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Introduction from our Chief Executive

On behalf of the Trustees and staff of Fusion Lifestyle, I am pleased to welcome you to our third annual report for our partnership with Lewisham Council.

Fusion Lifestyle is a registered charity which exists to provide the very highest quality sport and active leisure services and facilities to be enjoyed by all members of the community. We are intent on making our services available at affordable prices to as many people as possible, and on encouraging access for everyone, overcoming barriers to participation, financial or otherwise. Since we are a charity, all our incoming resources, our time and our efforts are invested in continuing to enhance our service and facilities.

Once again, the number of people using the services and facilities has increased substantially over the last year, with key target demographic groups showing increases, in particular BME, under 16s, women and 55+ target groups.

Our swim teaching and group exercise programmes continue to go from strength to strength.

The portfolio of sport and leisure facilities in Lewisham has seen continued investment throughout 2014/15: the Bridge Leisure Centre has seen significant investment, with improvements to the gym, sports hall and changing areas. New gym equipment was also installed in the Bridge and at Bellingham Leisure and Lifestyle Centre. The new 3G pitch also came into use at the Bellingham site.

Finally, we are delighted that our first apprentice recruited in 2014 has now joined the Fusion team as a full-time member of staff.

We look forward to working with Council members and officers in 2015/16 to further increase participation levels and encourage use of the facilities.

Peter Kay,
Chief Executive
Fusion achievements and performance

Fusion achieved another year of positive growth increasing turnover by 11% and delivering a surplus of £2m. Our investments in the portfolio continued in 2014 with £5m of capital improvements.

Over 2014, Fusion-managed facilities received over 20m visits and we achieved increases in participation levels in all of our target groups. Our sports and community development teams continued to build partnerships with our local communities and their efforts enabled Fusion to raise nearly £400k in external funding.

Fusion team again delivered like-for-like growth of 5%, while commencing new operations and partnerships in Rochford, Bedford and North London.

Finance

Fusion has successfully delivered a further year of growth, with turnover rising to £76m. This represents a 11% year-on-year growth driven by new partnerships, significant revenue uplifts from refurbished sites and healthy like-for-like growth across the portfolio. Cash balances remain strong at over £6.0m.
Public Benefit

Fusion seeks to promote sport and active leisure participation to the widest possible community, and to engage positively and inclusively with those who do not normally take part in active leisure. We carry out a vibrant programme of events within and beyond our sport and leisure facilities.

30% (6 million) of visits and 30% (over 24,000) of members are from hard to reach or low income backgrounds and enjoy concessionary prices.

In 2014, our programme included:

- Launched a range of activities aimed at those aged 60 years and over, such as Walking Football, No Strings Badminton Sessions and chair based exercise classes
- Sponsorships of young people in the London Youth Games and London mini marathon events
- Hosted annual primary school galas and schools cross country competitions in Lewisham
- Numerous Charity events held across the country al raising money for a charities such as Crisis and Marie Curie Cancer Research
- InstructAbility Courses which train local disabled residents to be Level 2 Gym instructors
- New specialised sports sessions including Boccia, wheelchair basketball, football and tennis, trampolining, swimming, badminton and chair-based exercise classes
- Free 60+ dance classes in partnership with Positive Aging Council
- “Silver Sunday” events in partnership with AgeUK, Diabetes UK and British Heart Foundation
- 300 open days where the local community are invited to use facilities free of charge
Introduction to the Fusion contract in Lewisham

We are proud to operate a varied range of high quality facilities across the London Borough of Lewisham. These include:

- The Bridge Leisure Centre
- Bellingham Leisure and Lifestyle Centre
- Forest Hill Pools
- Forest Hill School Sports Centre
- Glass Mill Leisure Centre
- Ladywell Arena
- Lewisham Indoor Bowls Centre
- Warren Avenue Playing Fields
- Wavelengths Leisure Centre

This contract year saw the opening of a brand new “3G” pitch Bellingham which has increased usage at the site and given users a high quality playing surface all year regardless of weather conditions.

Other improvements to facilities this year have included a new gym layout and gym flooring at Glass Mill Leisure Centre, new gym equipment at Bellingham Leisure and Lifestyle Centre and extensive improvements to facilities at The Bridge Leisure Centre as part of a “Lifecycle” improvement programme.
Annual Performance Review

The following sections will cover the range of performance areas of the wider contract delivery for the period of April 2014 to March 2015. The areas that will be covered are as follows:

- Annual service planning
- Participation by activity
- Participation by target group
- Customer satisfaction and feedback
- Environmental Performance
- Health and safety
- People
- Sports and community development
- Participation By Centre
- BE Active
- Free Swim

Annual service planning

During 2014/15 Fusion has been working to an agreed annual service plan which covers all of the areas that will be reported upon within this annual review. The annual service plan is provided to Council officers by 31 December each year in draft form and then refined as a partnership to reflect both Fusion's and the Council's key aims and objectives over the forthcoming contract year. Once agreed this service plan lays the path for all planned activity over the next 12 months and Fusion reports frequently to officers as to progress through its monthly and quarterly client meeting cycle. Furthermore the service plan each year will reflect the key targets and will take into consideration the needs and views of the wider spectrum of local stakeholders, as part of Fusion's committed community approach.

Participation by activity

Participation has seen a steady increase over the 12 month period with all areas showing a positive uplift, with a total of over 1.25 million unique visits this is 14% more than 2013/14. Junior activities and classes and courses have done particularly well with both showing over 150% uplift. In part this can be attributed to delivering over 250 classes per week throughout the centres.

N.B. recording of Swim School participation changed in Jan 15

![Graph showing unique visits 2014/15 vs 2013/14]
Participation by target group

Of those customers that use the centre that we have collect data on. Unique visits across the target groups has been positive with most groups seeing an uplift. This uplift has partly been due to better data capture during this period.

- 60+ has seen a 60% uplift
- Disabled by -16%
- BME by 36%
- U16s by 34%, and
- Women by 22%

N.B. recording of Swim School participation changed in Jan 15
Be Active

Be Active is a leisure funding scheme designed to allow all members of the community access to leisure facilities. Be Active caters for a wide range of people and provides greater discounts. 28,571 activities have taken place in 2014/15. There are 4,252 Be Active members using the centres in the Borough. Be Active usage is broken down as follows:

- 13,992 gym users
- 28,571 visits
- 14,208 swimmers
- 234 track users, and
- 137 users taking part in a variety of other activities.

“If you’re over 60, a student or receiving benefits, allowances or other forms of support, you are probably eligible for generous discounts on a whole range of activities, exercise classes and leisure opportunities all over the borough.”

Free swimming

Free swimming is an initiative for those residents aged 16 and under and 60 and over. Residents within these age brackets, with a Lewisham library card, can use any of the local leisure centre pools for free during public or general swimming sessions. The free swimming initiative has increased in usage for a second year in a row, with 47,920 free swims visits during 2014/15, which is 35% more than 2013/14.

![Pie chart showing the distribution of free swims across different centres: Bridge Leisure Centre (37%), Forest Hill Pools (6%), Glass Mill (32%), Wavelengths (26%) with a total of 47,920 free swims.]
Customer satisfaction and feedback

Each year, our Leisure Centres undergo a rigorous assessment by "Quest", a recognised and respected authority on standards in leisure. All Centres within Lewisham maintained Quest accreditation, with Glass Mill Leisure Centre, Wavelengths Leisure Centre, Lady Well Arena and Forest Hill Pools all achieving a "Good" rating.

We received 3392 "Please Tell Us What You Think" Feedback Cards during this Contract Year. This is an increase of 677 on the previous year. Scores have improved in all key areas and percentages at the close of the year for each area were as follows.

April 2014 – March 2015 (average scores)

Staff 95.9%
Range of Activities 97.4%
Building Condition 95.0%
Cleanliness 90.8%
Value for Money 96.4%
Equipment 93.4%
Ease of Booking 92.7%
Ease of Gaining Information 94.0%
Website 93.9%
Total 94.4%
Phone system at Glass Mill

Due to the success and popularity of our offering at Glass Mill Leisure Centre, the site was experiencing high volumes of calls which impacted on the user experience. During the year, Fusion Lifestyle conducted extensive analysis of both the time and nature of calls into the Centre. After this analysis, a new phone system and new phone number were implemented in December 2014. Since the implementation of the new number and system the Centre has improved call response times and feedback from users has been very positive. The Centre received and answered over 8,000 calls from January to March alone. This is an example of how Fusion applies excellent operational management principles to resolve challenging and sometimes complicated issues.

Bridge improvements

Over the last few years Fusion and LBL have invested significantly in new and improved facilities across the borough. Now the works have been completed at these sites, Fusion and LBL turned their attention to The Bridge Leisure Centre in this contractual year. A number of Project Planning meetings were held where the user experience at the Centre was discussed and the team which included representatives from LBL and Fusion Lifestyle formulated a programme of works that would deliver a “best value” package for users, improving their experience whilst ensuring frugal use of financial resources.

The programme is on-going, however improvements delivered so far include:

- New flooring, equipment, Flat Screen Televisions and a new Gym layout.
- Sports Hall including new lighting, refurbished flooring and decoration.
- New reception toilets.
- Commenced refurbishing the "Dryside" Changing Rooms.
- Air condition now reinstated into the Gym

Future improvements planned include works to the Pool Hall at the Centre. In addition to improvements at The Bridge, there have been improvements at other Centres including the planned installation of Air Conditioning at Forest Hill Pools Community Room.
Environmental performance

Headline performance

All Leisure Centres have seen lower than expected consumption figures on both electricity and water use. Key initiatives including a “rain harvesting” system at Forest Hill Pools and environmental training for all staff have had an impact. The improvement works delivered at The Bridge Leisure Centre will reduce overall consumption. Energy efficient lighting has been installed in both the gym and Sports Hall.

ELECTRICITY USAGE – LEWISHAM 2014/15

GAS USAGE – LEWISHAM 2014/15

N.B. Glass Mill - heat from communal source
WATER USAGE – LEWISHAM 2014/15

[Bar chart showing water usage by location and month from April 2014 to March 2015]
Health and Safety

Over one million people visit our Centres each year. Unfortunately Accidents can occur from time to time. Fusion works hard to minimise risks in all Centres and each centre General Manager holds a “CIMSPA” H&S Management Qualification. Centre staff also hold a number of different qualification to ensure users can enjoy the facilities and be taken care of should an accident occur. These qualifications include First Aid at Work training, Lifeguard qualifications plus each Centre has a Defibrillator on site with staff trained to use this.

Incidents

Incidents are categorised into six levels of severity: Service Disruption, Accidental Damage, Vandalism, Theft, Violence and Fatality. There were 71 Incidents within the Borough in the last year. These ranged from incidents of theft from lockers to damage to sites caused by vandalism. Fusion Lifestyle and LBL work closely with Community Liaison Officers from the Metropolitan Police in order to take a pro-active approach to crime and anti-social behaviour. We recently worked together to successfully eradicate anti-social behaviour at Glass Mill Leisure Centre.

Accidents

Accidents are categorised into six levels of severity: near miss, minor first aid, cuts and bruises, hospital with minor injuries, hospital with major injuries and fatality. During the 12 months we have seen a total of 209 accidents with 18% being near misses, 65% requiring minor first aid, 12% were cuts and bruises and 4% requiring hospitalisation with minor injuries and 1% requiring hospitalisation for major injuries. This is an average of 0.61 accidents per 10,000 customer visits.
People

Meet the team

We employ over 200 staff across the Borough, over 80% of these employees are Lewisham residents. The Divisional Business Manager leads a team of General Managers at each site. All of these leaders are committed to ensuring that the user experience is consistently excellent every day.

Neil Dowthwaite, is the Divisional Business Manager. Neil came to Fusion Lifestyle at the beginning of this contractual year from David Lloyd Leisure where he held the position of Area Manager. Neil has over 15 years of Leisure Management experience which serves as a great foundation for maintaining and improving service standards in Lewisham. “We have a fantastic range of facilities within the Borough which more than competes with the Private Health Clubs. During the last year we have continued to invest in the sites and improve service levels at the Centres and I’m looking forward to overseeing further improvements in the next year”, Neil said.

During the year we have appointed new General Managers at a number of key sites. Liam Handley and Mark Penny joined us to take up roles at Glass Mill and The Bridge Leisure Centre respectively. They come with significant leisure experience as General Managers at successful Health Clubs. Kelly Shill joined us from David Lloyd Leisure to become General Manager at Bellingham and has been pivotal in the process of integrating this Centre into the rest of the portfolio in the last year.

Training and development

Fusion Lifestyle is committed to the developing of our team at all levels and there are a number of key initiatives that demonstrate this.

Apprenticeship Scheme – Each year, Fusion Lifestyle recruits a Supernumery Apprentice who completes a comprehensive training programme including industry accredited courses. Elliott Honey completed the scheme in the last year and has since been appointed in a permanent role within Fusion. Elliott said “I have enjoyed being part of the Apprenticeship programme, it’s given me new skills, varied work experience and I feel I’ve become a more confident and proficient employee as a result with some great transferrable skills for the future”.

Leadership Development Scheme – We are currently selecting candidates for our Leadership Development Scheme. This programme develops junior Managers within Fusion to a senior management position. The programme includes modular based learning, utilising workshops and an experienced “Mentor”. Graduates from the programme also receive also receive a recognised “Degree” level qualification ‘Institute of Leadership and Management (ILM) Level 5 Certificate in Leadership and Management’.
Sports and community development

Exercise on referral

Exercise on referral is a programme run at Lewisham leisure centres in partnership with NHS Lewisham and Lewisham Council. The scheme allows eligible residents discounted use of the leisure centre to help improve their health and wellbeing. Residents are prescribed exercise by their GP and can access tailored classes led by experienced and specially qualified instructors. This year we have had 2,049 referrals sent out to five centres (Bellingham, Forest Hill Pool, Glass Mill, The Bridge and Wavelengths), and of them 1,444 attended an initial group assessment, this relates to approximately 70% of referrals received of which 9% completed the course. Of the five centres, Glass Mill Leisure Centre is the most popular receiving the most referrals. This is most likely to be due to the central location within the borough. Wavelengths Leisure Centre is the second most popular centre. During the year, we have successfully launched the scheme at Bellingham Leisure and Lifestyle Centre; we also added 7 new classes to the timetable to cope with the popularity of the scheme.

Case Study – In the swim

Eucharia Aniamaka and her two children, Mia, aged seven and Boni-Jude, aged nine, are on a mission – which one of them will be the best swimmer by the end of the summer?

I was always keen that we all learn to swim, and not just because it’s such good exercise for us. I want us all to be confident in the water – I think it’s a really important skill to have.

'We go to the Glass Mill pool in Lewisham. It’s a good size for anyone learning to swim. The teachers can communicate one on one with the children and there is space for them all to progress at their own pace. The teachers are all so friendly and supportive. My children have really come on and love the water.

'We go every week, each of us in a different class. I watch the children before my own lesson – and then they watch me too sometimes! I see swimming as a way for them to play away from the confines of the house, safely and having fun.

'Since having children I’ve found it difficult finding the time to be active. Now my children are older, we can do things together. Swimming is such a good way of bringing us together – as well as helping us keep fit.'
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“We go every week, each of us in a different class. I watch the children before my own lesson – and then they watch me too sometimes! I see swimming as a way for them to play away from the confines of the house, safely and having fun.

‘Since having children I’ve found it difficult finding the time to be active. Now my children are older, we can do things together. Swimming is such a good way of bringing us together – as well as helping us keep fit."

Funded schemes

Over the last 12 months the centres have been able to offer some additional activities that have been made possible through Fusion’s commitment to exploring external funding opportunities. The funding, totalling £20,022.58 has come from a variety of sources and has allowed us to run activities for all ages. Sports Development has also generated a further £21,652.90 worth of income in Lewisham.

Get Moving

Through funding provided by Lewisham Public Health this has allowed us to support the Get Moving Scheme in the Borough. The Get Moving Scheme targets inactive people aged 40 years and over. The scheme allows these people to take part in ten weeks of structured exercise classes in the borough. Classes have varied from Aqua Zumba to Pilates.

SmashUp! Badminton & Jack Petchy foundation

The Bridge Leisure Centre received funding from FreeSport London to run 8 weeks of Badminton for young people aged 12-19. This was support by a group who had received money from the Jack Petchy Foundation to deliver further sessions during the February half term. 16 young people took advantage of these sessions.

Royal London Society for the Blind (RLSB)

The Bridge Leisure Centre received money from RLSB to host monthly sports days for people with Visual Impairments. Throughout the year they also ran sessions for this group of people during the school holidays. The sessions averaged 20 young visually impaired people taking part in a broad range of sports tailored to people who have visual impairments.

Friday Night Project

Launched during 2014/15, the Friday Night Project was aimed at 14-25 year olds and offered multi-sports across 3 London Boroughs, Lewisham, Croydon and Southwark. The sports on offer ranged from Dance to Climbing. In Lewisham we offered, Football with Millwall Community Scheme, Basketball with Lewisham Thunder, Dance with Movement Factory and Climbing. The scheme launched in February and ran for the rest of 2014, with more sessions running in 2015. Our 2015 offering will include American Football with London Warriors, Archery with Golden Arrow, Girls Football with Dalmain Athletic GFC and Badminton. The sessions were funded by a £45,000 grant from Sporta and £45,000 in kind funding from Fusion Lifestyle. The Friday Night Project ran as part of Sporta’s Make Your Move project, this was one of the first 3 funded projects in the country.

Sponsorship

During 2014/15, Fusion has provided a variety of support to the community to the value of circa £6,000 – for example, in kind facility hire for the Lewisham Primary School Gala held at Glass Mill Leisure Centre in March 2015. The event was run by Saxon Crown and supported by Fusion who provided the changing facilities and pool for free to the competing schools. The event was open to all primary school pupils. Space at the centre was also provided for events such as World Book Night in April 2014.

Lewisham People’s Day

Fusion were a sponsor at Lewisham Peoples Day, providing an interactive Zumba demonstration class, as well as providing a children’s activities in our arena. Activities ranged from cricket to badminton and took place throughout the day. At our marquee we also hosted a variety of fitness challenges and had staff on hand to issue information on the centres and the products we offer.
Special events

**World Book Night**

In April 2014 Glass Mill Leisure Centre was chosen as the London region’s flagship venue for World Book Night 2014. The event included performances and readings from crime author Dreda Say Mitchell, and Nadeem Masood, author of Making Pandemonium, which documents his experiences while being a volunteer performer at the London 2012 Olympics. The event was arranged in partnership with Lewisham Libraries.

**Physical Activity Network**

Glass Mill Leisure Centre hosted the Physical Activity Network meeting in the Glass Studio. This is the second time the centre has hosted this event, this event’s theme was disability. There was a presentation from our InstructAbility Instructor who did his placement at the centre. InstructAbility also did a presentation on the project, there was also other presentations from Wheels for Wellbeing. The centre hosted stalls for Adults Learners festival; we had a stall from Library Services, adult education, Healthy eating Fusion provided a week of Adult Swimming Lessons.

**White ribbon day**

Glass Mill hosted an event for White Ribbon Day, both the safer neighbourhoods team and Library Services had stands in the reception area to promote this event and give out information about their services.

**Black History Month**

Bellingham hosted an event to celebrate Black History month and National fitness week (which happened in September) this combined event offered a range of activities from baby massages to African drumming. Library services, the BCP and other partners attended the event and had stalls and displays.

**Transgender Swimming**

Following an approach from a local Transgender resident we agreed to run Trans and gender non-conforming swimming session at Glass Mill leisure Centre. After a three month trail which ran from October to December 2014, we agreed to include this on our timetable. This makes it the only Trans and gender non conforming swimming sessions in London and one of only three of this type of session running in the UK.

Working with priority groups

**Older People**

Over the course of 2014/15 we have engaged with several groups to offer activities for older people. In partnership with the London FA we have offered Walking Football sessions at Bellingham and The Bridge Leisure Centres as well as running a football skill session for this group. Following some outreach conducted at the Calabash Day Centre, one of our instructors delivered classes for them at the day centre. Alzheimer’s UK have had a stall in each centre starting in March to raise awareness in Alzheimer’s predominantly in older adults but also to people of all ages. Promotion has been done through the Positive Ageing Council through their newsletter.
Disabled

Throughout this year we have hosted 3 InstructAbility placements in the centres. These 3 people gained a level 2 in Gym Instructing and then did a 12 week work placement in the centres. InstructAbility is a course funded by Aspire Spinal Trust and delivered in partnership with the YMCA Fit. The course ran at The Bridge and placements took place in, The Bridge, Glass Mill and Forest Hill Pool. Community Connections have been using the café area at Glass Mill to hold meetings with members of their affiliated groups with the hope of getting them using the leisure centre. Groups such as Drumbeat School and Burgess Autistic Trust having been regularly bringing users to Glass Mill Leisure Centre for weekly gym sessions. Ladywell Arena hosted an annual disability sports day at the Arena this annual event brings in 100 competitors from various day centres across Lewisham, Southwark and Greenwich.

BME Groups

Glass Mill featured in a Lewisham Life article, this was a story on a mother and two children who were both have swimming lessons at the same time. They were competing to see who would have progressed the most by the summer holidays. (See case study)

Young People

Lewisham Community Sports have started running holiday play scheme at Glass Mill Leisure Centre. They ran their holiday camp during the Christmas and February half term holidays. This will continue in 2015/16. Throughout 2014/15 Saxon Crown held numerous galas at the centre, ranging from the schools primary school gala to their future champions and Christmas gala. Bromley Swimming Club have also made use of the boroughs facilities to host 2 galas. Fusion supported Active Communities Project (part funded by the Rio Ferdinand foundation). Which entitled local residents to two free gym sessions at all Fusion centres in Lewisham. 95 of these passes have been issued to local residents aged between 14-25. The Lewisham School Cross Country Championships were held at Warren Avenue in November 14 and February 15, on each occasion over 200 young people took part. Throughout the year we have also run water polo tasters and tennis lessons for this age group.

Women

Ante natal classes have been running at Glass Mill. It has been a weekly course which has regularly been attended by 15 people. A mum’s Netball group formed out of Back to Netball sessions. Their club is based around just playing and having fun. They have been getting occasional coaching from Raiders Netball Club.

Other

Throughout the year we have worked with numerous groups, to encourage participation, this has included domestic abuse and drug & alcohol addiction groups. Following our work with these groups their users now use the centres to help people with their recovery.
Looking forward to 2015/16

We have lots of exciting developments planned for our next contract year. These include the installation of a new “3G” football pitch at The Bridge Leisure Centre, roll out of the successful telephone system installed at Glass Mill and new innovative programming and activities at the Centres. Our plans for 2015/16 are underpinned by the Annual Service Plan and key targets set for the year include:

**Financial**
- To deliver a 5% year-on-year increase in revenue like for like
- To ensure that pricing structures and levels across the leisure facilities offer maximum value to LBL residents

**Participation**
- To deliver a 5% year-on-year increase in general participation
- To deliver a 5% year-on-year increase in participation by users aged under 16
- To deliver a 5% year-on-year increase in participation by users from BME groups
- To deliver a 5% year-on-year increase in participation by disabled users
- To deliver a 7% year-on-year increase in participation by 60+ users
- To deliver a 5% year-on-year increase in participation by female users

**Customer Satisfaction**
- To deliver customer satisfaction (PTUWUT and feedback) with the leisure facilities of 95%
- To deliver a reduction of at least 5% in annualised attrition levels in pre-paid memberships

**Health and Safety**
- To ensure 100% compliance with Fusion health and safety policies, procedures and contractual requirements with Lewisham Council

**Facility Management**
- To implement new F360 operational monitoring system and ensure 100% compliance to its use
- To ensure that high standards of cleaning are achieved at all times
- To ensure that high standards of repair and maintenance are achieved at all times
- To maintain Quest accreditation within all centres in the Division
- To reduce carbon emissions year-on-year
- To implement an energy management plan at each leisure facility
**Staffing**
- Increase in training attendance each quarter by 10% across the division
- To demonstrate a year-on-year staff satisfaction improvement in Lewisham
- To ensure that the Fusion workforce in Lewisham is as representative as possible of the local community

**Marketing**
- To develop and implement a comprehensive web based approach to marketing
- To develop and implement marketing plans for new products, centre improvements and launches

**Sports and Community Development**
- To develop positive and pro-active partnerships with key local stakeholders
- To develop positive and pro-active relationships with local sports clubs
- To ensure that all facility programmes are exciting, innovative and attractive to users and potential users
- To pro-actively explore opportunities for external funding
- To positively promote the benefits of healthy living and active lifestyles linking with Exercise on Referral
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<th>Centre Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bellingham Leisure and Lifestyle Centre</td>
<td>Randlesdown Road, Bellingham SE6 3BT</td>
<td>020 8697 0043</td>
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<tr>
<td>Forest Hill Pools</td>
<td>Dartmouth Road, Forest Hill SE23 3HZ</td>
<td>020 8291 8730</td>
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<td>Forest Hill School Sports Centre</td>
<td>Bampton Road, London SE23 2XN</td>
<td>020 8613 0913</td>
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<td>Glass Mill Leisure Centre</td>
<td>41 Loampit Vale, London SE13 7FT</td>
<td>0303 3030111</td>
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<td>Ladywell Arena</td>
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Web: [www.fusion-lifestyle.com/contracts/Lewisham_Leisure_Centres](http://www.fusion-lifestyle.com/contracts/Lewisham_Leisure_Centres)