

# Tackling Black, Asian and Minority Ethnic Refugee (BAMER) Health Inequalities Update

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Placements

# Outline

- Background
- Approach
- Activity to date – Adults
- Activity to date – CYP
- Planned actions
- Next steps

# Background

- Health inequalities driven by the wider determinants of health
- This work articulates the Health and Wellbeing Board contribution to reducing health inequalities i.e. health, social care and partners
- Health and Wellbeing Board agreed to focus on tackling BAMER health inequalities in July 2018
- Member-Led Review of the Mental Health and Emotional Wellbeing Needs of Children and Young People has informed a wider improvement plan, recommendations associated with BAMER engagement have been incorporated
- Prioritised 3 areas after looking at the data held for health outcomes for BAME Lewisham residents:
  - Mental Health
  - Cancer
  - Obesity
- Work started on the Mental Health strand

# Baseline Data – Mental Health (CYP)

	Asian	Black	Mixed Race	Other ethnic group	White	Unknown
0-19 year olds in Lewisham (Census 2011)	7.1%	35.7%	15.8%	4.8%	36.6%	0%
Lewisham CAMHS Community Services (Sep 2016) (n=1,138)	2.8%	27.9%	10.9%	2.8%	43.4%	12.1%
Lewisham CAMHS Community services (Sep 17) (n=1,307)	2.4%	29.6%	14.4%	2.9%	49.2%	1.5%

# Baseline Data – Mental Health (Adult service users in acute wards (Sept 2016 - 2017))

	Asian	Black	Mixed Race	Other Ethnic Groups	White	Unknown
Profile of adults on CPA (Sep 16) (n=6,148)	6.2%	44.8%	3.4%	3.7%	41.2%	0.6%
Lewisham Acute Wards (Sep 16) (n=74)	1.4%	48.6%	5.4%	5.4%	39.2%	0%
Trust-wide profile of adults on CPA (Sep 17) (n=7,690)	5.7%	42.2%	3.3%	4.6%	42.8%	1.5%
Lewisham Acute Wards (Sep 17) (n=98)	4.1%	49.0%	2.0%	6.1%	38.8%	0%

# Wider Determinants of Health



# Approach

- Co-production with BAMER community representatives
- Best practice examples e.g. Black Thrive in Lambeth
- Life course approach
- Provider Alliance to focus delivery on improving outcomes, experience and access to services

# Activity to Date – Adults/All Age

- BAMER Mental Health Summit – October 2018
- Co-production with the Lewisham BME network
  - HWBB and Lewisham BME Health Network workshop – March 2018
- Mental Health JSNA
- Mental Health Provider Alliance (Communication and engagement Strategy to be developed by September 2019 )
- Lewisham Suicide Prevention Strategy launched in September 2019



# Activity to Date – CYP

- NHSI and Member-Led reviews on CYP Mental Health, BAMER engagement identified as a key focus
- Inspire – Schools Focused Mental Health Participation Group established
- CAMHS Youth Advisory Group (YAG) has a well established remit
- Alchemy – CAMHS-led participation groups for BAME and LGBTQI young people
- Parent ENGage – Parent-Led Resilience Workshops in Schools for Parents/Carers
- Funding secured to deliver the Mental Health Support Teams in Schools Trailblazer
- Healthy Schools Worker developed

# Planned Actions

- An action plan for the mental health work has been developed (enclosed in Committee Papers)
- Work will now be outlined for the areas of Cancer and Obesity (incorporating what is already being done e.g. Cancer Awareness Network, Lewisham Obesity Alliance)
- Work will start to collate appropriate indicators to monitor progress on reducing BAMER health inequalities across the three strands to be reported to the HWBB
- Additional analytical work (deep dive) to aid understanding of these inequalities is also planned

# BAMER Mental Health Inequalities Action Plan 2019/20

Ref No.	Action	Owner/Governance	Timescale
1.	Establish mental health participation group with a focus on BAME children and young people	CYP Joint Commissioning Team / CYP Mental Health and Emotional Wellbeing Board	June 2019
2.	Response to recommendations from member-led review and NHS intensive support team review of mental health pathway for CYP in Lewisham	CYP Joint Commissioning Team / CYP Mental Health and Emotional Wellbeing Board	April 2019 – March 2021
3.	Work to ensure that there is community and service user participation in co-design of local service and care pathways	Adults Mental Health Provider Alliance	September 2019
4.	Implementation of recommendations from the Adults Mental Health JSNA	Adults Mental Health Provider Alliance	August 2019
5.	Work to ensure that Lived Experience workers are ethnically representative of the Lewisham population	Adults Mental Health Provider Alliance	September 2019 (Linked to external funding bids)
6.	To co-produce approaches to engagement and on-going dialogue as component of the Alliance Engagement & involvement strategy	Adults Mental Health Provider Alliance	September 2019
7.	To work with the Lewisham BAME Health Network to continue to develop this action plan for the next 3 years	CYP Mental Health and Emotional Wellbeing Board/Adults Mental Health Provider Alliance/Public Health	October 2019
8.	To develop a co-production infrastructure to engage Lewisham BAME communities in commissioning decisions that impact upon mental health and emotional wellbeing	CYP Mental Health and Emotional Wellbeing Board/Adults Mental Health Provider Alliance/Public Health	October 2019
9.	To develop a Lewisham approach to promote the interface between adult and CYP mental health services	CYP Mental Health and Emotional Wellbeing Board/Adults Mental Health Provider Alliance	October 2019
10.	To develop the 'Time to Change' Hub to include a focus on reducing stigma in BAME communities in Lewisham	Lewisham Public Health/Adults Mental Health Commissioning Team/Adults Mental Health Provider Alliance	September 2019
11.	Implementation of the 'Mental Health Support Teams in Schools' Trailblazer	CYP Joint Commissioning Team / CYP Mental Health and Emotional Wellbeing Board	From September 2019
12.	Perform Clinical Audit to outline patient journey to acute adult mental health services	Lewisham Public Health	From August 2019