

General round-up of developments: South London and Maudsley NHS Foundation Trust (SLaM)

Executive Summary

This paper presents a general round-up of developments at SLaM. A paper with a detailed update on the Community Adult Mental Health Review will be presented separately. The general operating conditions in Lewisham, as in other boroughs served by SLaM, are that mental health services continue to experience high levels of demand.

New Chief Executive at SLaM

Dr Matthew Patrick has been appointed Chief Executive of SLaM, taking up his post on 14 October. Dr Patrick was previously Chief Executive of the Tavistock and Portman NHS Foundation Trust, a role he has held since March 2008. He trained as an adult psychiatrist at the Maudsley and Bethlem Royal Hospitals and for many years combined clinical work and developmental research. Over the past four years Dr Patrick has contributed to national mental health policy and strategy, including the development of the Improving Access to Psychological Therapies (IAPT) programme; the development of the New Horizons mental health policy; and the government's Mental Health Strategy, No Health Without Mental Health. More recently he has led on work around the development of e-mental health and has been actively involved in the development of mental health within Academic Health Science Centres.

New Director of Nursing at SLaM

Neil Brimblecombe has been appointed Director of Nursing at SLaM. Neil began his career as a mental health and community nurse in London during the mid 1980s. He successfully progressed through positions with Hertfordshire Partnership Trust, ultimately reaching the post of Head of Mental Health Nursing. In 2003, he joined the National Institute for Mental Health as a Deputy Director, combining this national role with his job in Hertfordshire, and later moved to the Department of Health as substantive Director of Nursing. Neil has worked at South Staffordshire and Shropshire NHS Foundation Trust since 2007, initially as Executive Director of Quality and Professional Practice and, since 2010, as Chief Operating Officer / Director of Nursing.

Ladywell Unit refurbishment

SLaM is investing in refurbishing its Lewisham inpatient unit to ensure that it is fit for purpose over the coming years. The Ladywell Unit on the Lewisham Hospital site will have improvements to the communal entrance area and garden to improve safety and security and the wards will be redecorated to improve the patient environment.

SLaM and C4 make groundbreaking documentary series on mental health

SLaM's Lewisham community mental health team based at Speedwell in Deptford will feature in a new landmark C4 series exploring and demystifying the most profound decisions involved in treating the mentally ill.

'Bedlam' is a four-part observational documentary series taking an in-depth and unprecedented look at mental health in Britain today, with exclusive access to a wide

range of services, patients and staff at South London and Maudsley NHS Foundation Trust (SLaM). This is the most comprehensive access producers have ever had to any NHS mental health trust in the country.

Each of the four films tackles a different aspect of mental health:

- Community mental health. Cameras follow Speedwell community mental health team to illustrate that the lion's share of our work takes place in a community setting, looking after more than 35,000 people with mental health issues.
- Triage. Cameras are allowed in to Lambeth Hospital's Triage ward for the first time. In a postcode with the highest rates of psychosis in Europe, this is the A&E of mental health, where patients are at their most unwell.
- Anxiety. The Bethlem Royal Hospital's national unit treats the most anxious people in the country - the top 1% - with a success rate of three in four patients.
- Older Adults. The number of older people with mental health problems is to increase by a third over the next 15 years to 4.3 million. This episode features the older adults ward at the Maudsley Hospital.

Broadcast is scheduled for October and November 2013 on Channel 4. For more information visit www.slam.nhs.uk/bedlam.

Clinical Academic Groups (CAGs)

SLaM services are organised into directorates known as CAGS, led by a senior clinician, senior academic and senior service manager.

Psychosis, Psychological Medicine, Mood and Personality CAGS

SLaM's three principal adult mental health services (CAGs) are working together to invest in and redesign community adult mental health services. This is described in detail in the *Community Adult Mental Health Review Update* paper.

Behavioural and Developmental Psychiatry (BDP)

BPD has won a grant to deliver Mental Health Liaison and Diversion services to the Boroughs of Southwark, Lewisham and Croydon within Police Stations.

Mental Health of Older Adults (MHOA)

The MHOA service is developing crisis support services across seven days and support to care homes and day services in line with the service redesign following the closure of Granville Park Specialist Care Unit in November last year.

Child and Adolescent Mental Health Services (CAMHS)

Children and Young People's Improved Access to Psychological Services (CYIAPT) will make talking therapies – cognitive behavioural therapy (CBT) – available more widely to young people across the boroughs served by the Trust from January 2014. The service is also supporting the voluntary sector to develop parenting programmes and outcome measures as well as developing CBT skills and patient reported outcome measures for use in-house.