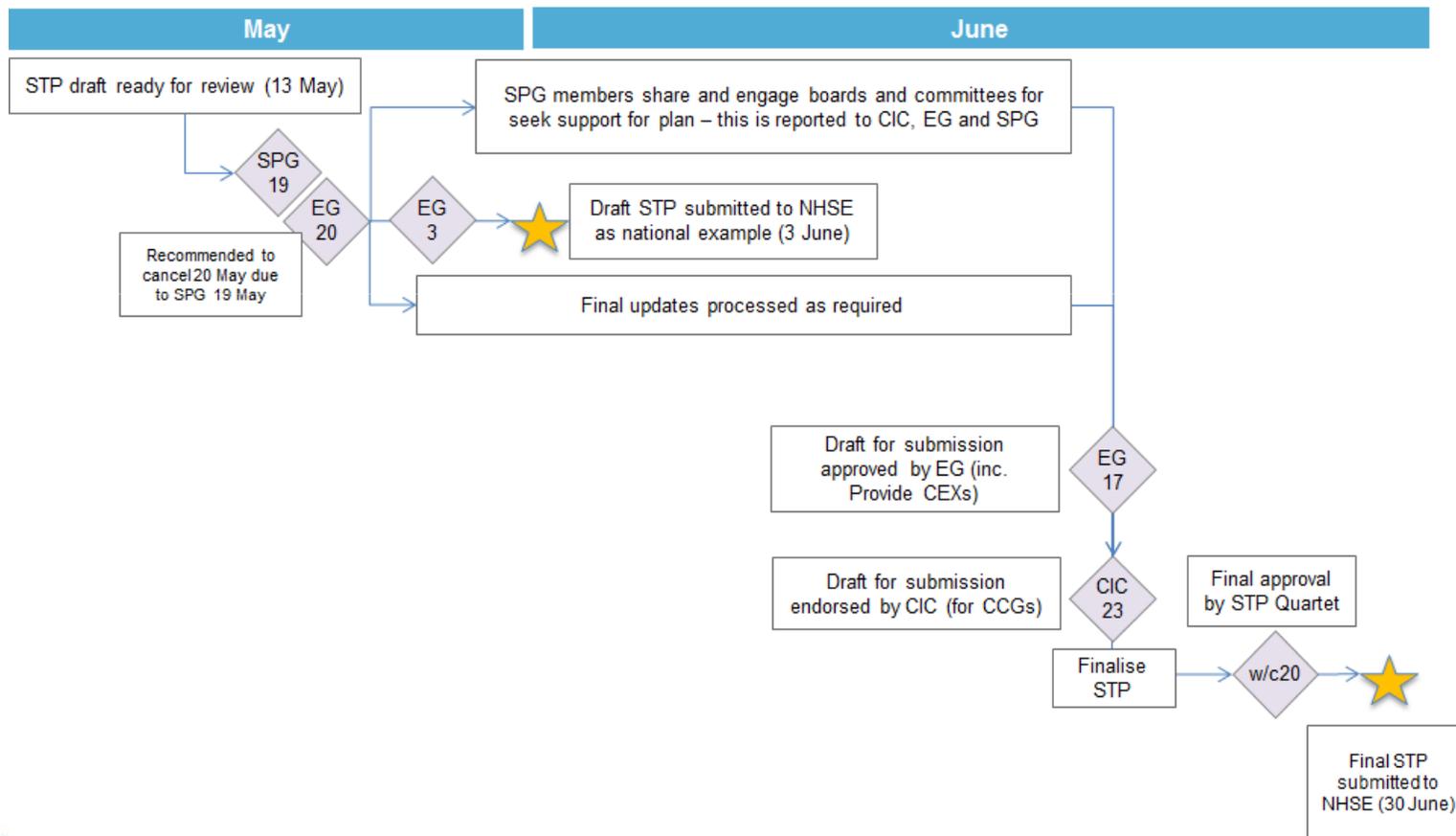
- **SRO:** Amanda Pritchard, GSTT
- **CCG:** Andrew Bland, Southwark CCG
- **Council:** Barry Quirk, London Borough Lambeth
- **Clinical Lead:** Andrew Parsons, Bromley CCG



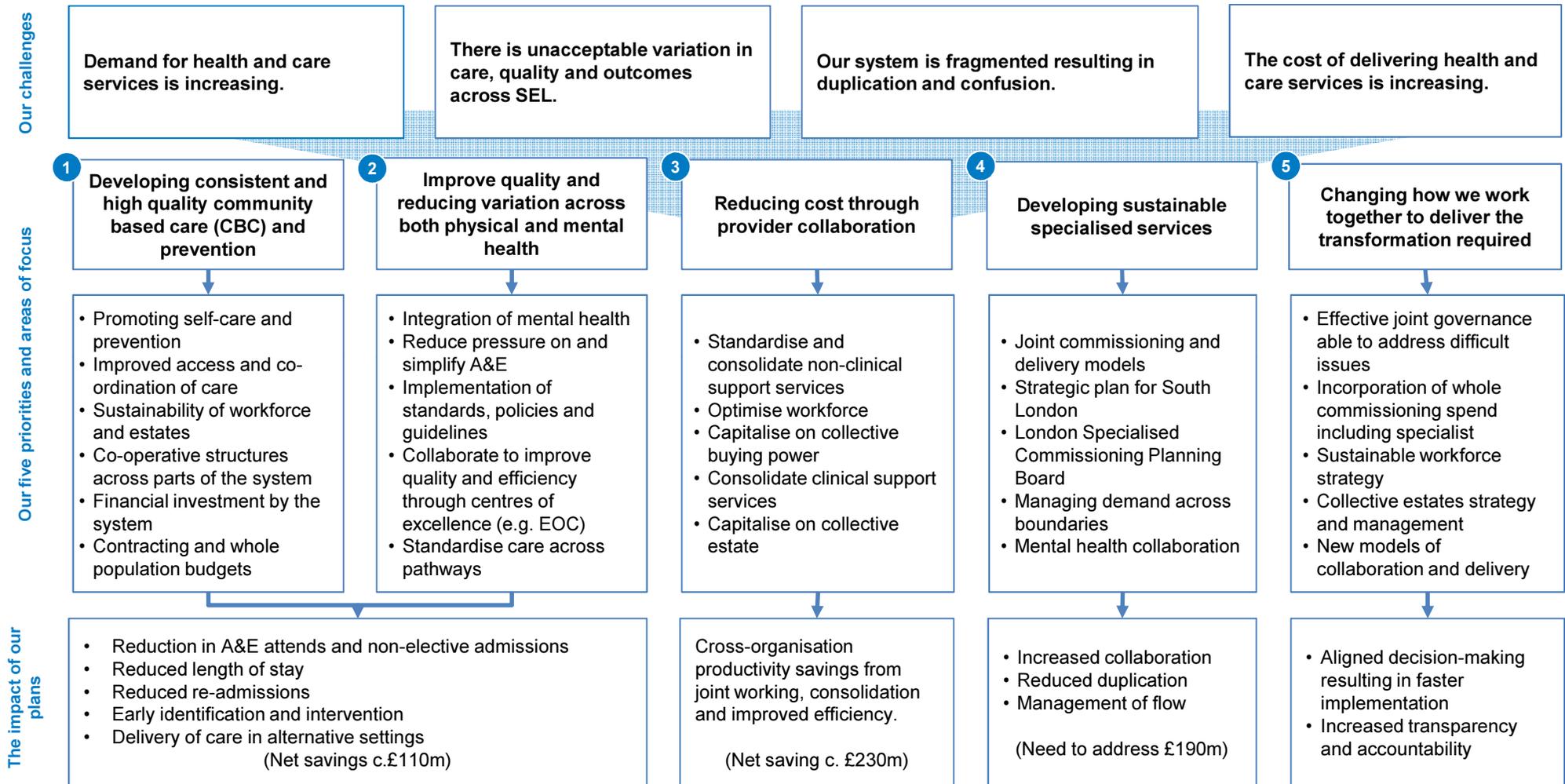
A partnership of NHS providers and Clinical Commissioning Groups serving the boroughs of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, with NHS England

STP: Sign off process for June submission

The STP will be submitted on 30 June in advance of national discussions in July. NHSE have said that there is no need for formal board or governing body approval at this time.



STP: Plan on a page



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STP: Summary of our priorities

- 1**

Developing consistent and high quality community based care (CBC) and prevention

Investment in CBC is essential to transform our system and move towards lower cost, higher value care delivery. Over the next five years we will continue to support the development of LCNs to establish coherent, multi-disciplinary networks that work at scale to improve access as well as manage the health of their populations. This will include fully operational federations and networks; adopting population based budgets and risk-based contracts; and fully integrating IM&T across organisations and pathways. Fully operational LCNs will deliver our new model of care - adopting population based budgets and risk based contracts, supported by sustainable at scale delivery of primary care and enabled by fit for purpose estate and integrated IM&T across their organisations and the pathways the deliver
- 2**

Improve quality and reducing variation across both physical and mental health

We have identified a range of initiatives across our system to improve consistency and standards by working collaboratively. Our main areas of focus are:

 - reducing pressure on A&E by providing high-quality alternatives (through CBC), simplifying access and developing a truly integrated offer;
 - collaborating to improve value within planned care pathways, including the development of centres of excellence. We are starting with orthopaedics before expanding to other specialties;
 - integrating mental health across health and care services adopting the mind/body approach
- 3**

Reducing cost through provider collaboration

Our acute and mental health providers have identified opportunities for reducing the costs of delivering care in 5 priority areas; clinical and non-clinical support services, workforce, procurement and estates. Our immediate step is developing businesses cases for each opportunity and delivering quick wins payroll, workforce and non-clinical sourcing. Over the next 5 years we will continue to look for opportunities in other areas.
- 4**

Developing sustainable specialised services

We wish to develop world class and sustainable specialised services that meets the needs of patients both locally and across England. Specialised services are a significant part of SEL health economy and provide services at a local, regional and national level – a third of patients come from outside of SEL. The size of this service has an impact on the sustainability of our system both in terms of financial sustainability and the quality of other services. Specialised services offer great potential for pathway reconfiguration and service consolidation to support quality improvement and better value for money. We are supporting NHSE to establish a London-wide board.
- 5**

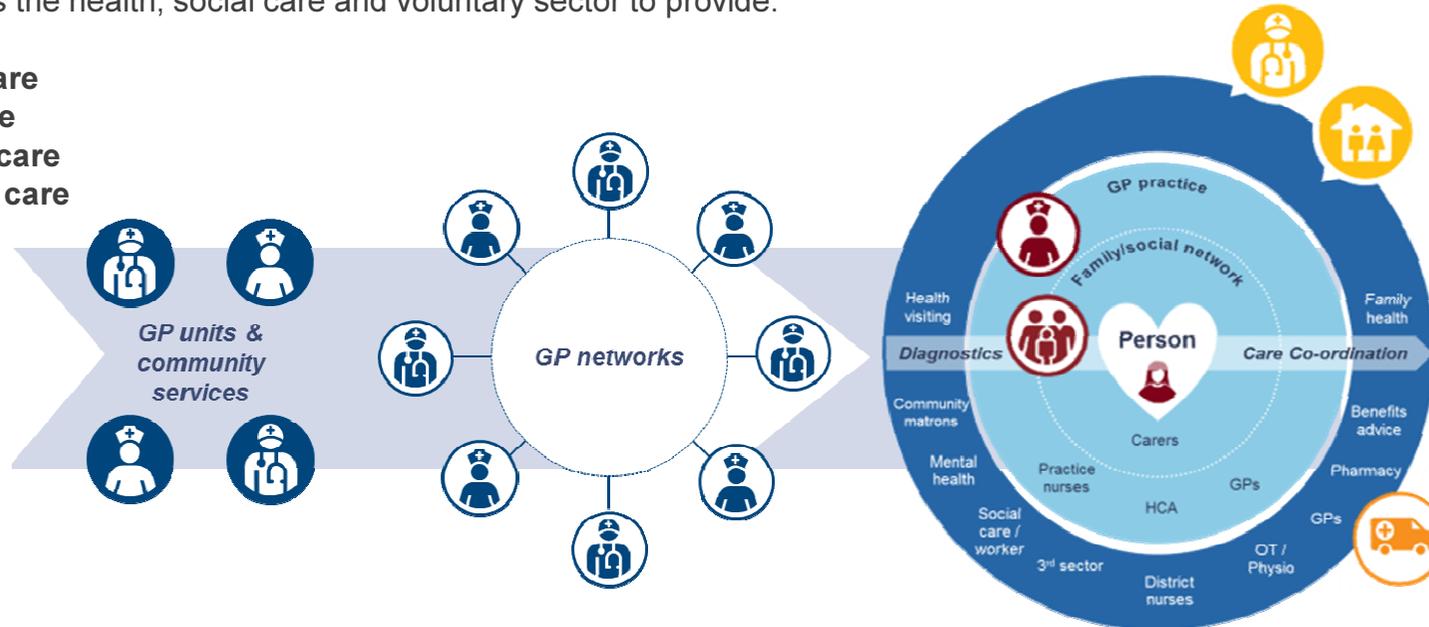
Changing how we work together to deliver the transformation required

To deliver this plan we must establish the right governance, secure appropriate resources and address system incentives. This transformation will mean having to think differently and more radically. Crucially our structures must allow us to make difficult decisions and investment in transformation for the benefit of the system rather than our own organisations. Our immediate priority is developing the appropriate infrastructure to deliver our plan, agreeing roles and functions across the system. We are learning from our acute care collaboration vanguard between Guy's and St Thomas' and Dartford and Gravesham.

1. Investment in CBC is essential to transform our system and move towards lower cost, higher value care delivery

Primary and community care (defined in its broadest sense) will be provided at scale by Local Care Networks and drawing on others from across the health, social care and voluntary sector to provide:

- Accessible care
- Proactive care
- Coordinated care
- Continuity of care



Primary care working within LCNs

Enablers supporting the transformation

The Local Care Networks are the super enabler for integration of services

IM&T, Commissioning Framework, Workforce, Estates, Leadership



2. We have identified a range of initiatives across our system to improve consistency and standards by working collaboratively

	Clinical Leadership Group	High level summary of the model of care	Estimated savings
	Community based care	<ul style="list-style-type: none"> • Delivery of local care networks 	£48m
	Urgent and emergency care	<ul style="list-style-type: none"> • Improving access in Primary Care, in hours and out of hours, to unscheduled care. • Specialist advice and referral. • An enhanced single “front door” to the Emergency Department. 	£71m
	Planned care	<ul style="list-style-type: none"> • Standardisation of planned care pathways. • Enhanced diagnostics. • Elective care centres. 	£41m
	Children and young people’s care	<ul style="list-style-type: none"> • Children’s integrated community teams. • Short stay paediatric assessment units. 	£13m
	Maternity	<ul style="list-style-type: none"> • Early assessment by the most appropriate midwife team. • Access to assessment clinics. • Culture of birthing units. 	£6m
	Cancer	<ul style="list-style-type: none"> • Primary prevention including early detection. • Provider collaboration in treatment of cancer. • Enhanced end of life care. 	£10m
		Net savings after 40% reinvestment £113m	Gross Total £189m

Integrating mental health is a key area of focus across our priorities

Community based care

- Integrated mental and physical health in CBC by aligning services, developing multi-professional working, supporting people with housing and meaningful occupation including employment and increase training of teams within LCNs
- Building mental health into our approach for capitated budgets and risk sharing
- Incorporating mental health into our population health management approach
- Increase early access in primary care
- Tackling wider determinants of health in children and their families
- Improved services for people with dementia

Improving quality and reducing variation across both physical and mental health

- Embed an integrated mind/body approach to support both the physical and mental health of patients and service users
- Deliver quality improvement methodologies across the provider landscape
- Improving timely access to specialist mental health support in the community
- Increase diagnosis rates for people with mental health conditions
- Develop access to crisis care for children and adults
- Explore how we can achieve the four hour target for mental health
- Ensure sufficient and appropriate capacity is available to meet future demand

Improving productivity through provider collaboration

- In addition to our collaborative productivity work we are:
- Establishing a pan-London procurement approach and legal support across south London
 - A joint approach across providers in south London to managing the budget for forensic provision and potentially specialist mental health services for children
 - Collaborative approaches to estates planning to support new models of care and more integrated working

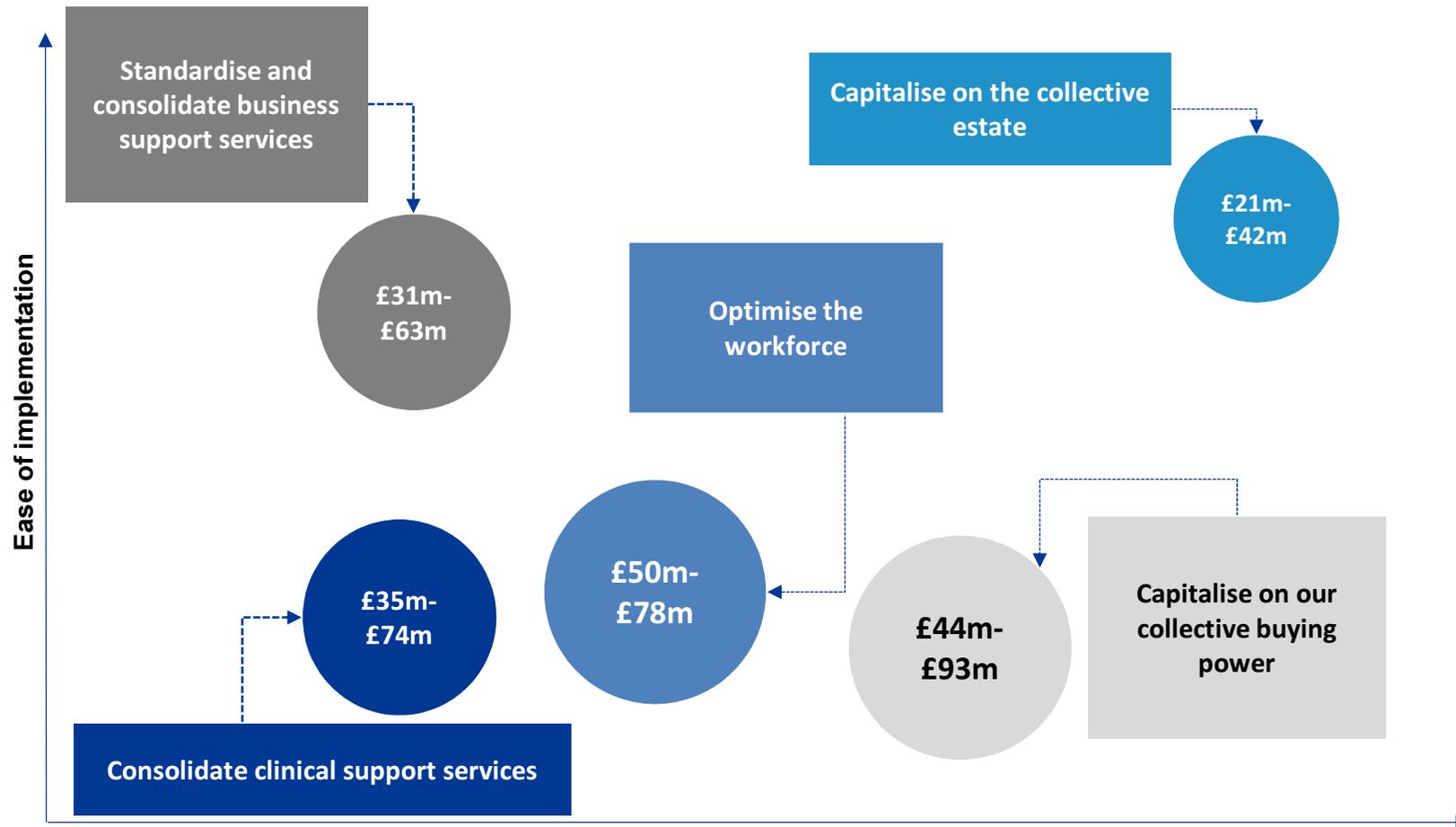
Optimising specialised services

- Establish a joint approach to taking on the specialised commissioning budget
- Collaborative work will be further developed between the three south London mental health trusts to develop a joint approach to taking on the specialised commissioning budget for forensic support

Standardised care across pathways

- Ensure a standardised approach to Making Every Contact Count
- Encourage open and positive discussion about mental health and wellbeing across settings.
- Promote excellence in relation to mental health across all services and conditions
- Increase early identification and early intervention for mental health needs

3. Our acute and mental health providers have identified opportunities for reducing the costs of delivering care in 5 priority areas



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4. We wish to develop world class and sustainable specialised services that meets the needs of patients both locally and across England

We have been working collaboratively with NHSE to develop the specialised content for the STP. We now have a greater understanding of the challenge, the future programme of work and the need to work with colleagues in South London to ensure sustainable and high-quality services.

Involvement to date in developing the STP

- An indicative high-level estimate (in a 'do-nothing' scenario) on the projected specialised commissioning funding gap for the April STP submissions (based on a top-down approach). Updated modelling outputs will be ready for inclusion in the June
- A portfolio of transformation projects, as part of the Healthy London Partnership, is being developed to improve quality, consistency and efficiencies in specialised services. Initial London projects are focusing on: neuro-rehabilitation; CAMHS Tier 4; HIV services and paediatric and neonatal transport

Development of a London-wide programme board

- Given the scale and challenge of specialised commissioning there needs to be a specific London-wide focus on specialised services
- A new regional Specialised Commissioning Planning Board is being set up to include all five STP 'system leaders', representatives of specialised providers and national and neighbouring regional specialised commissioners to set strategic direction and priorities

Sustainable services across South London

- There are potential opportunities for reviewing current service provision across South London and discussions have started between NHSE, and SEL & SWL STP leads

5. To deliver this plan we must establish the right governance, secure appropriate resources and address system incentives

- **Balancing system benefit and impact on individual organisations** to make decisions that are in the best interest of patients and sustainability of the system
- **Aligning transformation funding to the objectives of the STP** by building processes to ensure that investment across the system supports our collective vision
- **Investing in shared planning and delivery** to ensure that a collaborative approach runs throughout the programme with the appropriate resources
- **Align system incentives** that drive population health and value and shared risk.
- **Have an ongoing dialogue with our stakeholders** through existing and new communication channels
- **A system-wide delivery plan and agreed measures** to monitor the implementation of the STP
- **Working collaboratively across London** with existing partners including HLP
- **Adopting new models of collaboration and delivery** by collaborating and learning lessons from local and national vanguards

