



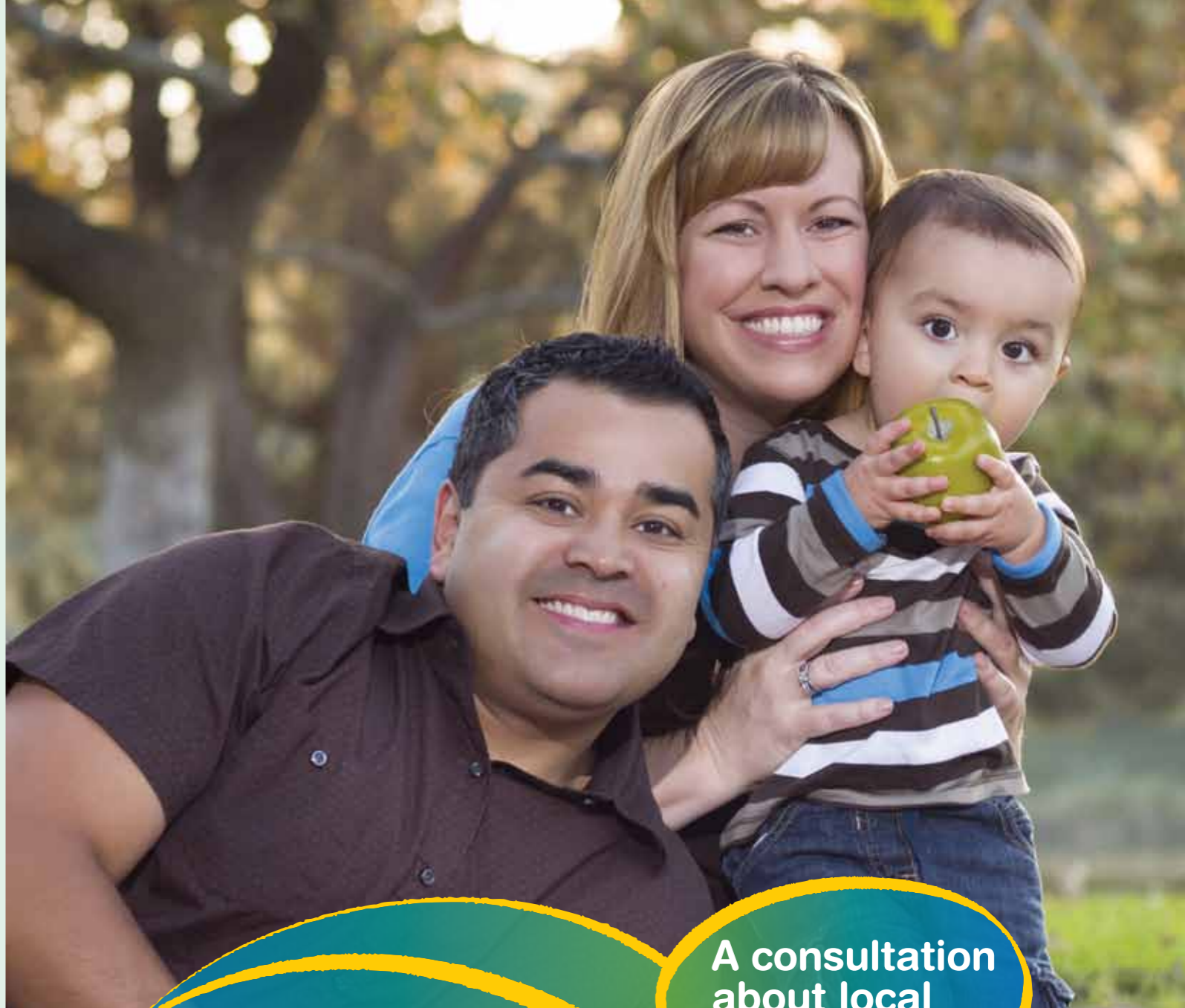
Improving health services in Dulwich and the surrounding areas

A consultation about local services

If you have any questions or need help to respond, please contact **Opinion Leader**, by calling Freephone 0808 178 9055 or emailing smulcahy@opinionleader.co.uk

This document is available on our website at www.southwarkpct.nhs.uk

From 1 April 2013 it will also be available on the new NHS Southwark Clinical Commissioning Group website www.southwarkccg.nhs.uk



Improving health services in Dulwich and the surrounding areas
Summary document

A consultation about local services

**NHS Southwark Consultation
Facts International
Ashford
TN24 8BR
Freepost HS 464**

28 February – 31 May 2013
www.southwarkpct.nhs.uk

NHS
Southwark
Clinical Commissioning Group

Dulwich, Nunhead, Herne Hill, south Camberwell and south Peckham

Improving GP and community healthcare in Dulwich and the surrounding areas

Your local NHS, led by GPs and other healthcare professionals, is planning some improvements to how GP and community healthcare is delivered in Dulwich and the surrounding areas. In this summary, we outline the main elements of our proposals.

We'd like to hear your views and suggestions for how these proposals could be improved, or any alternative suggestions you may have in addition to our proposals.

The proposals are described in more detail in our full consultation document. This can be downloaded from our website or you can get a copy sent to you by completing and returning the Freepost postcard on the back of this leaflet. You can feedback via our consultation questionnaire or by coming to one of our meetings or drop-in sessions.

See page 10 for details of our public meetings and drop-in events

In our consultation, we are asking for your views on the range of health services that might be available in Dulwich and the surrounding areas and two different ways they could be delivered.

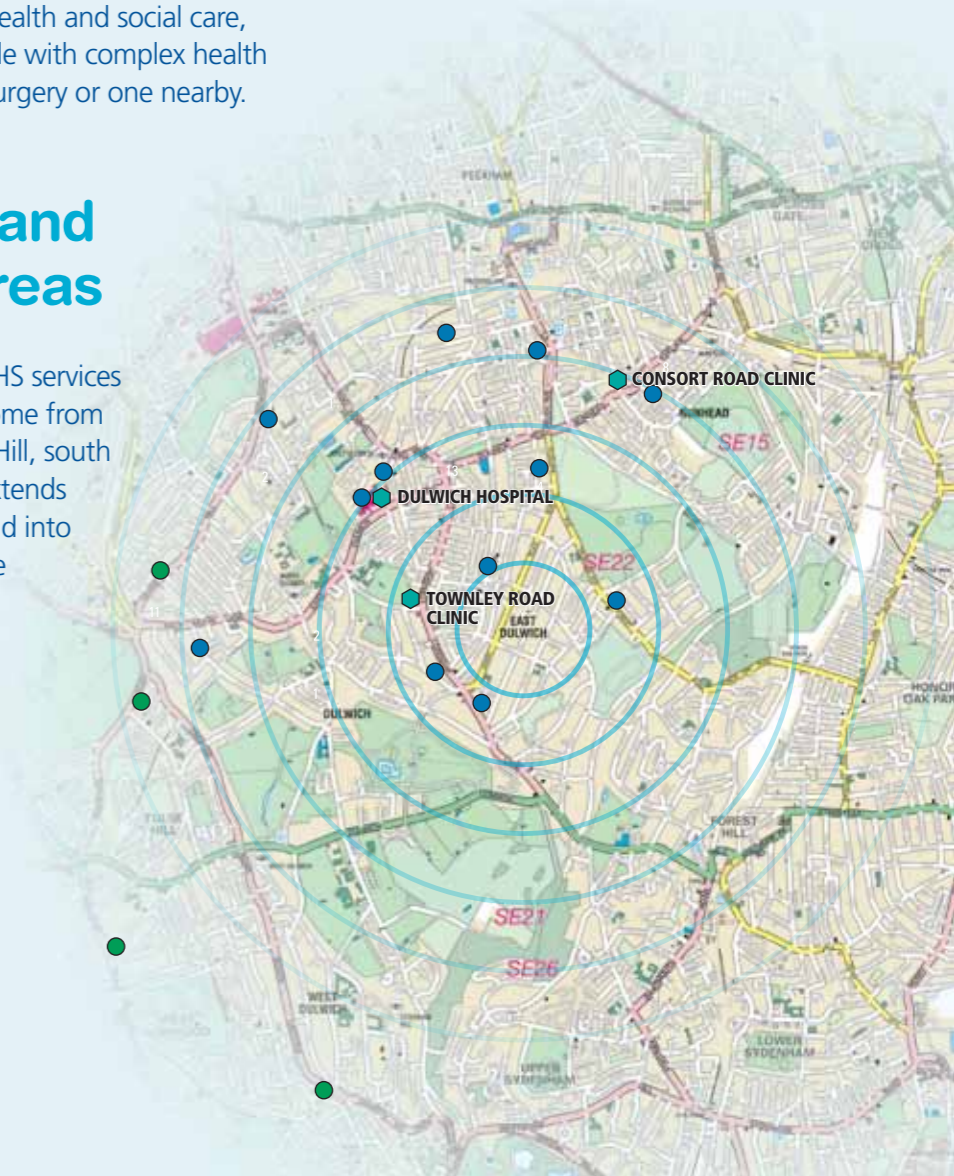
Our proposals look at services you receive outside large hospitals. These are often called 'primary and community health services':

- The healthcare you receive from your GP or practice nurse
- Healthcare that you receive because you live with a long-term condition that does not need ongoing support from hospital clinicians
- Healthcare you receive because you are pregnant or have just given birth
- Some less complex health tests, such as blood tests and ECGs
- Care offered by those working outside hospitals, who have specialist knowledge about specific conditions (such as a GP or nurse who specialises in diabetes or dermatology)
- Integrated care that brings together health and social care, to support the independence of people with complex health conditions and might be at your GP surgery or one nearby.

A map of Dulwich and the surrounding areas

This map shows where patients using NHS services in Dulwich and the surrounding areas come from and includes Dulwich, Nunhead, Herne Hill, south Camberwell and south Peckham. This extends beyond the boundaries of Southwark and into Lambeth and Lewisham and includes the 12 GP practices shown.

- ◆ NHS Facilities
- NHS Southwark GP practices
- NHS Lambeth GP practices



NHS Services in Dulwich and the surrounding areas – serving a diverse and growing population

We have developed our proposals to ensure that the services provided by the NHS in south Southwark meet the health needs of local people.

Southwark is a small, densely populated inner London borough. The population is relatively young and ethnically diverse, with significant contrasts of wealth, poverty and educational achievement. In recent years the numbers of very young and very old people has increased, and continues to do so.

Life expectancy for local people has improved in recent years, but needs to improve further, especially for people living in the more deprived parts of the borough. In south Southwark there are some particular challenges we want to address. They include lower life expectancy due to heart disease and cancer and variable access to GP services. There are also significant numbers of people with long-term conditions - for example, high blood pressure, diabetes, coronary heart disease and severe breathing disorder (COPD) – who need greater support, close to home.

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Local people and our health challenges

Demographics

Southwark is a densely populated, geographically small inner London borough. The population is relatively young, ethnically diverse, with significant contrasts of poverty and wealth. There is a wide distribution in educational achievement, access to employment and housing quality.

Health inequalities

Major health indicators such as mortality and life expectancy have improved, but there are significant inequalities in these indicators for people in more deprived parts of the borough.

Population

Estimated at 285,600, Southwark is London's second largest borough. This increased by 37,700 over the last 10 years and is estimated to increase by 37,500 between 2010 and 2020.

Deprivation

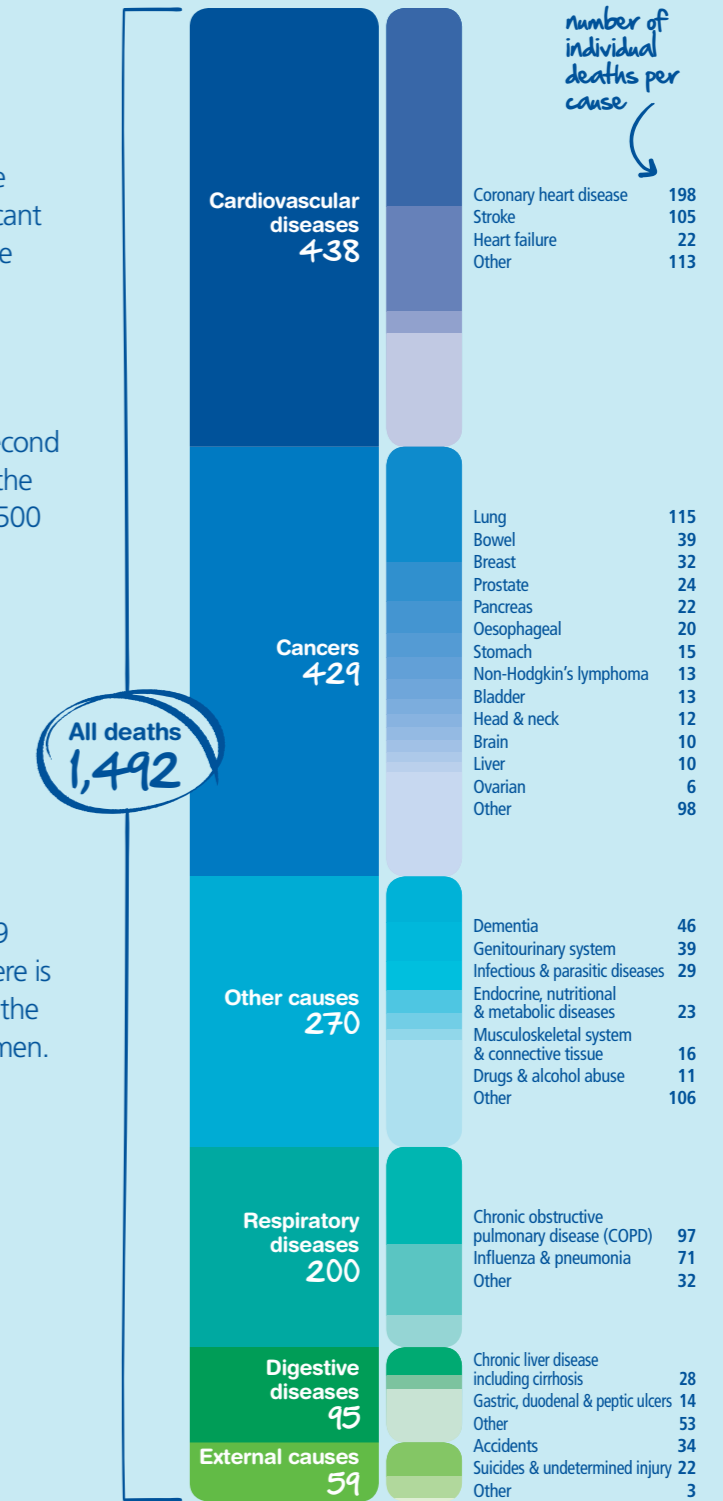
Improved in recent years but still remains the 12th most deprived London borough with pockets of high deprivation remaining.

Life expectancy

Women in Southwark can expect to live for 82.9 years, men 77.8 years. Despite improvement there is still a significant gap in life expectancy between the best and worst off areas, for both men and women.

Cause of death

Average annual number of deaths among Southwark residents by cause (2007-9)



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The right care in the right places

In our proposals we're suggesting that services used by four different groups of patients could be available in your local GP surgery, one nearby, or in a health centre that is likely to be on the Dulwich Community Hospital site.

We'd like to hear which services you think local people should have access to outside major hospitals, in GP surgeries, health centres and other community settings.

Group 1 Healthcare for everyone – if you're feeling unwell or need advice and reassurance	Group 2 Healthcare for everyone – helping you stay well and preventing ill health developing	Group 3 Women who are pregnant and families with very young children	Group 4 People with long-term conditions and older people
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In all general practices?

Group 1 Traditional GP services for people who are or believe themselves to be ill Extended hours Dressings & post-surgery wound care	Group 2 NHS Health checks Help to stop smoking Flu immunisation Bowel screening Chlamydia screening Screening for cervical cancer	Group 3 Maternity care Child health clinics Childhood immunisation Chlamydia screening Reproductive health	Group 4 General care of people with long-term conditions; Mental health care needs Integrated case management Counselling
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At a nearby general practice or in the health centre?

Group 1 Minor surgery Pain management Physiotherapy for bones & joints More complex skin & headache care Other more complex care in the future Blood tests More specialist wound care for people following an operation	Group 2 Alcohol reduction & substance misuse support Dietetics	Group 3 More complex gynaecology	Group 4 Memory clinics for people with dementia Counselling for stress & anxiety (IAPT)
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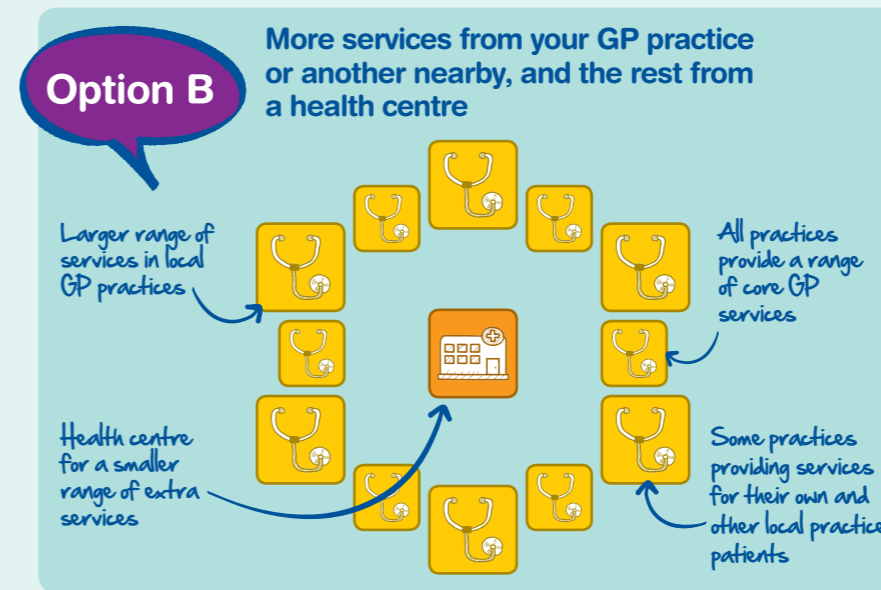
In the health centre?

Group 1 A pharmacy Minor surgery Physiotherapy for bones & joints Some diagnostics including ultrasound	Group 2 Specialist help to stop smoking Mental health support including counselling, groups, memory clinics Weight management Breast screening Group meeting space	Group 3 Complex contraception services Child health clinics Parent craft and antenatal clinics	Group 4 Specialist support for people with long-term conditions: Diagnostic tests such as blood tests, Echocardiogram, 24 hour blood pressure monitoring Therapies: Physiotherapy Occupational therapy Dietetics, podiatry Mental health support Other services: Care for people taking warfarin and other blood-thinning products Leg ulcer clinics Hearing aid support Eye care for diabetics Renal dialysis Support for carers
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What do you think is the best way for people to access these services?

How do you think these services should be organised?

We want to organise services in a way that makes them easy for you to use, and puts NHS care in the most appropriate settings for different groups. In our consultation we propose two different ways you could get your healthcare in the future, and explore the advantages and disadvantages of these options.



For patients, there are a number of benefits to having local health services organised in this way.

- ✓ There will be a wider range of services in community settings, which means that you will not have to travel so far for many services.
- ✓ If you are living with a long-term condition, you will be seen in community settings that are local to you, by a specialist team who will get to know you well and look after you. The need to visit large acute hospitals will be reduced.
- ✓ Access to flexible spaces for all GP practices will enable your GP practice to offer you a wider range of services, even if they do not have the room in their own surgery.
- ✓ The NHS will be using your money more wisely, by providing services mostly in buildings that either already exist or are the right size, modern, and built to good environmental standards. New or refurbished buildings will be fully accessible.
- ✓ Option A offers a wider range of services under one roof, but a smaller range of services in your GP practice.
- ✓ In Option B, your GP practice, or one nearby, will offer a wider range of services if they have the skills, capacity and space.

What do you think of our proposals?

We are also interested in hearing any other suggestions you may have. Tell us using the questionnaire or at www.southwarkpct.nhs.uk



Making better use of NHS money

Across the NHS we are looking at ways in which we can deliver services more efficiently. Demand on health services is increasing at a pace beyond the growth in health service budgets and so we are being challenged to find different ways to ensure people have access to high quality care.

In developing our proposals we have looked at what it might cost to deliver the kinds of services we are proposing, and the costs of the buildings where they might be delivered. This includes building a new centre for some services or refurbishing part of the existing Dulwich Community Hospital building.



We want to hear your views on our proposals

This leaflet provides a very brief overview of our proposals. The full consultation document describes our proposals in more detail and asks for your response to them. We are also asking if you have any other suggestions for local services, and the right way to organise them.

You can read the full consultation document by downloading it from our website at:

www.southwarkpct.nhs.uk

You can also return the freepost postcard to our independent partner, Opinion Leader, to receive one in the post, request one by contacting Sarah Mulcahy on smulcahy@opinionleader.co.uk or Freephone 0808 178 9055.

Copies of the full document will also be available from local libraries, GP surgeries and other health centres.

The document will also be available in easy read, audio, large print or Braille format on request, and we can provide support if you need help to respond.

This consultation will run from 28 February – 31 May 2013.

All responses go directly to Opinion Leader – an independent company who are receiving your responses on behalf of the NHS and will report back what you have told them. The local NHS will not see your individual responses.

If you have specific concerns about any health service you receive and would like to speak to someone about them, or have a complaint about this consultation, please contact PALS (Patient Liaison Service) on 0800 58 77 170.



You can also visit our exhibition at Dulwich Community Hospital to find out more.

Find out more

If you would like to find out more about our proposals there a number of opportunities:

Public meetings

We will be holding two public meetings as part of the consultation. These deliberative events have been designed to give an opportunity for discussion and debate about our proposals, will provide an opportunity to ask questions and also if you wish to offer your own proposals. Please book in advance for these events.

These will take place at:
St Barnabas Church,
Calton Avenue,
London, SE21 7DG

Tuesday 30 April in the evening from 19:00
Wednesday 22 May in the afternoon from 14:00

To take part in one of these meetings please contact us to book a place. You can do this by calling 0800 148 8572 or online at www.southwarkpct.nhs.uk

Drop-in sessions

If you have specific questions or concerns that you would like to raise in person please come to a drop-in session. There is no need to book for these events, just turn up.

Gaumont House Surgery
153 Peckham High Street, Peckham, SE15 2AU
Wednesday 1 May from 10:00 to 12:30

Dulwich Community Hospital
East Dulwich Grove, Dulwich, SE22 8PT
Wednesday 8 May 2013 from 18:00 to 20:00

We are happy to attend local community meetings to talk about these plans.



Please send me a copy of the full consultation document

Complete, detach, fold, seal & post

No stamp required

Mr/Mrs/Ms:

First name:

Last name:

Address:

Postcode:

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