

Lewisham Health & Wellbeing Board

NHS Long-Term Plan



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Background

In June 2018, the Prime Minister made a commitment that the Government would provide more funding for the NHS for each of the next five years, with an average increase of 3.4% a year.

In return, the NHS was asked to come together to develop a long term plan for the future of the service, detailing our ambitions for improvement over the next decade, and our plans to meet them over the five years of the funding settlement.

That plan has now been published.

How the NHS Long Term Plan was developed



200

distinct engagement events, 150 of which were over August and September

500

direct submissions by letter or email

Working groups – made up of local and national NHS and local government leaders, clinical experts and representatives from patient groups and charities – were formed to focus on specific areas where the NHS could improve over the next ten years.

2000+

submissions via the online form

3.5M

Individual or organisational members represented through submissions

They then engaged extensively with stakeholders to come up with and test practical ideas which could be included in a plan.

5427

readers of blogs about the [long term plan](#)

21,788

views of the online discussion guide webpage

Over Autumn, working group members organised or attended over **200 events** to hear a wide range of different views, and received over **2,500 submissions** from individuals and groups representing the opinions and interests of **3.5 million people**.



What the NHS Long Term Plan will deliver for patients

The working groups have developed a range of specific ideas and ambitions for how the NHS can improve over the next decade, covering all three life stages:

- Making sure everyone gets the best start in life
- Delivering world-class care for major health problems
- Supporting people to age well



Making sure everyone gets the best start in life...

...including:

- reducing stillbirths and mother and child deaths during birth by 50%
- ensuring most women can benefit from continuity of carer through and beyond their pregnancy, targeted towards those who will benefit most
- providing extra support for expectant mothers at risk of premature birth
- expanding support for perinatal mental health conditions
- taking further action on childhood obesity
- increasing funding for children and young people's mental health
- bringing down waiting times for autism assessments
- providing the right care for children with a learning disability
- delivering the best treatments available for children with cancer, including CAR-T and proton beam therapy.



Delivering world-class care for major health problems...

...including:

- preventing 150,000 heart attacks, strokes and dementia cases
- providing education and exercise programmes to tens of thousands more patients with heart problems, preventing up to 14,000 premature deaths
- saving 55,000 more lives a year by diagnosing more cancers early
- investing in spotting and treating lung conditions early to prevent 80,000 stays in hospital
- spending at least £2.3bn more a year on mental health care
- helping 380,000 more people get therapy for depression and anxiety by 2023/24
- delivering community-based physical and mental care for 370,000 people with severe mental illness a year by 2023/24.



Supporting people to age well...

...including:

- increasing funding for primary and community care by at least £4.5bn
- bringing together different professionals to coordinate care better
- helping more people to live independently at home for longer
- developing more rapid community response teams to prevent unnecessary hospital spells, and speed up discharges home.
- upgrading NHS staff support to people living in care homes.
- improving the recognition of carers and support they receive
- making further progress on care for people with dementia
- giving more people more say about the care they receive and where they receive it, particularly towards the end of their lives.



Delivering the ambitions of the NHS Long Term Plan

To ensure that the NHS can achieve the ambitious improvements for patients, the NHS Long Term Plan also sets out actions to overcome the challenges that the NHS faces, such as staff shortages and growing demand for services, by:

1. Doing things differently
2. Preventing illness and tackling health inequalities
3. Backing our workforce
4. Making better use of data and digital technology
5. Getting the most out of taxpayers' investment in the NHS



1. Doing things differently

The NHS will:

- give people more control over their own health and the care they receive,
- encourage more collaboration between GPs and their teams and community services, as 'primary care networks', to increase the services they can provide jointly;
- place an increasing focus on NHS organisations working with each other and their local partners, as 'Integrated Care Systems', to plan and deliver services which meet the needs of their communities.



2. Preventing illness and tackling health inequalities

The NHS will:

- increase its contribution to tackling some of the most significant causes of ill health, including new action to help people stop smoking, overcome drinking problems and avoid Type 2 diabetes, with a particular focus on the communities and groups of people most affected by these problems.



3. Backing our workforce

The NHS will:

- continue to increase the NHS workforce, training and recruiting more professionals – including thousands more clinical placements for undergraduate nurses, hundreds more medical school places, and more routes into the NHS such as apprenticeships.
- take steps to make the NHS a better place to work, so fewer staff leave and more feel able to make better use of their skills and experience for patients.



4. Making better use of data and digital technology

The NHS will:

- provide more convenient access to services and health information for patients, with the new NHS App as a digital ‘front door’;
- provide better access to digital tools and patient records for staff, and;
- improve the planning and delivery of services through the greater use of analysis of patient and population data.



5. Getting the most out of taxpayers' investment in the NHS

The NHS will:

- continue working with doctors and other health professionals to identify ways to reduce duplication in how clinical services are delivered;
- make better use of the NHS' combined buying power to get commonly-used products for cheaper, and;
- reduce spend on administration.



What happens next

Sustainability and Transformation Partnerships (STPs) and Integrated Care Systems (ICSs) now need to develop and implement their own strategies for the next five years.

These strategies will set out how they intend to take the ambitions that the NHS Long Term Plan details, and work together to turn them into local action to improve services and the health and wellbeing of the communities they serve – building on the work they have already been doing.



London

- Prioritising what to do at capital city level
- Looking at health inequalities at source (where do the people who have most admissions live?)
- Using evidence based care
- Recognising that telling people what to do might not work

A partnership of NHS providers and Clinical Commissioning Groups serving the boroughs of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, with NHS England



Developing the vision for health and care in London

South East London
Clinical Strategy Workshop

Dr Vin Diwakar
Regional Medical Director
January 2019



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MAYOR OF LONDON

London's NHS organisations include all of London's CCGs, NHS England and Health Education England

SE London

For each Clinical Leadership Group and Enabler and at neighbourhood, place and system level

- What is new?
- What is a re-announcement?
- What is a change to an existing priority or plan?
- What is not mentioned?
- What is funded?

Response due by the autumn:

- Plan production
- Financial modelling
- Engagement process
- Communications