



Children and Young People Select Committee

Report title: Children & Young People's Wellbeing and Mental Health Update Report

Date: 15 June 2023

Key decision: No

Class: Part 1

Ward(s) affected: All

Contributors: Head of Joint Commissioning, CAMHS and EWB Joint Commissioner, SLaM (CAMHS provider)

Outline and recommendations

This report provides the CYP Select Committee with an update on progress to date regarding a range of programmes taking place across the CYP emotional wellbeing and mental health work programme, this includes:

- An overview of current performance of Lewisham CAMHS and waiting times
- An overview of the areas of work relating to CYP emotional and mental health in 2022-23 (implementing the South East London ICS CYP Mental Health and Emotional Wellbeing plan and core offer)
- An update on the spend for CYP emotional and mental health up until 2022-23
- An overview of the planned areas of work for 2023-24

1. Summary

- 1.1. This report provides the CYP Select Committee with an update on current CAMHS performance and waiting times, progress implementing the South East London ICS CYP transformation programme, current spending on mental health and emotional wellbeing, and the direction of travel over the next 12-months (2023-24).

2. Recommendations

- 2.1 It is recommended that the CYP Select Committee note the key updates within the report.

3. Policy Context

- 3.1 Improving children and young people's emotional wellbeing and mental health is a shared key priority for Lewisham Council and the South East London Integrated Care Board (Lewisham Health and Care Board).
- 3.2 Lewisham Council's Corporate Strategy (2022-26) includes specific priorities for improving the health and wellbeing of children and young people in the borough. The Lewisham Health and Care Partnership Strategic Plan also includes specific priorities to build stronger, healthier families and providing whole-family support services. Underpinning both strategies, and central to how our support is delivered, is an unwavering commitment to addressing inequality within our health and social care system and improving access and outcomes for everyone.
- 3.3 The wider CYP Emotional and Mental Health work programme also aligns with, and supports the delivery of, several other strategies in Lewisham, including:
 - South East London ICS Children and Young People Mental Health and Emotional Wellbeing Plan (February 2023)
 - Lewisham's Health and Wellbeing Strategy
 - Lewisham Health and Care Partnership Joint Forward View and Delivery Plan 23-24
 - Lewisham's Health Inequalities Plan and [BLACHIR](#) recommendations
 - Lewisham Early Help and Prevention Strategy
 - Lewisham's Play Strategy
 - Lewisham Local Offer
 - Lewisham Early Years Quality and Sufficiency Strategy
 - Lewisham's Domestic Abuse Strategy
 - Lewisham's SEND strategy
 - Lewisham's Transitions strategy
 - Lewisham's Child Exploitation Strategy

4. Background

- 4.1 There has been a sustained increase in the number of children and young people requiring access to mental health and emotional wellbeing services in Lewisham over the last few years. The bulk of this increase has been seen through an increase in CAMHS referrals over the last few years. Since 2019-20, there has been a 42% increase in referrals to Lewisham CAMHS (1532 referral in 2019-20 and 2175 in 2022-23) and a 52% increase in number of children and young people on the CAMHS caseload. During this period, the total spend on CYP mental health and emotional wellbeing has increased by 52% (2018-19 to 2022-23).
- 4.2 Providers working with children and young people (e.g., youth services, substance misuse services, education providers) have anecdotally reported that they are seeing more children and young people presenting to their services requiring support for mental health and emotional wellbeing. This is a trend being seen across the country and not unique to Lewisham. The Children's Society estimate that young people experiencing mental health problems has [increased](#)

[by 50%](#) over the last three years.

- 4.3 Improving access, early intervention, and the quality of mental health and emotional wellbeing support and outcomes is a key priority for the South East London (SEL) ICB Lewisham Local Care Partnership (LCP) and Lewisham Council. Working collaboratively together, the Council and the ICB are supporting the implementation of the South East London ICS [Children and Young People Mental Health and Emotional Well-being Plan \(February 2023\)](#). The plan is a coordinated, co-produced partnership approach between the six SEL LCPs and councils (Lewisham, Southwark, Lambeth, Bromley, Greenwich, and Bexley) and the mental health trusts (SLaM and Oxleas) to improve the access and quality of mental health and emotional wellbeing for children and young people. The plan consists of 10 key priorities and the establishment of a core offer within each borough.
- 4.4 The 10 CYP transformation priorities within the SEL CYP plan are:
- Managing waiting lists
 - Improving care transitions for 16–25-year-olds
 - Making CYP mental health service more accessible
 - Parental mental health
 - Enhancing mental health and wellbeing in schools
 - Supporting children and young people experiencing trauma and distress
 - Prevention, early identification, and improved offer for young offenders
 - Eating disorders
 - Accident and emergency presentations
 - Crisis presentations and stepdown
- 4.5 At a local level (place), each borough, as part of the SEL plan, is required to implement a core offer specific to their needs. The core offer will consist of:
- A single point of access
 - Waiting list support offer
 - Parental mental health support
 - Continued investment in Mental Health Support Teams (MHST)
 - Enhanced care transition models
 - Interventions to support people move through CAMHS caseloads
- 4.6 Within Lewisham, good progress has been made aligning our programme of work to the 10 priorities and progressing plans to implement the core offer by the SEL ICS deadlines. Section 7 of the report provides more detail on our work to date. Underpinning the plan and the implementation is our work to address inequality, improving equity in access, and improving outcomes and experiences of care.

5. Lewisham CAMHS Core Service Update

- 5.1. CAMHS (excluding inpatient and some outpatient services) is commissioned by the CYP Joint Commissioning team on behalf of both the NHS South East London Integrated Care Board (Lewisham Health and Care Partnership) and Lewisham Council. Services are delivered by South London & Maudsley (SLaM) NHS Foundation Trust. Specialist community CAMHS support is available to all children and young people up to the age of 18 (up to 21 for care leavers) where significant mental health concerns have been identified. It is delivered through six core teams:
- **Horizon** – generic team covering the whole borough which supports young people who have significant mental health problems (providing a ‘front door’ for the wider CAMHS service)
 - **Adolescent Resource & Therapy Service (ARTS)** – supporting young people who have offended or are at risk of offending and have mental health problems. This team is co-

located in the Youth Justice Service

- **Symbol** – supporting young people who have been in care or will remain in care for the foreseeable future
- **Neurodevelopmental Team (NDT)** – supporting young people with a diagnosed moderate to severe learning disability and/or a complex neuro-developmental disorder e.g., autistic spectrum disorders
- **Lewisham Young People's Service (LYPS)** – supporting young people with severe mental illness or acute problems, including psychosis, repeated self-harm, personality disorder and acute depression
- **Orbit Team** – provides emotional support to Children Looked After and the network around them, this is specifically to help a child when their mental health is affecting their learning
- **Mental Health Support Teams (MHSTs)** - deliver interventions to children and young people in education settings, with mild to moderate-needs, with a focus on behaviour, anxiety, depression to support during primary to secondary school transition.
- **Child Well Being Practitioner Team (CWP)** - provides early intervention and waiting list support to better address emerging mental health needs. Address the current gaps that exists in accessing support for mild to moderate mental health and wellbeing difficulties, with a particular focus on disadvantaged groups.
- **Lewisham CAMHS crisis team** - Lewisham CAMHS Crisis service provides swift response to Children and young people in Lewisham presenting in Crisis and presenting at UHL Emergency Departments (A&E).

- 5.2. Most of the funding for the core CAMHS service is via the South East London Integrated Care Board (formerly the CCG), with an additional funding contribution from the Council. This is currently £890k. The full allocation across years 2018-19 – 2022-23 has been provided in **Appendix 1**.
- 5.3. The wider offer of emotional and mental health support for Lewisham children and young people (and their families) can be found in **Appendix 2**.
- 5.4. Oversight and governance of the wider CYP emotional wellbeing and mental health programme is covered under the multi-agency CYP Mental Health and Emotional Wellbeing Board which meets quarterly. The board is chaired by the Director of Education and responsibilities include oversight of the SEL CAMHS Transformation work programme at a borough-level and ongoing work as part of the wider Early Help and Prevention Strategy. The board reports into the Lewisham All-Aged Mental Health Alliance.

6. Lewisham CAMHS Performance

6.1. CAMHS Key Performance Indicators have been highlighted in **Table 1** below.

6.2. Headline Performance Summary

- Referrals have increase by 42% since 2019-20
- Caseload at the end of Q4 2022-23 was 2746, up from 1808 in 2019-22, 52% increase
- Referral acceptance rates have remained consistence, despite significant increase in referrals
- Re-referrals rates have decrease suggesting quality of support has been effective
- Appointment attendance rates have increased
- At the end of Q4 (2022-23), 117 CYP were waiting between 38 – 52+ weeks. This has increased from 29 in 2021-22. This is a knock-on effect of a sustained increase in the number of CYP being referred over the last two years
- GPs continue to be the main referral source to CAMHS in 2022-23

- Referrals by ethnicity have seen a steady increase in CYP of Asian, Black, and Mixed-Race heritage when compared to 2019-20, demonstrating a positive trajectory upwards in terms of service reach. However, CYP of Black and Asian heritage are still underrepresented

	Referrals By Ethnicity				Analysis		
	2019-20	2020-21	2021-22	2022-23	Trend	4-year Average	2021 Census (all-age)
Asian	1.80%	2.38%	2.58%	3.13%		2.47%	8.88%
Black	16.40%	24.25%	24.11%	23.67%		22.11%	37.22%
Mixed Race	7.60%	16.95%	17.18%	18.43%		15.04%	15.89%
Other Ethnicity	1.60%	2.54%	3.55%	4.59%		3.07%	4.67%
White	28.10%	48.25%	44.45%	44.71%		41.38%	33.34%
Not Known/Recorded	44.50%	5.63%	8.13%	5.47%		n/a	n/a

- 6.3. When comparing Lewisham CAMHS performance against the three other SLaM South London services (Lambeth, Croydon, and Southwark), Lewisham’s performance has largely remained consistent and most areas of performance show less decline in performance than the other boroughs. Overall, performance in Lewisham is showing a positive trajectory (except for 38+ weeks waiting times).
- 6.4. Overall, the significant increase in CAMHS referrals over the last two years (2021-22 and 2022-23), coupled with the national recruitment challenges recruiting CAMHS professionals, has led to the Lewisham CAMHS service experience significant challenges meeting the demand. Lewisham CAMHS is operating significantly over the commissioned capacity, and this has had an impact on the availability of service provision, which is evidence from the significant rise in CYP waiting more than 38 weeks for assessment. However, the performance indicators demonstrate that quality of service provision has not been impacted.
- 6.5. The Eating Disorder services has seen a significant increase in referrals (across all six SEL boroughs) as the service capacity has grown through increased central ICS funding. Further work will be undertaken in 2023-24 to understand the increase and working with the ICS to understand the demand and capacity modelling carried out to help planning at a local placed-based level. Overall, it is a positive to see more children and young people access support for eating disorders due to the service’s increase in capacity.

Actions being taken to address the challenges

- 6.6. Section 7 of this report provides more detail on the mental health and emotional wellbeing work programme, which includes initiatives to reduce CAMHS waiting times, provide waiting list support, and developing virtual waiting rooms. Digital interventions, such as Kooth (online digital counselling) also continue to be commissioned, and the CYP Joint Commissioning Team is currently explore further digital interventions, which provide support at an early stage and reduce the need for CAMHS referrals. Lewisham CAMHS service is continuously reviewing the service delivery model and working to implement service efficiencies, whilst prioritising delivery of a quality service. For example, SLaM is exploring a screening pilot for ADHD assessments to ensure CYP and families are signposted for assessment appropriately, which is intended to reduce the need/wait for services.
- 6.7. SLaM has several initiatives ongoing (or in development) to tackle the recruitment challenges, which are being experienced across the country. Recruitment of psychology posts is by far the biggest challenge due to the current shortages and length of time it can take to train up to doctorate level. SLaM is currently running ‘recruit to train’ development posts that upskill practitioners quicker and helps to retain once they qualify. Furthermore, SLaM is recruiting more assistant psychologist posts that can provide direct treatment whilst receiving specialist training, further opening career paths to a broader range of people.

Table 1. Lewisham CAMHS Key Performance Indicators

Measures	Target (2022/23)	2019-20	2020-21	2021-22	2022-23	-/+ (%) from 2019-20	Direction of Travel since 2019-20
CAMHS Referrals received	No Target	1532	1399	2082	2175	42%	↑
CAMHS Referrals Acceptance Rate (Average)	77%	73.5%	73.93%	72.4%	72.6%	-0.9%	↓
CAMHS Re-referral rate (Average)	No Target	40.76%	37.63%	35.2%	31.42%	-9.34%	↓
CAMHS Caseload (as recorded end of Q4)	No Target	1808	1810	2026	2746	52%	↑
CAMHS Attendance Rate (Average)	75%	75.24%	83.08%	83.1%	85.86%	10.62%	↑
Patient Discharges by CAMHS	No Target	1151	934	1029	1183	2.78%	↑
Children's Global Assessment Scale (CGAS) - CAMHS outcome measure (Average)	40%	10.2%	12.32%	13.1%	9.53%	-0.67%	↑
Recording of Patient Ethnicity by CAMHS (Average)	95%	Not Recorded	95.56%	93.4%	96.72%	1.16%	↑
CAMHS Waiting Times (numbers waiting for 39-51wks and 52wks+) - Average	No Target	Not Recorded	26 / 2 (28)	29	102 / 15 (117)	n/a	↑
Average no of weeks wait from referral to first contact (assessment) - Average	No Target	Not Recorded	18.92	12.25	20.12	1.2 week increase	↑
Average no of weeks wait from first contact to second contact (treatment) - Average	No Target	Not Recorded	23.7	23.5	29.7	6 weeks increase	↑
Children Looked After (CLA) Referrals to CAMHS	No Target	141	262	102	113	-20%	↓
Children Looked After (CLA) CAMHS Referral Acceptance Rates (Average)	No Target	60.92%	70.77%	76.9%	74.4%	13.48%	↑
A&E Attendances (new patients)	No Target	117	134	163	138	18%	↑
Eating Disorder referrals received	No Target	47	99	88	84	79%	↑
Eating Disorder referrals accepted	No Target	42 (89.36%)	51 (51.51%)	69 (78.40%)	79 (94.04%)	4.68%	↑

Source: SLaM 4-Borough Community Performance Report

7. South East London CYP Mental Health and Emotional Wellbeing Transformation Programme Update – core programme of work

7.1. The South East London ICS CYP Mental Health and Emotional Wellbeing plan is a partnership approach across the six South East London ICS boroughs to develop a consistent and effective mental health offer. The plan includes 10 key priorities areas and six core offers for each borough to implement. This has been co-produced with each borough and supports the development of local priorities. Underpinning the plan and the implementation is our work to address inequality, improving equity in access, and improving outcomes and experiences of care.

Addressing Waiting Times and Providing Waiting list Support

7.2. Work is focused on backlog clearance, reducing waiting times, and providing support to CYP whilst waiting for CAMHS assessment and treatment. Previous investment has focused on increasing CAMHS capacity to clear 52+weeks waits. Across the SEL ICS, there is a commitment

to use new funding to target 44+weeks so no CYP waits more than 44 weeks for assessment. Locally, Lewisham CAMHS is reviewing pathways and service structure to create efficiencies, provide additional support whilst waiting, and improving screening approaches to ensure CYP receive support as soon as possible. The waiting list is regularly reviewed and prioritised accordingly to clinical need.

- 7.3. The 2023-24 MHIS, SDF and Inequalities funding will support efforts to increase CAMHS service capacity via additional posts. Funding will also support increased waiting list support and pilot initiatives to provide early intervention to avoid CAMHS referrals.
- 7.4. SLaM have initiated several recruit and retention initiatives, which include recruit to train and expedited training programmes to mitigate the severe national recruitment challenges within mental health.
- 7.5. The Mulberry Hub (GP-Led Clinic) continues to demonstrate the effectiveness of an open access service provided in a young person-friendly setting. YP feedback is positive towards the pilot. The intention is to continue the pilot for a further year – subject to availability of funding.

Developing a Single Point of Access 'front door' (SPA)

- 7.6. Good progress has been made on reviewing the different types of SPAs to support the development of a pilot model for a single point of access ('front door') for CYP mental health in Lewisham. The aim remains to create a placed-based (whole system) 'no wrong door' approach via a needs-led pathway.
- 7.7. Currently, we are exploring how Family Hubs could become physical entry points and provide a physical front door, alongside a virtual front door.

Parental Mental Health Offer

- 7.8. EPEC – Empowering People, Empowering Communities, is an evidenced-based parenting programme that trains up groups and facilitators to provide parent-led parenting support groups, with a focus on supporting black and minoritised communities.
- 7.9. The Lewisham programme has been very successful and well utilised since it was established. To date, we have recruited 11 Parent Group Leaders, with eight completing the course. Implemented four delivery sites and registered 35 parents. Expression of interests for the next round of Parent Group Leader training has five on the waiting list.
- 7.10. As part of the Family Hub and Start for Life Programme, we have developed a service specification for Perinatal Mental Health (0-5 years old) and Parent-Infant Relationship (0-2 years old) service, in partnership with SLaM. This is a new offer expected to be rolled out across the four Family Hubs and will provide universal and targeted interventions to support parent-infant relationships and a deliver a mental health pathway for parent-infants, from conception to age five.

Equity of Access

- 7.11. Lewisham CAMHS has been focusing on increasing access for Asian and Black young people and has reported a 23% increase since 2020.
- 7.12. Lewisham CAMHS and SLaM is one of four national pilot NHS sites for the Patient and Carer Race Equality Framework (PCREF). A listening event was held in November 2022 'What do Black Families in Lewisham Think Mental Health Staff Need to Know' this was well attended by staff and some community. A follow-up listening event is in the process of being organised for September 2023 in a community venue in the hope of attracting more families, young people, and carers.
- 7.13. Lewisham CAMHS is contributing to the Parent Expo Event _ St. Andrew's Church Saturday 10th June 2023 – focus on education systems / school exclusion / mental health / SEND.
- 7.14. In addition, South London and Maudsley have launched an Anti-Racist Action plan which Lewisham CAMHS will be implementing locally, covering:

- Cultural Awareness – better understanding of cultural backgrounds – care to be more inclusive
- Staff knowledge & awareness
- Workforce
- Co-learning with our communities

7.15. Mental Health Support Teams / Schools Interventions

- 7.16. There are currently 39 school with a MHST in place reaching c.18,000 CYP in the borough. Current performance shows a positive upward trajectory in performance as the provision is embedded in participating schools. Like other mental health service, the MHSTs have experienced recruitment challenges. MSHTs have responded flexibly and explored alternative models of delivery to mitigate this challenge.
- 7.17. We are currently in the final stages of applying for MHST Wave 10 that will see a further 7,000 CYP supported by a MHST and increase coverage by a further 12-14 education settings.
- 7.18. A review of the Fantastic Fred (school-based live performances for primary-aged children) and Rerezent (MH intervention delivered in schools) programmes is currently underway to implement learning and feedback from pupils and schools.

Community Multi-System Violence Reduction Programme (CMSVRP) - NHS England Vanguard Programme

- 7.19. Lewisham was successful in applying for funding to deliver a CMSVRP. Lewisham's offer focuses on support to 16–25-year-olds who are at risk of/ or committing violence and have a mental health condition. The programme aims to reduce serious youth violence in the borough and improve access to mental health support. The Lewisham Community Safety Service and the Violence Reduction team manage the programme. The programme can work with up to 25 young people at a time (est. 75 over the 3-year programme funding commitment) and supports young people access community mental health services. We are currently developing a targeted community mental health offer specifically for the CMSVRP, which will provide support where the young people are and in ways that enable them to engage in the support.

8. GP-Led Youth Clinic Pilot Update (The Mulberry Hub)

- 8.1. In September 2022, Lewisham Council and the SEL ICB (Lewisham), in partnership with SLaM, North Lewisham Primary care Network, and METRO launched a one-year pilot GP-led health and wellbeing service for young people aged 13-25 living in North Lewisham. The overall aim of the service is to increase access to high-quality primary care and mental health service for young people, by providing these in a young person-friendly and non-clinical setting.
- 8.2. The clinic is open Monday and Wednesday evenings between 4pm and 7pm and supported by a mental health team and clinic manager.
- 8.3. Overall, the pilot has been successful in engaging young people and reducing the waiting times for first interventions for those accessing the hub.
- 8.4. To date, 93 referrals have been received into the clinic.
- 71 referrals were received by using the clinics dedicated email address
 - 14 referrals were received by being booked directly by North Lewisham PCN GP Practices
 - 2 referrals were received by out of area PCN GP Practices
- 8.5. Referrals received from White British accounted for 22% of the referrals, with referrals from Black / Black British – Africans accounting for 15% and Black British / British accounting for 9%.
- 8.6. Referral received from 'Other Europeans' including Polish, Spanish, and other white background;

and Asian / Asian British – Bangladeshi and Vietnamese where the lowest.

- 8.7. Young people aged 13 to 25, are the main cohort of the service delivery. With 28% referrals into the hub being from 15 – 16-year-olds. There has been an increase of referrals for young people under the age of 13. With 6% of referrals being from 11 – 12-year-olds. Referrals received from 11 – 12 years are triaged and case-loaded on a case-by- case basis.
- 8.8. Young people and adults who attend their initial assessments with the GP, include some complex cases. During the initial assessment and from referrals a number of mental health issues are identified. Anxiety disorder including anxiety state/ depressed mood are the most common presenting mental health issues, seen by the Hub's mental health team.
- 8.9. The Children Wellbeing Practitioner (CWP) and Counselling Psychologist (specialist) are fundamental in the delivery of mental health within the Hub. The CWP has received:
 - 33 clients from clinic triage, MDT, GP, and caseloads.
 - Of the 33, 16 have received input from CWP including psychological intervention, general wellbeing, and MH support.
- 8.10. The Counselling Psychologist have received:
 - 56 clients from clinic triage, MDT, GP, and caseloads.
 - 35 have received psychological intervention from CAMHS.
- 8.11. The pilot will be extended for a further year and reviewed again. If the hub can continue to demonstrate its effectiveness in reaching young people at an earlier stage and addressing a multitude of challenges facing young people, the partnership will look to extend the offer to a wider area and mainstream the service – subject to the availability of funding.

9. CYP Mental Health and Emotional Wellbeing Spend

- 9.1. The overall allocation for CYP mental health and emotional wellbeing has increased by 59% from £6,356,100 in 2018-19 to £10,109,357 in 2022-23. A detailed overview of funding allocations for CYP emotional and mental health can be found in **Appendix 1**.
- 9.2. Most of the funding for the core CAMHS service is via the SEL ICB, with an additional £890k pa funding from Lewisham Council.
- 9.3. As part of the NHS Long Term Plan there has been a commitment to grow mental health spending. The Mental Health Investment Standard (MHIS) and the Service Development Fund (SDF) have provided an increase in spending. For 2023-24, the MHIS and SDF has increased the total available spend by £1.3m. Furthermore, the SEL ICS has committed a further £301k via the Inequalities Funding Stream, which is recurrent funding increasing annually over the next five years.
- 9.4. The additional funding in 2023-24 will align to the SEL Children and Young People Mental Health and Emotional Wellbeing plan's 10 priority areas and the implementation of the core offer, as well as specific local priorities. Broadly, the areas the additional funding will support are:
 - Improving access to quality mental health services and improving equality of access
 - Increasing the voluntary and community offer with a focus on preventative and early interventions in recognition that the challenge is far too great for only health and social care to address, and the need to reduce CYP reaching crisis points and being referred to CAMHS
 - Waiting time reductions and additional support whilst waiting for CAMHS
 - Developing and implementing a pilot of a single point of access 'front door'
 - Strengthening the ADD/ADHD offer and reducing waiting times
 - Providing more mental health support to schools
 - Providing more parental mental health support

- 9.5. Lewisham Council, the SEL ICB, SLaM and partners continue to work collaboratively to find the best options for using additional resources when delivering ambitions set out for children and young people's mental health within the NHS Long Term Plan and the SEL CYP Mental Health and Emotional Wellbeing Plan (Feb 2023). This includes meeting our shared priorities to further reduce CAMHS waiting times, expanding support and care for children and young people in mental health crisis, investing in voluntary and community sector organisations to support children, young people, and their families better in the community, and strengthening support for people transitioning between children's and adult mental health services.
- 9.6. There is a strong and valued commitment for all partners to continue working together to maximise the use of all system resources to deliver increased capacity to meet growing demand for children and young people mental health services in Lewisham. Spending priorities are aligned to the SEL CYP mental health and emotional wellbeing plan and local priority areas.

10. CYP Mental Health and Emotional Wellbeing 2023-24 Plans

- 10.1. As mentioned above, our ongoing plans and spend are aligned to the CYP Mental Health and Emotional Wellbeing Transformation plan, which includes implementing the core offer and developing the 10 key priorities areas of work. In addition, there are several planned areas of work underway, or soon to be underway, in 2023-24, these are:
 - 10.1.1. Implementing the Perinatal MH offer across the Family Hubs. Building on the development of a service specification, we will now move forward with implementing the service and ensure we have robust metrics and outcomes measures to monitor the effectiveness of this new offer.
 - 10.1.2. Piloting a Single Point of Access. We will build on our review of SPA models and develop a pilot SPA that aligns to Family Hubs and is needs-led.
 - 10.1.3. Improving the equity of access to mental health services for Black, Asian, and Mixed-Race boys. Develop a proposal for peer-led support to access mental health services for young Black, Asian, and Mixed-Race boys. We know from our data that our services are not reaching everyone equally and that Black, Asian, and Mixed-Race boys are not represented proportionally within the CYP MH treatment system. This is a different picture within adult MH services where Black, Asian, and Mixed-Race men make up a larger majority. A peer-led support programme, provided by individuals from minoritised backgrounds, is intended to increase access and reduce stigma/barriers to accessing mental health services. We will build on SLaM's PCREF learning and work closely with the voluntary sector in the development of the proposal.
 - 10.1.4. Creating a more diverse mental health workforce. We will work with our partners to support programmes that open and encourage more individuals to apply and train for MH jobs from global majority backgrounds. This work will be supported by the Lewisham All-Aged Mental Health Alliance and be across adults and CYP.
- 10.2. Growing the voluntary and community CYP MH offer. The mental health and emotional wellbeing challenges facing CYP in the borough are significant and cannot be met alone by the Lewisham LCP and Lewisham Council. We will work with existing voluntary and community sectors organisations in the borough and support organisations to grow the early intervention and prevention offer.
- 10.3. Continue to develop and embed our therapeutic mental health and emotional wellbeing offer within CYP services. There are several MH (psychology) roles embedded with Children's Social Care (Family Thrive and Meliot Service), Education (Virtual School), and the Youth Justice Service. These posts support access to MH support for low-to-medium cases where they would otherwise not meet the CAHMS threshold, and they prevent CYP and families reaching crisis point.
 - 10.3.1. Growing the MHST offer in school and developing more school-based MH support. A bid for additional MHSTs in Wave 10 is in the final stages and will see a further 12-14 schools included in the offer, reaching an additional 7,000 pupils. Learning from programmes delivered in schools

in 2022-23 will support the development of additional interventions delivered in school-based settings

10.3.2. Learning from 'The Big Conversation'. Several YP-focused VCS organisations, led by The Albany, carried out a youth-led piece of work exploring how arts and music supports YP mental health. The project held several workshops and events throughout the year and captured a rich array of feedback and suggested improvements to the mental health system. The project was overseen by a youth-led steering group, and it made lots of recommendations of how arts and music can support with the challenges. As part of the London borough of Culture (2022-23) legacy work, we intend to build on the project's success and explore further how arts and music can improve CYP MH.

11. Financial implications

- 11.1. This report is intended to provide members with an update on progress of the CYP emotional wellbeing and mental health work programme.
- 11.2. In 2023-24, the funding available to support this programme is £12.5m, which is predominantly funded by SEL ICB.
- 11.3. The council's contribution is £890k. Provision for this exists within the 2023-24 budget and there are no additional financial implications for the council's General Fund arising from this report.

12. Legal implications

- 12.1. There are no specific legal implication arising as a result of this update report.

13. Equalities implications

- 11.1 There are no specific equalities implications arising as a result of this update report. The CYP mental health and emotional wellbeing programme of work is underpinned by a steadfast commitment to addressing inequality and takes a system-wide approach to reducing inequalities, improving equity in access to services, and improving outcomes and experiences of care for everyone.

14. Climate change and environmental implications

- 14.1. There are no specific climate change and environmental implications arising as a result of this update report.
- 14.2. Environmental implications will be considered as far as possible within the delivery of the programme of work.

15. Crime and disorder implications

- 15.1. There are no specific crime and disorder implications arising as a result of this update report.
- 15.2. Lewisham CAMHS provide co-located services within Lewisham Youth Justice Service as part of the LYFT therapeutic model, which directly supports young people who have some engagement in the Youth Justice system. In line with the Early Help and Prevention Strategy, new emotional health services focusing on pre-CAMHS thresholds will play a part when reducing involvement in anti-social behaviour or criminal activity.
- 15.3. In addition, the Council's participation in the NHS England funded Community Multi-System Violence Reduction Programme (CMSVRP) is expected to contribute to a reduction in violence in the borough as a result of mental health issues.

16. Health and wellbeing implications

16.1. The CYP emotional and mental health work programme plays a significant role in promoting the health and wellbeing of our young people. Emotional wellbeing has been prioritised through the SEL CYP Mental Health and Emotional Wellbeing Plan (2023) and will continue to be prioritised. We will ensure that health and wellbeing outcomes are prioritised through the delivery of services, and that the impact of this provision on these outcomes can be measured.

17. Social Value implications

17.1. There are no specific social value implications arising as a result of this update report.

17.2. Public Services (Social Value) Act 2012 requires that the council considers, before commencing a procurement process, how wider social, economic, and environmental benefits that may improve the wellbeing of the local area can be secured.

17.3. The council is also an officially accredited London Living Wage (LLW) Employer and is committed to ensuring that, where appropriate, contractors and subcontractors engaged by the council to provide works or services within Lewisham pay their staff at a minimum rate equivalent to the LLW rate. Successful contractors to any tenders will be expected to meet LLW requirements and contract conditions requiring the payment of LLW will be included in the tender documents.

18. Background Papers

18.1. South East London ICS Transformation Plan for children and young people's mental health and emotional wellbeing service (February 2023) - <https://www.selondonics.org/wp-content/uploads/CYP-Mental-Health-and-Emotional-Wellbeing-Plan.pdf>

19. Glossary

Abbreviation	Definition	Abbreviation	Definition
ADD	Attention Deficit Disorder	ADHD	Attention Deficit hyperactivity disorder
ARTS	Adolescent Resource & Therapy Service	BLACHIR	Birmingham and Lewisham African and Caribbean Health Inequalities Review
CAMHS	Children and Adolescent Mental Health Services	CCG	Clinical Commissioning Group
CMSVRP	Community Multi-Systems Violence Reduction Programme	CWP	Child and Young People's Wellbeing Practitioners
EPEC	Empowering Parents Empowering Communities	EWB	Emotional Wellbeing
GP	General Practitioner	ICB	Integrated Care Board
ICS	Integrated Care System	LYPS	Lewisham Young Person Service
LLW	London Living Wage	MDT	Multi-Disciplinary Team
MHIS	Mental Health Investment Standard	MHST	Mental Health Support Team
NDT	Neurodevelopment Team	PCN	Primary Care Network
SDF	Service Development Fund	SEND	Special Educational Needs and Disabilities
SEL	South East London	SLaM	South London and the Maudsley
SPA	Single Point of Access	VCS	Voluntary and Community

			Sector
Wks	Weeks		

20. Appendices

- 20.1. Appendix 1 – CYP Emotional Wellbeing and Mental Health Finance Summary
- 20.2. Appendix 2 – Emotional and Mental Health Offer for CYP in Lewisham
- 20.3. Appendix 3 – SLaM Lewisham CAMHS Report – Children in Care report 2022-23 (quarter 4 2022-23)

21. Report author and contact

- 21.1. Simon Whitlock, Head of CYP Joint Commissioning (LBL/SEL ICB),
simon.whitlock@lewisham.gov.uk Tel: 07341782752

Appendix 1 – CYP Emotional and Mental Health Finance

The Finance Table below includes a financial summary which shows planned spend from 2018-19 to 2022/23 with a brief explanation of how funding is being utilised each year.

	Lewisham	Lewisham	Lewisham	Lewisham	Lewisham
	2018/19	2019/20	2020/21	2021/22	2022/23
	£	£	£	£	£
CAMHS	£3,979,000	£4,274,096	£5,282,515	£5,659,583	£6,122,868
CAMHS Eating Disorder	£217,000	£233,000	£234,651	£242,453	£385,986
CAMHS Mental Health block contract baseline - SLaM	£4,196,000	£4,507,096	£5,517,166	£5,902,036	£6,508,854
Contract Budgets Sub Total	£4,196,000	£4,507,096	£5,517,166	£5,902,036	£6,508,854
Borough Based Budgets	£285,400	£194,871	£0	£0	£0
NCA	£53,000	£22,000	£0	£0	£0
CAMHS Transformation Funding	£475,200	£475,200	£475,200	£475,200	£483,278
Kooth	£0	£0	£80,400	£80,400	£81,360
MHIS outturn adjustment	£0	£0	-£262,933	£7,900	£0
Borough Budgets Sub Total	£813,600	£692,071	£292,667	£563,500	£564,638
CCG Recurrent Baseline Funding	£5,009,600	£5,199,167	£5,809,833	£6,465,536	£7,073,492
Waiting List Initiatives/ 4 Week Wait Sites (4WW)	£118,000	£77,464	£0	£0	£0
CYP IAPT income	£7,500	£0	£0	£0	£0
Health & Justice Liaison & Diversion	£85,000	£86,000	£87,000	£87,000	£87,000
SDF/SR - CYP community and crisis - SLAM/Oxleas	£0	£0	£0	£713,375	£385,412
SDF/SR - CYP community and crisis - Borough	£0	£0	£0	£101,669	£101,669
SDF-SR - Children & Young People's Eating Disorders (CYPED) - SLAM/Oxleas	£0	£0	£0	£87,266	£0
SDF/SR - MHST Wave 2 - SLAM/Oxleas	£0	£160,084	£587,943	£694,000	£892,717
SDF/SR - MHST Wave 2 - Borough	£0	£0	£0	£181,000	£0
SDF/SR - MHST Trailblazers - Borough Wave 6	£0	£0	£0	£64,658	£307,168
SDF - Young Adults Funding - SLAM/OXLEAS	£0	£0	£0	£0	£241,068
MOPAC CSA Funding	£0	£0	£0	£26,667	£26,667
CCG Non Recurrent Funding	£210,500	£323,548	£674,943	£1,955,633	£2,041,700
CCG Sub Total	£5,220,100	£5,522,715	£6,484,776	£8,421,169	£9,115,192
Council Baseline - Other	£840,000	£840,000	£840,000	£694,165	£694,165
Contributions from other Council departments (Designated Schools Grant)	£100,000	£100,000	£100,000	£100,000	£100,000
Spare Row	£0	£0	£0	£0	£0
Council Sub Total	£940,000	£940,000	£940,000	£794,165	£794,165
Pupil Premium Grant	£196,000	£200,000	£200,000	£200,000	£200,000
Dfe Wellbeing for Education	£0	£0	£39,382	£0	£0
Other Sub Total	£196,000	£200,000	£239,382	£200,000	£200,000
TOTAL	£6,356,100	£6,662,715	£7,664,158	£9,415,334	£10,109,357

Appendix 2: Emotional and Mental Health Offer for CYP in Lewisham

An overview of the current emotional and mental health offer in Lewisham is highlighted below:

- **CAMHS Crisis Line out of hours service**, open to all children and young people across in south London is open until 11pm weekdays and weekends Tel No: 0203 228 5980
- **Out of hours SLAM Crisis Line** 0800 731 2864 (24 hour) which is available for residents of all ages.
- **Lewisham CAMHS** Duty Worker is available on 0207 138 1250 (9am -5pm Mon - Fri) Email: LewishamCAMHSAdmin@slam.nhs.uk
- **The Maudsley Centre for Child and Adolescent Eating Disorders**. Advice can be obtained, and self-referrals made, online <https://mccaed.slam.nhs.uk/> or via Telephone: 020 3228 2545 – clinical staff are available between Monday-Friday from 9-5pm.

- **Kooth Online Counselling Service**, a free online counselling and emotional well-being support service for young people living in, attending school or with a Lewisham GP aged 10 – 25 years. Available on weekdays from 12 -10 pm and the weekend from 6pm to 10 pm 365 days a year. www.Kooth.com
- **Early Years Alliance** offers parenting support via phone and video link using range of models: Triple P, Incredible Years, HENRY and PIPT <https://www.lewishamcfc.org.uk/>
- **Safer London** provides an emotional support service for children and young people affected by sexual abuse <https://saferlondon.org.uk/>
- **The Positive Behaviour Support Consultancy** offer a preventative service to children and young people up to 18 with a learning disability and/or autism diagnosis who also suffer with mental health challenges www.pbsconsultancy.net
- **Family Thrive** provide support to families facing significant challenges, whose needs have escalated to a higher, targeted level. <https://lewisham.gov.uk/MASH>
- **Mindful Mums** helps pregnant women and new mums of babies aged 0-2 in Lewisham to look after themselves during what can be a challenging period of their lives, they provide groups to help women learn how to stay emotionally well Tel: 020 3228 0760 / 01689 811222 <https://blgmind.org.uk/lewisham/mindful-mums/>
- **Mental Health Support Teams (MHSTs)** have been designed to deliver interventions to children and young people in education settings, with mild to moderate needs, with a focus on behaviour, anxiety, depression to support during primary to secondary school transition. There are currently 39 schools across primary and secondary schools (this will extend to more schools in January 2024, with reach expected to be 100% of secondary schools and 74% of schools in the borough in total).
- **Child Well Being Practitioner Team (CWP)** - The CWP offer is aimed at providing early intervention to better address emerging mental health needs. Lewisham CWP service priorities are to address the current gaps that exists in accessing support for mild to moderate mental health and wellbeing difficulties. Ensuring equity in access for those accessing support for mild-moderate needs with a particular focus on disadvantaged groups. The CWP team contributes to a programme designed to support children, young people, and families whilst they are waiting for specialist support
- The CWP team currently support the GP youth Clinic with MH assessment and interventions
- Lewisham CAMHS crisis team - Lewisham CAMHS Crisis service provides swift response to Children and young people in Lewisham presenting in Crisis and presenting at UHL Emergency Departments (A&E). The Crisis team provide assessments for young people (under the age of 18) with mental health needs support alternative to inpatient admission if possible and support in the community or at home. Receive 7 Day follow-up support and continuity of care post discharge from inpatient treatment to other services (facilitate stepped care).
- Liaise with SLaM Central Crisis Response team when necessary for further input to support children, young people and families at home.
-

Appendix 3: SLaM Lewisham CAMHS Report – Children in Care report 2022-23 (quarter 4 2022-23)

Child and Adolescent Mental Health Services (CAMHS) SYMBOL Team for Looked After Children (Children in Care)

Quarterly report: May 2023

Performance: see appendix for more details

1. From 1/04/21 to 11/04/2023 140 referrals were received in total.
2. Our caseload on 16/05/2023 = 117 (including adopted and children on an SGO), with a fairly even gender split between male and female and a small number of those that identify their gender as other.
3. We currently have 5 referrals waiting over 12 weeks for an initial CAMHS assessment.
4. 37 of the Children on our case load are adopted children and children on an SGO, this increases the number of children we provide care for thus reducing capacity for CIC. This has also contributed to longer waiting times for care coordination or/and starting treatment like therapy.
5. **Forest school:** has continued to cater to CIC and to other vulnerable young people
6. **Better multiagency working:** Staff have increasingly attended more Virtual CIC reviews, CIN and professionals' meetings leading to better care planning and risk management.
7. **Transitions to Adult services:** We have worked closely with the adult mental health transitions worker to increase better understanding of the needs of care leavers and CIC and ensure a safe and containing discharge.

Training & Development:

Training and development has been affected by the impact of Covid-19, to some extent.

However, the team has undertaken:

1. **DDP supervision with an external supervisor:** to build a foundation in formulation and treatment of children with trauma and their families.
2. **Building Underdeveloped Sensorimotor Systems in Traumatized Children:** 2 team members trained in basic bodywork intervention skills.
3. **DBT training:** 2 team members have completed basic introduction to DBT training
4. **CBT training:** 2 team members are currently being trained in basic CBT training
5. **Trauma informed service:** We are developing as a trauma informed service (see highlights below), which process has begun with facilitated team reflective spaces
6. **Right trial- Symbol:** This project is contributing to easier access to DDP therapy for adopted children and their carers thus creating more capacity for CIC.
7. **Supervision training:** 2 team members have been to supervision training to enable them to supervise junior staff/students that are either training or providing therapy.
8. **EMDR training:** 1 staff member is currently undertaking EMDR training
9. **Symbol-CAFT (Conduct Adoption and Fostering Service) QI project for adopted children** – This project has enabled skills development and more capacity for CIC.
10. **Transition Symbol audit:** Transitions to AMHS (Adult mental health services) for care leavers has been looked at closely to enhance greater proportion of successful transitions
11. **Investigations /Serious Incidents (SI) / Escalation:** None

12. Multi Agency Working:

1. **Weekly Virtual consultation slots to Children's social care:** Two slots each Thursday, offered by Dr Tobin mainly in conjunction with VS CAMHS.
2. **Safe Space teams & Violence Reduction teams, R&A, Family Social Work, UASC teams:** Our reach has moved beyond the CIC and Leaving Care teams to encompass the above.
3. **Strategic link meetings & Training for Social Care:** Dr Waldman (who is no longer working in the team) reinstated strategic links with Claire Denham and will support CSC with SDQ training and monitoring the under-reached young people, with interagency discussion on complex cases.
4. **Community Paediatrics team:** Strategic links are in place to ensure consultation is offered and networking is taking place when necessary.
5. **Care leavers Project.** Ingrid Madzura has been part of the care leavers project since 2021-2022 to improve access to services and the transition process for care leavers being discharged from CAMHS at 18 years old.

5. The Team:

Recruitment:

1. 1 WTE band 7 Clinical Psychologist (currently recruiting)
2. 0.7 WTE band 7 Child Psychotherapist (currently recruiting)
3. 0.6 WTE assistant psychologist (currently recruiting)
4. 0.8 WTE band 6 (Possibly a recruit to train clinician) (currently recruiting)

Current Staffing:

1. 1 WTE Team Leader (Ms. Madzura)
2. 1 WTE Senior Clinical Psychologist (Dr Tobin)
3. 1 WTE (agency) Mentalisation based therapist (Ms. Dawson)
4. Family Therapist 0.8 WTE (Ms. Palmer)
5. Consultant Psychiatrist 0.2 WTE (Dr Samuel)
6. 1 WTE (agency) Mental Health Nurse (Ms Opoku-Mensah)
7. 1 0.8 WTE (agency) CAMHS practitioner (Ms Martin)

6. Highlight for the next quarter:

Continuing Symbol- CAFT QI
Continuing Symbol-Right Trial

7. Challenges

1. Virtual clinics have their benefits, however, there have been technical challenges with wifi access for some families thus impacting on communication.
2. We have had significant challenges with work force namely with recruiting substantive staff that have the appropriate training and skills to provide therapy. The lack of substantive staff has also impacted continuity of care for example locums leaving after their contract has ended - this has been a challenge for both CIC and the team.

8. Opportunities

1. **Trial of Virtual groups for carers:** easy access to online groups, given their other commitments.

2. Starting a Foetal Alcohol Syndrome project alongside Paediatrics: Increase knowledge and understanding of the impact on CIC.

Care leavers:

As a service, we continue to see young people known to our team before the age of 18, for continuation of therapeutic input for mild to moderate mental health difficulties. We cannot offer psychiatric input for care leavers, currently, so our over 18s service is limited and at a 'Tier 2' level.

As noted above, we are auditing our transitions for care leavers and adopted young people to AMHS, with the intention of providing optimal transition experiences which will enable better engagement with AMHS.

The challenge for transition is that these young people often move borough (and this can be a few times post 18 for the most complex young people) as they become care leavers. As AMHS services are largely based on GP address, the process of transition becomes interrupted because of these frequent changes of address.

Themes in clinical presentation of Children in Care in our team:

We know that there is, broadly, a higher rate of mental health difficulties (reaching the threshold for diagnosis) in children in care than the general population. Research identifies the ratio as 42% of the children in care population vs 8% of the general population (Ford et al (2007).

ONS found elevated rates of Emotional Disorders (11% as compared with 3%); Conduct Disorder (36% as compared with 5%); Hyperkinetic Disorders (11% as compared with 2%).

This is broadly true of the young people in care seen by our team. As a 'Tier 3' service, our criteria is to see young people with moderate to severe mental health problems. This includes moderate to severe depression with and without self-injury and suicidal thinking; a range of anxiety disorders; PTSD and Complex PTSD; behaviours that can be classified as Conduct Disorder and Oppositional Defiant Disorder. We also see a higher proportion of neurodevelopmental conditions such as ADHD and ASD in this cohort, as well as undiagnosed Intellectual Disability.

We formulate young people's difficulties by conceptualising these diagnoses in the framework of loss and adverse childhood experiences (developmental trauma) which can give rise to many behaviours of concern and difficulties in developing secure attachments. With many of the young people seen in our team, we conduct complex case assessments to understand the interplay of neurodevelopmental difficulties with traumatic experiences and attachment difficulties.

The Virtual School Child and Adolescent Mental Health Service Update

Introduction

The Virtual School CAMHS team is a joint venture between Lewisham Virtual School (LVS) and Lewisham CAMHS which aims to bring a CAMHS perspective to improving emotional wellbeing and readiness to learn of Looked after Children. The team is designed to be as flexible and responsive as possible to work with young people and those around them to identify potential barriers to education, in relation to emotional wellbeing, and devise strategies to manage these. In addition, the service provides direct support to schools working with young people in foster care.

Context

The year 2022-23 has been a time of flux for the team. At the beginning of this period, and until June, the team was full staffed. One clinician left in June 2022, and another in October 2022, leaving one clinician holding the service for nearly 6 months. In response to this, we maintained our consultation offer, ensuring continued accessibility to the service, whilst prioritising referrals for children and young people where there were no other CAMHS services involved and there were significant concerns about access to education due to mental health concerns.

Demand

Duty support to Social Workers, Virtual School, other CAMHS teams and Schools.

Between April 2022 and April 2023, the team received contacts for support regarding 196 children and young people. This number includes new referrals. Contacts/requests and referrals to VS CAMHS come from a number of sources. See Table 1 for a breakdown of where the requests and referrals come from:

Source	Number of Contacts
Lewisham Virtual School	20
Children's Social Care	172
Other NHS Services	2
Direct from school	2
Total	196

Table 1: Number of contacts/requests per source

Referrals

Despite periods of time where we have had two vacancies within the team, we have continued to be very responsive to referrals. At times, we have had a delay of three weeks before a referral can be picked up but this is the longest 'wait' we have experienced this year. This is partly due to the Virtual School understanding our reduced capacity and reducing demand. However, we maintained our consultation offer throughout these times to ensure Social Workers and Virtual School staff still had timely access to the service.

In the last year, 36 new referrals were accepted, in addition to the referrals that were already open from the previous year. 51 referrals have been discharged throughout the year. We currently have 33 open referrals on the caseload. Some young people have been open to our team for a long time in comparison to other CAMHS teams due to continuity of needs in networks, particularly when there are many transitions or contextual risks.

Team

There have been a number of changes in the last financial year. Two clinicians left their roles

(June and November 2022), one of which was for an internal promotion. Our Assistant Psychologist left in January 2023. We have recently been joined by Jordan Quinn, who is in the Psychology Practitioner role. Jordan has returned after completing his Clinical Psychology training, where he did a 6-month placement with the team.

0.96 FTE Band 7 Counselling Psychologist (Dr Hannah Warwick)

1.0 FTE Band 7 Clinical Psychologist/Psychology Practitioner (Jordan Quinn)

1.0 FTE Band 7 Family Therapist (currently recruiting)

0.4 FTE Band 5 Assistant Psychologist (currently recruiting)

0.2 FTE Band 8a Team manager (Dr Victoria Neville)

We currently have Sara Renmiu (Assistant Psychologist) supporting us for 6 months through the HEE access to psychology programme.

Training

We continue to offer training focusing on trauma and attachment to schools and residential placements. For example, we have disseminated PACE training from the DDP approach to a residential placement supporting a young person who has experienced significant developmental trauma. We have provided transition meetings for support with school moves, and reintegrating CYPs into returning to face-to-face education. We have worked with placements prior to receiving CYPs to provide them with PACE training, reflective spaces, and going through the background of the young people's experiences (where appropriate) to support transition and relationship building. We have worked on helping others to be aware of our service including providing the Virtual School team with an outline of all the CAMHS teams and processes.

Increasing consultation and reflective space service to social workers

Four sessions per week are now offered to social workers across all teams. Two of these sessions are offered in collaboration with the Symbol team. 86 consultations have been completed between April 2022 and April 2023. At times, our capacity to offer the consultations consistently has been reduced due to vacancies but we have continued to offer weekly slots.

Outreach work

We have provided direct outreach to CYPs regarding re-engagement with professionals and with education, including for children who are placed outside of the borough and are not connected to local services. Direct work with young people has been completed support them to express their views about school and professional support.

Rebranding of the Orbit Team

During the last year, we have worked more closely with our Educational Psychology colleagues in the Virtual School, collectively now called the Orbit Team. We now have weekly meetings where new referrals are discussed and collaborative work, such as training, is coordinated. This is enabling more considered responses to referrals, ensuring that we are discussing together which different skills may be best suited to respond to the need, for example.

Team training

In the last year, Dr Hannah Warwick completed Level 1 DDP training. Every clinician in the team

is accessing the CBT for PTSD training provided by DECRYPT. We also accessed the service-wide training focused managing risk when working with children and young people with autism.

Performance data Appendix:

https://app.powerbi.com/MobileRedirect.html?action=OpenReport&appId=2b738d86-da73-4c7a-98cb-9de091f91e20&reportObjectId=9011d6ed-dbe5-4627-92b3-ba0f4d634b6c&ctid=a1cfe44a-682e-4a95-8e72-d03b9b5887aa&reportPage=ReportSection9e10fb0fc33650bb0a4c&pbi_source=copyvisualimage

https://app.powerbi.com/MobileRedirect.html?action=OpenReport&appId=2b738d86-da73-4c7a-98cb-9de091f91e20&reportObjectId=9011d6ed-dbe5-4627-92b3-ba0f4d634b6c&ctid=a1cfe44a-682e-4a95-8e72-d03b9b5887aa&reportPage=ReportSection9e10fb0fc33650bb0a4c&pbi_source=copyvisualimage

https://app.powerbi.com/MobileRedirect.html?action=OpenReport&appId=2b738d86-da73-4c7a-98cb-9de091f91e20&reportObjectId=9011d6ed-dbe5-4627-92b3-ba0f4d634b6c&ctid=a1cfe44a-682e-4a95-8e72-d03b9b5887aa&reportPage=ReportSection183f6930e14cbb0896ee&pbi_source=copyvisualimage

Lewisham Child and Adolescent Mental Health Services (CAMHS) SYMBOL Team for Looked After Children
 DATA extracted 11/04/2023
 Range dates: 1/04/2021- 11/04/2023

LAC referrals acceptance rates for Lewisham CAMHS:

FYYear FYQuarter Sub Service Line	2021/22								2022/23							
	Q1		Q2		Q3		Q4		Q1		Q2		Q3		Q4	
	No. Referrals	% of Referrals	No. Referrals	% of Referrals	No. Referrals	% of Referrals	No. Referrals	% of Referrals	No. Referrals	% of Referrals	No. Referrals	% of Referrals	No. Referrals	% of Referrals	No. Referrals	% of Referrals
LEWISHAM CAMHS	18	100.00%	23	100.00%	18	100.00%	23	100.00%	20	100.00%	18	100.00%	17	100.00%	23	100.00%
Accepted	15	83.33%	16	69.57%	12	66.67%	21	91.30%	17	85.00%	17	94.44%	9	52.94%	15	65.22%
Rejected	3	16.67%	7	30.43%	6	33.33%	2	8.70%	3	15.00%	1	5.56%	8	47.06%	8	34.78%
Total	18	100.00%	23	100.00%	18	100.00%	23	100.00%	20	100.00%	18	100.00%	17	100.00%	23	100.00%

Based on data extracted on 11/04/2023 (As of 16/05/2023 the caseload number for LAC has dropped to 80)

LAC Patients currently on the Caseload

Sub Service Line	NHS CROYDON CCG	NHS LAMBETH CCG	NHS LEWISHAM CCG	NHS SOUTHWARK CCG	Other CCG's	Total
LAMBETH CAMHS	15	33		4	6	58
LEWISHAM CAMHS	4	5	91	2	19	121
SOUTHWARK CAMHS	12	13	14	70	19	128
Total	31	51	105	76	44	307

Average Weeks open to the service

Sub Service Line	Count of Patients	Average Weeks open to service
LEWISHAM CAMHS	121	97.04
SOUTHWARK CAMHS	128	74.13
LAMBETH CAMHS	58	28.03
Total	307	74.45

Caseload by Ethnicity

Sub Service Line	Asian or Asian British		Black or Black British		Mixed Race		Not stated		Other Ethnic Groups		White	
	No. of Patients	%age	No. of Patients	%age	No. of Patients	%age	No. of Patients	%age	No. of Patients	%age	No. of Patients	%age
LAMBETH CAMHS	3	5.17%	37	63.79%	8	13.79%			2	3.45%	8	13.79%
LEWISHAM CAMHS	6	4.96%	32	26.45%	29	23.97%			12	9.92%	42	34.71%
SOUTHWARK CAMHS	12	9.38%	50	39.06%	22	17.19%	1	0.78%	7	5.47%	36	28.13%

Caseload by Gender

Sub Service Line	Female	Male	Not Specified	Other	Total
LAMBETH CAMHS	28	30			58
LEWISHAM CAMHS	57	60	1	3	121
SOUTHWARK CAMHS	62	65		1	128
Total	147	155	1	4	307