

Active People Goals	Implementation Plan Measures	Timescale / Milestone	Progress	RAG
We will seek to tackle physical and mental health inequalities and celebrate the rich diversity in the borough	Engage the Black swimming association to develop provision in the borough.	Mar-24	The Black swimming association ran 4 programmes in Lewisham (Downham Health and Leisure Centre, Wavelengths Leisure centre and Glass Mill Leisure Centre), engaging c70 residents from ethnic minority backgrounds overcome fears of water.  Sessions garnered a visit from Rt. Hon Stuart Andrew Parliamentary Under-Secretary of State for Equalities.	Green
	Engage Sporting recovery to expand mental health programme delivered at Ladywell arena to other facilities in the borough.	Apr-24	Supported Sporting Recovery in receipt of available funding from Disability Sport Coach. Gym, Yoga, Tennis and social activities delivered at Ladywell Arena every Thursday from 1 - 4pm.	Yellow
	Map and promote current outdoor activity provision taking place in Parks and Opens Spaces across the borough	May-24	Officers working with London Sport to create Get active Lewisham <a href="https://getactive.io/area/LEWISHAM/">https://getactive.io/area/LEWISHAM/</a> - a physical activity finding platform which enables clubs and organisation to upload and update their activity information. This enables residents to find activities close to them using their postcode and the the activity they want to take part in.	Green
	Promote Healthy Walks programme delivered by Enable	Ongoing	Healthy walks programmes run by Enable are advertised on our webpages.	Green
	Support Main Grants funded clubs/organisations (6 organisations) with their project delivery	Quarterly monitoring	Officers are in regular contact with Main Grants funded organisations, with quarterly monitoring meetings taking place.	Green
We will work collaboratively with internal and external partners to tackle health, wellbeing and economic inequalities	Establish Lewisham Physical Activity Stakeholder group and coordinate quarterly meetings to be hosted by LBL	Apr-24	The formation of a stakeholder group was not formed in year 1 as Sport and Leisure are present at many cross cutting stakeholder group meetings covering a lot of similar themes. Also, many of the objectives did not require stakeholder meetings. Future stakeholder group formation reviewed on a continued basis.	Red
	Create Leisure Centre concessions membership communications plan for quarterly engagement.	January 24, quarterly thereafter	Communications plan in place and discussed on a monthly basis. Social media notifications delivered on a quarterly basis, with targeted activities delivered across national fitness day.	Green
	Support Public Health in roll out of Community Grants programme for Physical Activity and Health programmes	Feb-24	Budget underspends utilised in other areas - district football team, talent bursary contribution.	Red
Ensure older residents have a variety of activities	Leisure Centres to provide guidance on sessions specifically suitable for older residents	Reviewed every 3 months in consultation with residents groups	Programmes of activity aimed at older people delivered across both Leisure contracts, including activities leading up to participation in GLL's Club Games - a festival of sport created for participation by oldr adults aged 50+. Lewisham placed 4th across GLL managed boroughs in London and the south east.	Green
	Creation of an older residents activity resource (booklet)	Jun-24	Older adults physical activity programmes created by leisure contractors.	Yellow
	Support borough leisure centres to achieve and maintain Dementia friendly status	Apr-24	Achieved and maintained.	Green

Ensure a range of leisure facilities are available to help encourage uptake and maintenance of regular physical activity	Ensure Adult Social Care presence at quarterly stakeholder meeting	Quarterly engagement	Although quarterly stakeholder group was not formed in the first year, Sport and Leisure met with Unpaid Carer team on a weekly basis creating and monitoring carers hub at Glass Mill Leisure Centre as well as session deliver in other centres across the borough.	
	Consult with POSAC & Age UK (Lewisham/Southwark) to ensure we are developing programmes and activities to support our older residents	Jan-24	Activity programmes aimed at older residents have been developed across leisure contracts. However, these programmes were not designed in conjunction with Age UK and POSAC. Consultation to be rescheduled for year 2 implementation plan.	
	Continue to support the growth of Lewisham Indoor Bowls Club	Ongoing	Continued work with Lewisham Indoor Bowls Club and GLL to ensure club development. Membership for the last two indoor seasons has been over 300.	
Encourage uptake of sport and physical activity by women and girls	Host 2 Sports coaching courses in the borough	Oct-23	2 Lifeguard and swim teachers training courses delivered at Glass Mill Leisure centre and Downham Health and Leisure Centre.	
	Establish number of Wildcats girls football sessions offered in the borough	Jan-24	FA Wildcats sessions delivered at Bellingham Leisure and Lifestyles Centre, Sedgell School, Dalmain and Turnham Primary Schools.	
	Support Leisure contractors to develop women and girls communications plan	Jan-24	Worked closely with GLL to ensure development of womens only programme at leisure centres. Survey's conducted to ensure the views of female membership base are heard and considered.	
Reduce number of children registered as Overweight / Obese in reception and Year 6 by 2%	Support uptake of Henry Programme (Childhood obesity prevention programme)	Jan-24	Henry programme information shared through Leisure contractors. Work still to be done on better supporting programme completers be offering Leisure centre incentives.	
	Support Public Health in the delivery of Daily Mile in schools (increase number of schools engaged to 50+ (currently delivered in 47 schools))	Oct-23	Information on the benefits of taking up the Daily Mile, sent to schools via schools mailout list.	
	Update schools newsletter with relevant/local physical activity programmes	Each Quarter	Relevant information included in schools newsletter as and when required. London Youth Games, Cross Country and afterschool activities disseminated via schools newsletter.	
Increase opportunities for people with disabilities to access physical activity	Maintain and promote free access to Leisure Centres in the borough via the Be Active programme	Quarterly	Free access to Leisure centres maintained for residents with disabilities. Leisure centre participation increased by 3,273.	
	Assist Disability Sport Coach in administration of funding programme (distribute £9k funding locally)	Mar-24	Funding awarded to Sporting recovery to deliver a programme of activity aimed at individuals with mental health issues and learning difficulties at Ladywell Arena.	
	Support local clubs/organisations to become inclusive through the delivery development workshops	Two workshops delivered	Disability Sport Forum, run in conjunction with Access Sport and London Sport. Opportunities for development and trianing offered on a regular basis.	
<b>Active Environment Goals</b>	<b>Implementation Plan Measures</b>	<b>Timescale / Milestone</b>	<b>Progress</b>	<b>RAG</b>

Ensuring all residents benefit from, clean, safe and trusted environments for physical activity	To work closely with Planning and Regeneration to embed physical activity into local policy	Quarterly	Discussion take place on a regular basis. Sport and Physical Activity now part of the discussion for new developments delivered in Lewisham Central. Developers aiming to include physical activity options in new building developments and open to working with local providers to offer options for residents.	
	Support uptake of Healthy Street concept, integrating this into local regeneration schemes	Quarterly	Leisure contractors plan leftlet drops within new developments.	
	To engage Community Safety Team to ensure physical activity places/spaces are safe and monitored	Quarterly	More work is required to ensure concept is understood and adopted.	
	Work with Friends of parks groups to consult with organisations to understand physical activity support needs	Quarterly	Working closely with teams around reports of physical activity in the South of the borough.	
	Support and promote and administer the implementation of a Sports Pitch bookings platform	Mar-24	Community Safety engaged around occassional reports of vandalism and trespassing around local tennis courts	
			Friends of Parks groups engaged around new opporunities for physical activity within relevant parks.	
Make more and better use of the parks and open spaces in the borough by activating the communities that surround them.	Support the facilitation of 10 forest schools	Annual review	Groups engaged for Tennis court and muga developments in the following parks: Telegraph Hill, Mountsfield Park and Hilly Fields.	
	Promote and administer the Play Tennis Lewisham Scheme	Ongoing	All bookings for football and cricket administered via the Eventapp booking platform.	
	Upgrade Tennis courts at 5 park locations across the borough (Ladywell Fields South, Chinbrook Meadows, Telegraph Hill, Mountsfield Park, Hilly Fields)	Apr-24	5 Forest schools delivered across the borough.	
	Deliver the expansion of the Play Tennis Lewisham Scheme in the 5 newly upgraded parks across the borough	Apr-24	Promotion of opportunities to take place as and when they arise.	
	Explore funding opportunities to deliver a full sized 3G football pitch in the borough	Feb-24	Administration administered on an ongoing basis. Participation figure increased by 6,827 after the introduction of the newly developed courts at Hilly Fields, Telegraph Hill, Catford Bridge and Chinbrook Meadows.	
			As above, the tennis courts at Hilly Fields, Telegraph Hill, Catford Bridge and Chinbrook Meadows were upgraded and added to the Play Tennis Lewisham Platform. Survey's deamed the courts at Mountsfield Park were not viable due to tree root ingress on the courts.	

	Support installation and activation of 3 new outdoor gyms and Mountsfield Park, Durham Hill and Foster Park		Sep-23	Installtion of each outdoor gym complete	
We will work toward improving access to school facilities for community use	Engage local schools to explore opportunities to expand community access outside of school hours		Sep-23	Most schools across the borough hire facilities to community organisations outside of school hours, although pricing varies.	
	Ensure CYP representative attends quarterly physical activity stakeholder meetings.	Quarterly		The formation of a stakeholder group was not formed in year 1 as Sport and Leisure are present at many cross cutting stakeholder group meetings covering a lot of similar themes. Also, many of the objectives did not require stakeholder meetings. Future stakeholdr group formation reviewed on a continued basis.	
Offer support to the Cleaner, Greener agenda by promoting opportunities for active travel.	Support the School Streets already in place across the borough, working with school contacts to expand the initiative where possible		Sep-23	Facilitation of school streets programme uptake offered to schools. Communication taking place with schools on an ongoing basis with targetted school streets information to be sent periodically.	
	Work with physical activity organisations to develop and promote active travel plans		Dec-23	Leisure contractors maintain active travel plans for each of their leisure centres, promoting public transport routes to each facility.  Cycle parking facilities in place at each leisure centre.  Exploring options for the installation of dockless bike bays a Forest Hill and Downham Health and Leisure Centre	
	Support and promote the bike loans scheme through the borough.	Ongoing		As above .	
Making use of more non-traditional spaces to encourage the least engaged members of our community have easy access to sport and physical activity.	Map and promote facilities throughout the borough (e.g. church halls and community centres) that can be hired for Sport/physical activity		Jun-24	Mapping continuing on an ongoing basis. Organisations that deliver Sport and Physical activity in non-traditional spaces encouraged to advertise sessions on Get Active Lewisham platform.	
	Explore opportunities to develop a physical activity hub in Lewisham Shopping Centre		Mar-24	Physical activity delivery is a consistent aspect of the Leiwsham CommUNITY Space in Lewisham Shopping Centre. Boxing, parent and toddler and yoga delivered by community organisations on a weekly basis.	
Continue to provide clean and well-maintained leisure facilities as well as explore opportunities for new provision in the south of the borough.	Create and implement Be Active programme communications plan	Quarterly		As above	
	Support Leisure operators to return to pre-pandemic participation figures		Dec-23	Centre membership within GLL managed facilities up 8% on pre-pandemic membership figures.  Centre membership at Downham Health and Leisure Centre down 20% compared to pre-pandemic membership figures.	
	Support the delivery of a new/relocated health suite at Glass Mill Leisure centre		Mar-24	Health suite relocated to the changing village from the orginial location on the first floor. Usage of the new facility has improved as well as the ability to administer housekeeping routines.	
	Support the delivery of the HAF programme within Leisure Centres		Dec-23	HAF programmes delivered at Downham Health and Leisure Centre, Bellingham and on the outdoor facilities at the Bridge Leisure Cenre through each scholl holiday.	

	Work alongside Planning/Regeneration to explore options to re-develop the Bridge Leisure Centre		<p>The 3g football pitch and accompanying MUGA are in use to deliver community football session for local young people.</p> <p>Usage of the grass football pitches on a weekly basis.</p> <p>Development of an expression of interest for the car park area underway to explore appetite for temporary development for physical activity delivery.</p>	Sep-23	
Active Systems Goals	Implementation Plan Measures	Timescale / Milestone	Progress	RAG	
Ensuring residents understand the strong links between physical activity and health and wellbeing.	Create community pathways to physical activity via local social prescribers/community champions	Ongoing	Working with London Sport to integrate activities uploaded on Get Active Lewisham (physical activity finder), to pull through to the Joy application; a social prescribing app Lewisham are signed up to.		
	Engage religious leaders in the borough to create physical activity pathways		Dec-23 Unable to establish key contacts through year 1.		
	Ensure physical activity messaging is a key part of public health messaging	Quarterly	Strong working links with public health team, aligning the Henry programme, ensuring leisure centres adhere to healthier foods charter and exploring commissioning physical activity services.		
The physical activity workforce will be invested in to ensure they gain the confidence and skills need to support and encourage residents to lead active lives	Work with physical activity training providers to offer 4 workshops/training opportunities for boroughs workforce	Quarterly	Free Swim teacher and lifeguarding courses delivered throughout the year by leisure contractors.  Free Tennis coaching opportunities available for individuals that volunteer for free parks Tennis delivered in the borough.		
	Work with Lewisham Football Partnership to consult with wider football community to assess training/development needs.	Quarterly	Lewisham Football Partnership (LFP) lead on communication with wider local football community, with regular updates via what apps group. Regular meetings with LFP Chair to discuss needs of the community. LFP lead on delivery of District football team.		
Physical Activity will be a visible and pro-active health and social care pathway	Ensure Adult Social Care representative attends quarterly physical activity stakeholder meetings.	Quarterly	Although quarterly stakeholder group was not formed, Sport and Leisure met with Unpaid Carer team on a weekly basis creating and monitoring carers hub at Glass Mill Leisure Centre as well as session deliver in other centres across the borough.		
We will support clubs and organisations to increase the numbers people volunteering to provide physical activity	Establish baseline figure of physical activity volunteer workforce within the borough.		Jun-24 Unable to establish baseline number due to fluctuations in volunteer workforce. Clubs encouraged to promote volunteering opportunities via Lewisham Local on a regular basis.		
	Work with educational institutions to provide volunteering placement pathways into local club/organisations		Jul-24 Aligned to Lewisham College's Physical Activity Advisory Board, allowing open line of communication with college staff, creating pathways for students into local sporting network. This includes opportunities for work placements, volunteering and workforce training.		
	Ensure Leisure contractors are offering work placement/apprenticeship for local residents (10 apprenticeships/work placements per year).		Dec-23 6 work placements offered across Glass Mill, Forest Hill and Downham Leisure centres.		

Support Leisure activity providers to engage in training, apprenticeship and employment opportunities	Ensure Leisure contractors advertise vacancies through local employment pathways first	Ongoing	Leisure contractors linking in with Lewisham employment hub, advertising all vacancies through this vehicle	
	Establish baseline figure of leisure contractor workforce that are Lewisham residents and encourage minimum 50% local workforce target		Feb-24 The percentage of leisure centre staff from Lewisham fluctuates due to seasonality of Leisure industry (more staff through school holidays). Vacancies always promoted through Lewisham Works and local agencies.	
Ensure sport and physical activity are at the forefront of options for antisocial behaviour and crime interventions.	Ensure Adult Social Care representative attends quarterly physical activity stakeholder meetings.	Quarterly	Although quarterly stakeholder group was not formed in the first year, Sport and Leisure met with Unpaid Carer team on a weekly basis creating and monitoring carers hub at Glass Mill Leisure Centre as well as session deliver in other centres across the borough.	
	Work to establish 1 joint physical activity-based crime intervention programme		Jun-24 Crime intervention engagement at Downham Health and Leisure Centre. Exploring the possibility of funding opportunities for intervention programmes at the centre using local providers.	
	Work with Millwall in the Community and Lewisham Football Partnership to provide 3 place based Friday night football sessions across the borough		Jun-24 Free Friday night football delivered across Lewisham by Sport Fun 4 All and Millwall Community Trust. Delivery id funding dependant.	